P.S. Occasionally we come up against supply problems which means we have to substitute bits in our hampers.

Don't worry anything we swap in will always be same value and quality (or higher) than the original, and we'll make sure it meets any dietary requirements.

Just bear in mind if we do have to do a swap, the nutritional and allergy summaries on here might not be quite right.

Name of Product	R&R Robert & Reeves Prosecco 20cl
Manufacturer's Name and Address	Broadland Drinks Ltd, The New Winery Chapel St Cawston, NORWICH, Norfolk, United Kingdom, NR10 4BG
Supplier Name and Address	Broadland Drinks Ltd, The New Winery Chapel St Cawston, NORWICH, Norfolk, United Kingdom, NR10 4BG
Ingredients	Grapes (Contains **Sulphites**)

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	Yes		

May contain statements	
Country of Origin	Italy
Storage Instructions	from 5°C to 20 °C away from direct light
Instructions for use	N/A
Alcoholic Strength	10.5

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	0	Energy (kcal)	0	Salt	0
Fat	0	of which saturates	0		
Carbohydrate	0	of which sugars	0		
Fibre	0	Protein	0		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	No	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

Name of Product	Buttermilk Clotted Cream Fudge - Gold Tab Top B19100g
Manufacturer's Name and Address	Buttermilk, Buttermilk Head Office, Cooksland Industrial Estate, Bodmin PL31 2QB, Bodmin, Cornwall, United Kingdom, PL31 2QB
Supplier Name and Address	Buttermilk Confections Ltd, Buttermilk Head Office, Cooksland Industrial Estate, Bodmin PL31 2QB, Bodmin, Cornwall, United Kingdom, PL31 2QB
Ingredients	Sugar, Glucose Syrup, Sweetened Condensed **MILK** (Whole **MILK**, Sugar), Salted Butter (**MILK**, Salt), Clotted Cream (3.5%) (**MILK**), Salt, Vanilla Paste

CONTAINING ALLERGENS					
Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	Tree Nuts, Peanuts
Country of Origin	United Kingdom
Storage Instructions	Store in cool, dark, dry conditions. Do not refrigerate. Once open keep tightly sealed and consume within two weeks.
Instructions for use	N/A
Alcoholic Strength	0

NUTRITION LABELLING - TYPICAL VALUE PER 100g / 100ml			
Energy (kj)	1603	Energy (kcal)	397
Fat	7.9	of which saturates	5
Carbohydrate	75.6	of which sugars	62.7
Fibre		Protein	1.5
Salt	0.3		

SUITABLE / FREE FROM			
Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	No
Free from artificial flavours	No	Suitable for coeliac sufferers	Yes

Name of Product	Farmhouse Biscuits Oat Flip Biscuits 200g
Manufacturer's Name and Address	FARMHOUSE BISCUITS, The Bakery, Brook Street, Nelson, NELSON, Lancashire, United Kingdom, BB9 9PX
Supplier Name and Address	Farmhouse Biscuits Ltd, The Bakery, Brook Street, Nelson, NELSON, Lancashire, United Kingdom, BB9 9PX
Ingredients	Rolled **OATS** (48%), Vegetable Oils (Sustainable Palm Oil, Rapeseed Oil, Water, Salt, Flavourings), Sugar.

CONTAINING ALLERGENS					
Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Eggs, Milk, Tree Nuts, Soybeans
Country of Origin	United Kingdom
Storage Instructions	Store in a cool, dry place out of direct sunlight. Once opened, keep in an airtight container and consume within two weeks.
Instructions for use	Ready to eat
Alcoholic Strength	0

NUTRITION LABELLING - TYPICAL VALUE PER 100g / 100ml			
Energy (kj)	2240	Energy (kcal)	538
Fat	33.6	of which saturates	10.3
Carbohydrate	50.0	of which sugars	20.2
Fibre	4.9	Protein	6.5
Salt	0.76		

SUITABLE / FREE FROM			
Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	No
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	No

Name of Product	Cartwright & Butler English Breakfast - 10 Finest Tea Bags 30g
Manufacturer's Name and Address	Venture Tea (PTY) Ltd, 63/3, Sri Wickrama Mawatha, Wattala, Western Province, Sri Lanka, 10620
Supplier Name and Address	Moordale Foods Ltd, Unicorn House, Staddlethorpe Broad Ln, Gilberdyke, East Riding of Yorkshire, United Kingdom, HU15 5TS
Ingredients	100% Ceylon Black Tea.

