P.S. Occasionally we come up against supply problems which means we have to substitute bits in our hampers.

Don't worry anything we swap in will always be same value and quality (or higher) than the original, and we'll make sure it meets any dietary requirements.

Just bear in mind if we do have to do a swap, the nutritional and allergy summaries on here might not be quite right.

Name of Product	Roquende Cuvee Reserve Merlot 75cl
Manufacturer's Name and Address	Jeanjean, 265 Av. Pierre et Marie Curie, Sorgues, France, France, 84700
Supplier Name and Address	Advini, L'Enclos, Saint Félix de Lodez, france, France, 34725
Ingredients	N/A

CONTAINING ALLERGENS					
Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	Yes		

May contain statements	
Country of Origin	France
Storage Instructions	Ambient
Instructions for use	Serve at 15°
Alcoholic Strength	13

NUTRITION LABELLING - TYPICAL VALUE PER 100g / 100ml			
Energy (kj)	0	Energy (kcal)	0
Fat	0	of which saturates	0
Carbohydrate	0	of which sugars	0
Fibre	0	Protein	0
Salt	0		

SUITABLE / FREE FROM			
Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	No
Free from alcohol	No	Free from artificial colours	No
Free from artificial flavours	No	Suitable for coeliac sufferers	No

Name of Product	Barber's Farmhouse Mature Cheddar Truckle 200g
Manufacturer's Name and Address	Ashley Chase Estate, Parks Farm, Litton Cheney,, Dorchester, Dorset,, Dorchester, Dorset, United Kingdom, DT2 9AZ
Supplier Name and Address	AJ & RG Barber Ltd, Maryland Farm, Smith Lane, Ditcheat, Somerset, United Kingdom, BA4 6PR
Ingredients	Cheddar Cheese: 100% Pasteurised Cows **MILK**: 98% Salt: 1.8% Rennet (Microbial) : 0.1 Starter Culture 0.l

CONTAINING ALLERGENS					
Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	United Kingdom
Storage Instructions	Keep refrigerated below 5ºC
Instructions for use	Once opened consume within 5 days and before best before date
Alcoholic Strength	0

NUTRITION LABELLING - TYPICAL VALUE PER 100g / 100ml			
Energy (kj)	1725	Energy (kcal)	416
Fat	34.9	of which saturates	21.7
Carbohydrate	0.1	of which sugars	0.1
Fibre	0	Protein	25.4
Salt	1.8		

SUITABLE / FREE FROM			
Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

Name of Product	Ford Farm Wensleydale & Cranberry Truckle 200g
Manufacturer's Name and Address	Ashley Chase Estate Limited, Parks Farm Litton Cheney,, Dorchester, Dorset, Dorchester, Dorset, United Kingdom, DTZ 9AZ
Supplier Name and Address	Ashley Chase Estate Limited, Parks Farm Litton Cheney,, Dorchester, Dorset, Dorchester, Dorset, United Kingdom, DTZ 9AZ
Ingredients	Wensleydale cheese: 83% Pasteurised cows **MILK**, Salt (Contains E353 - Anti-caking agent), Microbial rennet, Dairy Cultures (**MILK**) Cranberries: 12% (Contains Sugar, Sunflower Oil) Fructose : 5%

CONTAINING ALLERGENS					
Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	United Kingdom
Storage Instructions	Keep refrigerated below 5ºC
Instructions for use	Once opened consume within 5 days and before best before date
Alcoholic Strength	0

NUTRITION LABELLING - TYPICAL VALUE PER 100g / 100ml			
Energy (kj)	1632	Energy (kcal)	392
Fat	28.8	of which saturates	16.4
Carbohydrate	14.4	of which sugars	13.6
Fibre	0.4	Protein	19
Salt	1.4		

SUITABLE / FREE FROM			
Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

Name of Product	Gillot Camembert Le Petit Terroir Au Lait Pateurise 250g
Manufacturer's Name and Address	Fromagerie Gillot SAS, Le Moulin 61220, St Hilaire de Briouze, NA, France, NA
Supplier Name and Address	Bradburys & Son Ltd, Staden Business Park, Staden Lane, Buxton, Derbyshire, United Kingdom, SK17 9RZ
Ingredients	Pasteurized cow's **MILK** (France), salt, coagulating enzyme, ferments (**MILK**)

CONTAINING ALLERGENS					
Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	France
Storage Instructions	Keep refrigerated between +4° C and +8° C
Instructions for use	NA
Alcoholic Strength	0