CONTAINING ALLERGENS					
Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	Sri Lanka
Storage Instructions	Store in a cool and dry place.
Instructions for use	Once boiled, allow water to cool for a minute or two. Then pour over tea bag and allow flavour to infuse for 1-2 minutes.
Alcoholic Strength	0

NUTRITION LABELLING - TYPICAL VALUE PER 100g / 100ml			
Energy (kj)	0	Energy (kcal)	0
Fat	0	of which saturates	0
Carbohydrate	0	of which sugars	0
Fibre	0	Protein	0
Salt	0		

SUITABLE / FREE FROM			
Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

Name of Product	Tenuta Marmorelle Luxury Italian Classic Panettone 100g
Manufacturer's Name and Address	Tenuta Marmorelle, Tenuta Marmorelle, Unit 5-7 Avon Park, Colthrop Lane, Thatcham, West Berkshire, United Kingdom, RG19 4AJ
Supplier Name and Address	Tenuta Marmorelle Limited, Tenuta Marmorelle, Unit 5-7 Avon Park, Colthrop Lane, Thatcham, West Berkshire, United Kingdom, RG19 4AJ
Ingredients	**WHEAT** flour, sultanas 17,7%, **EGGS**, butter, sugar, candied orange peel 6,1% (orange peel, glucose-fructose syrup, sugar, acidity regulator: citric acid), rehydrated whole **MILK** powder, **EGG** yolk, natural yeast (**WHEAT** flour, water), emulsifiers: mono- and diglycerides of fatty acids; glucose syrup, natural flavours, cocoa butter, salt.

CONTAINING ALLERGENS					
Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	Yes	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Mustard, Tree Nuts, Peanuts, Soybeans
Country of Origin	United Kingdom
Storage Instructions	Ambient
Instructions for use	Open and Consume
Alcoholic Strength	-1

NUTRITION LABELLING - TYPICAL VALUE PER 100g / 100ml			
Energy (kj)	1532	Energy (kcal)	364
Fat	14	of which saturates	8.5
Carbohydrate	51	of which sugars	24
Fibre	1.2	Protein	7.6
Salt	-0.51		

SUITABLE / FREE FROM			
Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	No
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	No

Name of Product	Untamed Chocolate Co. Milk Chocolate Decorated Star (Gold Sprinkles) 100g
Manufacturer's Name and Address	The Untamed Chocolate Co, Boundary House, Little Down Business Park, Shaftesbury, Dorset, United Kingdom, SP79BT
Supplier Name and Address	The Untamed Chocolate Co, Boundary House, Little Down Business Park, Shaftesbury, Dorset, United Kingdom, SP79BT
Ingredients	**MILK** Chocolate (Sugar, Cocoa Butter, Whole **MILK** Powder, Cocoa Mass, Emulsifier: Lecithins (**SOYA**); Natural Vanilla Flavouring), White Chocolate (Sugar, Cocoa Butter, Whole **MILK** Powder, Skimmed **MILK** Powder, Emulsifier: Lecithins (**SOYA**), Natural Vanilla Flavouring), **MILK** Chocolate Flakes, Sugar, Cocoa Butter, Whole **MILK** Powder, Cocoa Mass, Natural Vanilla Flavouring., Coconut Oil, Gold Powder (Carrier: Potassium Aluminium Silicate, Colours (Titanium Dioxide, Iron Oxide)

CONTAINING ALLERGENS					
Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	Cereals containing gluten namely wheat, Tree Nuts, Peanuts
Country of Origin	United Kingdom
Storage Instructions	Store in a cool dry place away from direct sunlight.
Instructions for use	n/a
Alcoholic Strength	0

NUTRITION LABELLING - TYPICAL VALUE PER 100g / 100ml			
Energy (kj)	2355	Energy (kcal)	563
Fat	36	of which saturates	22
Carbohydrate	50	of which sugars	50
Fibre	2.0	Protein	14
Salt	0.20		

SUITABLE / FREE FROM			
Suitable for vegetarians	No	Suitable for vegans	No
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	No
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

Name of Product	British Bakes & Cakes Gingerbread Man Mini Loaf 90g
Manufacturer's Name and Address	Yorkshire Flapjack Ltd, Unit 4 Harrogate West Business Park, Harrogate, North Yorkshire, United Kingdom, HG3 2FN
Supplier Name and Address	Yorkshire Flapjack, Unit 4 Harrogate West Business Park, Harrogate, North Yorkshire, United Kingdom, HG3 2FN
Ingredients	Vanilla Frosting 36% (sugar, vegetable oils (palm, rapeseed), water, humectant (sorbitol), skimmed **MILK** powder, cream cheese powder (**MILK**) 3.5%, acid (citric acid), salt, emulsifier (E435), preservative (potassium sorbate), natural flavouring), Plain Crème Cake 30.2% (Sugar, **WHEAT** flour (with calcium, iron, niacin, thiamin), modified starch (maize), vegetable oil (rapeseed), raising agents (disodium diphosphate, sodium bicarbonate), emulsifiers (E477, E471, E475), salt, whey solids (**MILK**), free range whole **EGG** powder), Liquid **EGG** (**EGGS**), Vegetable Oil (Rapeseed), Water, Ginger Crush 3% (Stem Ginger, Sugar, Water), Preservative; Glycerine (Vegetable Glycerine (Derived from Rapeseed)), Ground Ginger, Caramel Liquid Colour (Colour E150c), Preservative; Potassium Sorbate, Preservative; Citric Acid (Citric Acid E330), Chocolate Edible Gingerbread 1% (**MILK** Chocolate: Sugar, cocoa butter, whole **MILK** powder, cocoa mass, emulsifier: **SOYA** lecithin, natural vanilla flavouring (**MILK** solids 20.8% min; cocoa solids 33.6% min).

CONTAINING ALLERGENS					
Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	Yes	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	Tree Nuts, Peanuts, Sulphites/Sulphur Dioxide
Country of Origin	United Kingdom
Storage Instructions	Ambient
Instructions for use	na
Alcoholic Strength	0

NUTRITION LABELLING - TYPICAL VALUE PER 100g / 100ml			
Energy (kj)	1876	Energy (kcal)	449
Fat	23	of which saturates	6.3
Carbohydrate	57	of which sugars	38
Fibre	1.8	Protein	3.8
Salt	0.28		

SUITABLE / FREE FROM			
Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	No
Free from alcohol	No	Free from artificial colours	No
Free from artificial flavours	No	Suitable for coeliac sufferers	No

Name of Product	Yorkshire Flapjack Billionaires Slice est 85g
Manufacturer's Name and Address	Yorkshire Flapjack, Unit 4 Harrogate West Business Park, Harrogate, North Yorkshire, United Kingdom, HG3 2FN
Supplier Name and Address	Yorkshire Flapjack, Unit 4 Harrogate West Business Park, Harrogate, North Yorkshire, United Kingdom, HG3 2FN
Ingredients	Margarine (Vegetable fat, Palm; Vegetable Oils, Rapeseed; (RSPO Sourced) Water, Natural flavouring), Brown Sugar, **OATS** 20%, Partially inverted refiners syrup, Millionaires Caramel 13.2% (Sugar, Glucose Syrup, Sweetened Condensed **MILK** (**MILK**, Sugar), Water, Unsalted Butter (**MILK**), Invert Sugar Syrup, Palm Oil, Salt, Emulsifiers (E322 Rapeseed / sunflower Lecithin, E491 Sorbitan Monostearate), Natural Flavouring), Cornflake (Maize, Sugar, **BARLEY**, Malt Flavouring, Salt), Self Raising flour (**WHEAT** flour, Raising agents E500, E450, Dark Chocolate Flavour Coating 3.5% (Sugar, Vegetable Oil (Fully Hydrogenated Palm Kernel, Palm Oil), Fat Reduced Cocoa Powder, Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Niacin, Iron, Thiamine), Whey Powder (**MILK**), Emulsifiers Lecithin (**SOYA**); Natural Flavouring), White Chocolate Flavour Coating 3.5% (Sugar, Vegetable Oil (Palm kernel, Palm), Whey Powder (**MILK**), Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Niacin, Iron, Thiamine), Emulsifier : Lecithin (**SOYA**), Flavouring)

CONTAINING ALLERGENS					
Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	Eggs, Tree Nuts, Peanuts, Sulphites/Sulphur Dioxide
Country of Origin	United Kingdom
Storage Instructions	Ambient
Instructions for use	na
Alcoholic Strength	0

NUTRITION LABELLING - TYPICAL VALUE PER 100g / 100ml			
Energy (kj)	2003	Energy (kcal)	479
Fat	26	of which saturates	11
Carbohydrate	58	of which sugars	30
Fibre	2	Protein	3.2
Salt	-0.84		

SUITABLE / FREE FROM			
Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	No