NUTRITION LABELLING - TYPICAL VALUE PER 100g / 100ml			
Energy (kj)	1072	Energy (kcal)	258
Fat	20	of which saturates	16
Carbohydrate	0.5	of which sugars	0.5
Fibre	0	Protein	19
Salt	1.7		

SUITABLE / FREE FROM			
Suitable for vegetarians	No	Suitable for vegans	No
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

Name of Product	Myrtle & Olive Tomato & Cheese Palmiers - Red & Gold Label 75g
Manufacturer's Name and Address	DE KROES FEUILLETAGE, rue champs de la perdrix, SEMUR EN AUXOIS, burgundy, France, 21140
Supplier Name and Address	De Kroes Feuilletage, rue champs de la perdrix, SEMUR EN AUXOIS, burgundy, France, 21140
Ingredients	**WHEAT** flour, Butter (**MILK**), Grated Emmental cheese (**MILK**), Rapeseed oil, Salt, tomato mix (Tomato powder 37,5%, sweet and hot pepper powder 34,5% , onion powder, coriander powder, cumin powder, oregano powder) (2,2%), Yeast, Blend of herbs with garlic and onions, Black pepper, Colour : E160b(ii), Colour : E160c

CONTAINING ALLERGENS					
Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Eggs, Tree Nuts, Sesame, Soybeans
Country of Origin	France
Storage Instructions	store in cool and dry place
Instructions for use	ready to eat
Alcoholic Strength	0

NUTRITION LABELLING - TYPICAL VALUE PER 100g / 100ml			
Energy (kj)	2156	Energy (kcal)	516
Fat	28	of which saturates	17
Carbohydrate	54	of which sugars	1.8
Fibre		Protein	11
Salt	2.88		

SUITABLE / FREE FROM			
Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	No
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	No

Name of Product	Drivers Mini Onions in Honey & Balsamic 350g
Manufacturer's Name and Address	Drivers Pickles Ltd, 185 SCUDAMORE ROAD BRAUNSTONE FRITH IND EST, LEICESTER, Leicestershire, United Kingdom, LE3 1UQ
Supplier Name and Address	Drivers Pickles Ltd, 185 SCUDAMORE ROAD BRAUNSTONE FRITH IND EST, LEICESTER, Leicestershire, United Kingdom, LE3 1UQ
Ingredients	Silverskin Onions, Water, 4* Balsamic Vinegar, Honey, Salt, Preservative: Sodium Metabisulphite.

CONTAINING ALLERGENS					
Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	Yes		

May contain statements	
Country of Origin	United Kingdom
Storage Instructions	ambient
Instructions for use	Once opened store in a fridge and consume within 6 weeks
Alcoholic Strength	0

NUTRITION LABELLING - TYPICAL VALUE PER 100g / 100ml			
Energy (kj)	148	Energy (kcal)	35
Fat	0.5	of which saturates	-0.9
Carbohydrate	6.2	of which sugars	4.4
Fibre	1.9	Protein	-0.5
Salt	-0.9		

SUITABLE / FREE FROM			
Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

Name of Product	Olina's Bakehouse Seeded Toasts Cranberry & Pumpkin Seed 100g
Manufacturer's Name and Address	Fine Food Holdings pty Ltd, 10 Fox Drive, Dandenong, South Victoria, Australia, 3175
Supplier Name and Address	Gourmet Partners Imports Ltd, 30 Circus mews, Bath, Somerset, UK, BA1 2PW
Ingredients	**WHEAT** Flour, Flaxseeds, Dried Cranberries (10.1%) [Cranberries, Sugar, Sunflower Oil], Pumpkin Seeds (10.1%), Raw Sugar, Honey, Greek Yoghurt [Whole **MILK**, Cream (**MILK**), Live Cultures], Raising Agent (Sodium Bicarbonate), Salt.

CONTAINING ALLERGENS					
Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Tree Nuts, Sesame
Country of Origin	Australia
Storage Instructions	Products to be stored in a cool dry place. Once opened store in an airtight container.
Instructions for use	Product is ready to eat
Alcoholic Strength	0

NUTRITION LABELLING - TYPICAL VALUE PER 100g / 100ml			
Energy (kj)	1770	Energy (kcal)	422
Fat	12	of which saturates	2
Carbohydrate	61	of which sugars	25
Fibre	7.2	Protein	13
Salt	1.7		

SUITABLE / FREE FROM			
Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	No

Name of Product	Highfield Preserves Tomato Chutney 210g
Manufacturer's Name and Address	Highfield Preserves, Unit 4 Highmount Court, Four Cross Avenue, Willand, Cullompton, Devon, United Kingdom, EX15 2FB
Supplier Name and Address	Highfield Preserves Limited, Unit 4 Highmount Court, Four Cross Avenue, Willand, Cullompton, Devon, United Kingdom, EX15 2FB
Ingredients	Tomatoes (48%), Sugar, Onions (15%), Distilled Malt Vinegar (from **BARLEY**), Ginger, Chilli, Garlic, Yellow **MUSTARD** Seeds, Salt.

CONTAINING ALLERGENS					
Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	Yes
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	United Kingdom
Storage Instructions	Refrigerate after opening and use within six weeks.
Instructions for use	N/A
Alcoholic Strength	-1

NUTRITION LABELLING - TYPICAL VALUE PER 100g / 100ml			
Energy (kj)	1206	Energy (kcal)	285
Fat	0.6	of which saturates	0
Carbohydrate	62	of which sugars	57
Fibre		Protein	4
Salt	0.44		

SUITABLE / FREE FROM			
Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	No

Name of Product	Popti Cornish Bakehouse Cornish Water Biscuits 120g
Manufacturer's Name and Address	Cornish Charcuterie Ltd., Norton Barton Artisan Food Village, Launcells, BUDE, Cornwall, United Kingdom, EX23 9LG
Supplier Name and Address	Popti LTD, Norton Barton Artisan Food Village, Launcells, BUDE, Cornwall, United Kingdom, EX23 9LG
Ingredients	INGREDIENTS: **WHEAT** Flour (**GLUTEN**, **WHEAT**, Calcium Carbonate, Iron, Niacin, Thiamine), Rapeseed Oil, Salt

CONTAINING ALLERGENS					
Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Celery, Mustard, Tree Nuts
Country of Origin	United Kingdom
Storage Instructions	Store in cool dark place - in air tight container when open
Instructions for use	Ready to eat - Enjoy
Alcoholic Strength	0

NUTRITION LABELLING - TYPICAL VALUE PER 100g / 100ml			
Energy (kj)	1671	Energy (kcal)	395
Fat	10.4	of which saturates	1
Carbohydrate	68.4	of which sugars	0.5
Fibre	3.5	Protein	8.1
Salt	2.1		

SUITABLE / FREE FROM			
Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	No

Name of Product	Quicke's Double Devonshire Clothbound Cheese 150g
Manufacturer's Name and Address	Quicke's Traditional LTD, Home Farm, Newton St Cyres, Devon, UK, EX55AY
Supplier Name and Address	Quickes Traditional, Home Farm, Newton St Cyres, Devon, UK, EX55AY
Ingredients	Pasteurised Cow's **MILK**, Salt, Colour (annatto), starters cultures and animal rennet

CONTAINING ALLERGENS					
Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	England
Storage Instructions	Keep Refrigerated Between 0 - 5C
Instructions for use	Product is 'ready to eat'. Keep refrigerated at <5oC. Freezing is not recommended as ice crystals formed can create excess crumbliness and pockets of free moisture. Consume at room temperature to appreciate full flavour. Cover any cut surface to prevent premature mould growth or excessive dryness when stored in the fridge. Product is suitable for cooking.
Alcoholic Strength	0

NUTRITION LABELLING - TYPICAL VALUE PER 100g / 100ml			
Energy (kj)	1595	Energy (kcal)	385
Fat	33.4	of which saturates	21.0
Carbohydrate	0.1	of which sugars	0.1
Fibre	0.0	Protein	24.2
Salt	1.8		

SUITABLE / FREE FROM			
Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

Name of Product	Tracklements Fresh Chilli Jam 210g
Manufacturer's Name and Address	The Tracklement Company Ltd, Whitewalls, Easton Grey, Malmesbury, Wiltshire, United Kingdom, SN16 0RD
Supplier Name and Address	The Tracklement Company Ltd, Whitewalls, Easton Grey, Malmesbury, Wiltshire, United Kingdom, SN16 0RD
Ingredients	CHILLI & RED PEPPER RELISH: RAW CANE SUGAR, RED PEPPERS (40%), CIDER VINEGAR, ONIONS, RED CHILLIES (9%), CONCENTRATED LEMON JUICE, GARLIC PURÉE, SEA SALT.

CONTAINING ALLERGENS					
Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	United Kingdom
Storage Instructions	Refrigerate after opening.
Instructions for use	N/A
Alcoholic Strength	0

NUTRITION LABELLING - TYPICAL VALUE PER 100g / 100ml			
Energy (kj)	1057	Energy (kcal)	250
Fat	0	of which saturates	0
Carbohydrate	60	of which sugars	59
Fibre		Protein	1.1
Salt	0.37		

SUITABLE / FREE FROM			
Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes