

P.S. Occasionally we come up against supply problems which means we have to substitute bits in our hampers.

Don't worry anything we swap in will always be same value and quality (or higher) than the original, and we'll make sure it meets any dietary requirements.

Just bear in mind if we do have to do a swap, the nutritional and allergy summaries on here might not be quite right.

DISCLAIMER: In the event of supply difficulties, we reserve the right to substitute any items with replacements of equal or higher quality and value that may or may not be listed in the contents section of the product descriptions. For special dietary hampers, suitable substitutions will be made.

In the event that a substitution is made, the nutritional and allergen summaries on our website may not reflect the true contents of the hamper.

Name of Product	Barber's Farmhouse Mature Cheddar Truckle 200g
Manufacturer's Name and Address	Barbers Farmhouse Cheesemakers, Maryland Farm, Ditcheat, Somerset, United Kingdom, BA4 6PR
Supplier Name and Address	Ashley Chase Estate Limited, Ford Farm, Litton Cheney, Dorchester, Dorset, England, DT2 9AZ
Ingredients	Cheddar Cheese (Cows' MILK)

Containing Allergens

Celery	No	Gluten	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Egg Mustard Cereals containing gluten namely wheat Sulphites/Sulphur Dioxide
Country of Origin	United Kingdom
Storage Instructions	Keep Refrigerated below 5oC
Instructions for use	Once Opened consume within 7 days and by best before date.
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1725	Energy (kcal)	416	Salt	1.8
Fat	34.9	of which saturates	21.7		
Carbohydrate	0.1	of which sugars	0.1		
Fibre	0	Protein	25.4		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	No
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	No

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Name of Product	Highfield Preserves Boxing Day Chutney 290g
Manufacturer's Name and Address	Highfield Preserves Ltd, Unit 4 Highmount Court, Mid Devon Business Park, WILLAND, Devon, United Kingdom, EX15 2FB
Supplier Name and Address	Highfield Preserves Limited, Unit 4 Highmount Court, Mid Devon Business Park, WILLAND, Devon, United Kingdom, EX15 2FB
Ingredients	Apples (37%), Sugar, Cranberries (11%), White Wine Vinegar, Figs (7%), Sultanas, Onion, Brown Sugar, Spiced Cider (2%) (Cider, Cardamom, Nutmeg, Cloves, Cinnamon, Caramel), Fruit Pectin, Ginger, Salt.

Containing Allergens

Celery	No	Gluten	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	United Kingdom
Storage Instructions	Refrigerate after opening and use within six weeks.
Instructions for use	Not applicable
Alcoholic Strength	2

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	690	Energy (kcal)	163	Salt	0.16
Fat	0.5	of which saturates	0.1		
Carbohydrate	37	of which sugars	35		
Fibre	0	Protein	1.2		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	No	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

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Name of Product	Long Clawson Blue Stilton Shrink Wrapped Wedge 220g
Manufacturer's Name and Address	Long Clawson Dairy Limited, Long Clawson, Melton Mowbray, Leicestershire, United Kingdom, LE14 4PJ
Supplier Name and Address	Long Clawson Dairy Ltd, Long Clawson, Melton Mowbray, Leicestershire, United Kingdom, LE14 4PJ
Ingredients	Ingredients: Blue Stilton® Cheese (Pasteurised Cow's MILK , Salt, Vegetarian Rennet, Penicillium Roqueforti, Dairy Cultures)

Containing Allergens

Celery	No	Gluten	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	Made in the United Kingdom using Milk from the United Kingdom
Storage Instructions	Keep refrigerated below 5°C Once Opened use within three days. Do not exceed use by date. Not suitable for Freezing
Instructions for use	n/a
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1700	Energy (kcal)	410	Salt	1.97
Fat	35	of which saturates	23		
Carbohydrate	0.1	of which sugars	0.1		
Fibre	0.0	Protein	23.7		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

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Name of Product	Severn & Wye Smoked Salmon D Cut 125g
Manufacturer's Name and Address	Severn and Wye Smokery, Chaxhill, Westbury on Severn, Westbury on Severn, Gloucestershire, United Kingdom, GL14 1QW
Supplier Name and Address	Mr, The Coach House, cross hayes, malmesbury, Wiltshire, United Kingdom, SN16 9BE
Ingredients	SALMON (FISH) (Salmo salar) (FISH) (96%), salt, sugar

Containing Allergens

Celery	No	Gluten	No	Crustaceans	No
Eggs	No	Fish	Yes	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	United Kingdom
Storage Instructions	0-8oC target 0-5 oC
Instructions for use	store in refrigerator one open use within 72 hours or use by date whichever is sooner. Sold ready to eat
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	698	Energy (kcal)	167	Salt	3.2
Fat	8.8	of which saturates	2.2		
Carbohydrate	5.2	of which sugars	0.7		
Fibre	0	Protein	20.1		

Suitable for vegetarians	No	Suitable for vegans	No
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

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Name of Product	Aldridge Chardonnay 75cl
Manufacturer's Name and Address	Warburn Estate, 700 Kidman Way, Tharbogang, Tharbogang, New south wales, Australia, 2680
Supplier Name and Address	Awin Barratt Siegel Wine Agencies LLP, Unit 27 Graylands Estate, Langhurstwood Road, Horsham, West Sussex, , RH12 4QD
Ingredients	Wine (contains SULPHITES)

Containing Allergens

Celery	No	Gluten	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	Yes		

May contain statements	
Country of Origin	Australia
Storage Instructions	cool dry place
Instructions for use	consume within 3 years
Alcoholic Strength	12.5

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	321	Energy (kcal)	76	Salt	1
Fat	0.01	of which saturates	0		
Carbohydrate	0.39	of which sugars	0.28		
Fibre	0	Protein	0.23		

Suitable for vegetarians	No	Suitable for vegans	No
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	No	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

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Name of Product	Aldridge Shiraz Cabernet 75cl
Manufacturer's Name and Address	Warburn Estate, 700 Kidman Way, Tharbogang, New South wales, Australia, Warburn
Supplier Name and Address	Awin Barratt Siegel Wine Agencies LLP, Unit 27 Graylands Estate, Langhurstwood Road, Horsham, West Sussex, RH12 4QD
Ingredients	Wine (contains SULPHITES, MILK & EGG)

Containing Allergens

Celery	No	Gluten	No	Crustaceans	No
Eggs	Yes	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	Yes		

May contain statements	
Country of Origin	Australia
Storage Instructions	cool dry place
Instructions for use	consume within 3 years
Alcoholic Strength	12.5

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	321	Energy (kcal)	76	Salt	1
Fat	0.01	of which saturates	0		
Carbohydrate	0.39	of which sugars	0.28		
Fibre	0	Protein	0.23		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	No
Free from alcohol	No	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

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Name of Product	Gillot Camembert Le Petit Terroir Au Lait Patureuse 250g
Manufacturer's Name and Address	Fromagerie Gillot SAS, Le Moulin 61220, St Hilaire de Briouze, France
Supplier Name and Address	Bradburys & Son Ltd, Staden Business Park, Staden Lane, Buxton, Derbyshire, United Kingdom, SK17 9RZ
Ingredients	Pasteurized cow's MILK (France), salt, coagulating enzyme, ferments (MILK)

Containing Allergens

Celery	No	Gluten	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	France
Storage Instructions	Keep refrigerated between +4° C and +8° C
Instructions for use	NA
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1072	Energy (kcal)	258	Salt	1.7
Fat	20	of which saturates	16		
Carbohydrate	0.5	of which sugars	0.5		
Fibre	0	Protein	19		

Suitable for vegetarians	No	Suitable for vegans	No
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

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Name of Product	Cornish Charcuterie Duck Rilette with Cranberries & Grand Marnier 125g
Manufacturer's Name and Address	Cornish Charcuterie LTD, Norton Barton Artisan Food Village, Launcells, BUDE, Cornwall, United Kingdom, EX23 9LG
Supplier Name and Address	Cornish Charcuterie LTD, Norton Barton Artisan Food Village, Launcells, BUDE, Cornwall, United Kingdom, EX23 9LG
Ingredients	Duck (62.3%), Duck Fat, Dried Cranberries (3.1%) (Cranberries 58%, Sugar, Sunflower Oil), Grand Marnier (2.5%), Sea Salt, Chinese Five Spice.

Containing Allergens

Celery	No	Gluten	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Celery Milk Mustard Tree Nuts Soybeans
Country of Origin	United Kingdom
Storage Instructions	Ambient - Cool Dark Place
Instructions for use	open & Eat
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1696	Energy (kcal)	406	Salt	0.8
Fat	37.6	of which saturates	12.4		
Carbohydrate	2.6	of which sugars	2.3		
Fibre	0.1	Protein	15.8		

Suitable for vegetarians	No	Suitable for vegans	No
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	No	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

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Name of Product	Mr Filbert's French Rosemary Almonds 100g
Manufacturer's Name and Address	Filberts fine foods, Greens Barn, Page Lane, West Pennard, Glastonbury, Somerset, United Kingdom, BA6 8NX
Supplier Name and Address	Filbert's Fine Foods Limited, Greens Barn, Page Lane, West Pennard, Glastonbury, Somerset, United Kingdom, BA6 8NX
Ingredients	ALMONDS (NUTS) 93%, sugar, sea salt, rosemary<1%, rapeseed

Containing Allergens

Celery	No	Gluten	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	Yes	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	United Kingdom
Storage Instructions	Ambient
Instructions for use	snacking
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	2547	Energy (kcal)	615	Salt	1.1
Fat	51.2	of which saturates	3.8		
Carbohydrate	10.5	of which sugars	7.4		
Fibre	8.2	Protein	24.1		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

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Name of Product	Furniss Dark Choc Chip Gingerbread Biscuits 200g
Manufacturer's Name and Address	Furniss of Cornwall Ltd, Druids Road, Redruth, Cornwall, United Kingdom, TR15 3RH
Supplier Name and Address	Furniss of Cornwall Ltd, Druids Road, Redruth, Cornwall, United Kingdom, TR15 3RH
Ingredients	WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Sugar, Invert Sugar Syrup, Vegetable Fat (Palm Oil, Rapeseed Oil, Water, Salt, Lemon Juice), Dark Chocolate (11%) (Cocoa Mass, Sugar, Cocoa Butter, Fat-Reduced Cocoa Powder, Emulsifier: SOYA Lecithin), Rusk (WHEAT Flour, Salt, Raising Agent (Ammonium Bicarbonate), Spices (Ginger, Pimento, Cinnamon, Coriander)), Raising Agents (Sodium Bicarbonate, Ammonium Bicarbonate), Crystallised Ginger (1%) (Ginger, Sugar), Butter (MILK), Salt.

Containing Allergens

Celery	No	Gluten	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	Tree Nuts
Country of Origin	United Kingdom
Storage Instructions	Store in a cool dry place and once opened in an airtight container
Instructions for use	N/A
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	2051	Energy (kcal)	489	Salt	1
Fat	20	of which saturates	9.4		
Carbohydrate	71	of which sugars	40		
Fibre	0	Protein	5		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	No

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Name of Product	Linden Lady 8 Chocolate Selection with Gold Stars & Sprinkles 110g
Manufacturer's Name and Address	LINDEN LADY CHOCOLATES LTD, Walnut Tree Farm, Birch Road, Copford, Colchester, Essex, United Kingdom, CO6 1DR
Supplier Name and Address	Linden Lady Chocolate, Walnut Tree Farm, Birch Road, Copford, Colchester, Essex, United Kingdom, CO6 1DR
Ingredients	MILK chocolate min. Cocoa solids 33%, MILK solids 20%. White chocolate min. Cocoa solids 28%, MILK solids 22%. Chocolate: sugar, cocoa butter, cocoa mass, fat reduced cocoa powder, whole MILK powder, emulsifier: SOYA lecithin, flavour: vanilla. Fudge: Fondant (glucose, sugar, water), glucose syrup, condensed MILK , butter (MILK). Praline: HAZELNUTS (NUTS) , sugar, emulsifier: SOYA lecithin, puffed rice (rice, sugar, salt, BARLEY malt flavouring). White truffle: CREAM , skimmed MILK powder, inverted sugar syrup, rice starch, concentrated grape juice, Marc de champagne (2.8%). Decoration: Sugar, Icing sugar, glucose syrup, invert sugar syrup, potato starch, corn starch, rice flour, rice bran oil, palm oil, maltodextrin. Emulsifiers: E414, E322, E464, E471. Stabiliser: E414, E415. Humectant: E422. Anti-caking agent: E555. Glazing agent: E903, E904. Colours: E100, E104, E150d, E160c, E163, E171, E172. E104 MAY HAVE AN ADVERSE EFFECT ON ACTIVITY AND ATTENTION IN CHILDREN. For allergens please see ingredients in BOLD MANUFACTURED IN AN ENVIRONMENT THAT PROCESSES NUTS AND INGREDIENTS CONTAINING DAIRY

Containing Allergens

Celery	No	Gluten	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	Yes	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	Cereals containing gluten namely wheat
Country of Origin	United Kingdom
Storage Instructions	STORE IN A COOL DRY PLACE OUT OF DIRECT SUNLIGHT +10 - 22C
Instructions for use	N/A
Alcoholic Strength	2.8

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	2058.9	Energy (kcal)	490.7	Salt	0.13
Fat	23.9	of which saturates	8.5		
Carbohydrate	62.5	of which sugars	50.7		
Fibre	0	Protein	5.2		

Suitable for vegetarians	No	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	No	Free from artificial colours	No
Free from artificial flavours	Yes	Suitable for coeliac sufferers	No

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Name of Product	Odysea Houmous 265g
Manufacturer's Name and Address	Pelopac SA, Industrial Area of Thessaloniki, Thessaloniki, Sindos, Greece, 57022
Supplier Name and Address	Odysea Limited, 2 Dorma Trading Park, Staffa Road, London, Greater London, United Kingdom, E10 7QX
Ingredients	Chickpeas (52%), Water, Tahini (SESAME) (10%), Sunflower Oil, Sugar, Extra Virgin Olive Oil, Lemon Juice, Acidity Regulator (Lactic Acid), Garlic Powder, Sea Salt, Cumin, Antioxidant (Ascorbic Acid), Red Pepper Powder.

Containing Allergens

Celery	No	Gluten	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	Yes
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	Manufactured in Greece. Primary ingredient (chickpeas) are from Turkey, Italy, Germany.
Storage Instructions	Once opened, refrigerate and consume within 5 days.
Instructions for use	Ready to eat.
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	821	Energy (kcal)	197	Salt	1.4
Fat	12	of which saturates	1.5		
Carbohydrate	15.7	of which sugars	1.5		
Fibre	0	Protein	4.8		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

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Name of Product	Copperpot Festive Spiced Fudge 125g
Manufacturer's Name and Address	OV St Ives, Penbeagle Industrial Estate, St. Ives, Cornwall, United Kingdom, TR26 2JH
Supplier Name and Address	OV Group, 4 lower Teme Business Park, Burford, Tenbury Wells, Worcestershire, UK, WR15 8SZ
Ingredients	Sugar, Salted Butter 17% (MILK , Salt), Sweetened Condensed MILK (MILK, Sugar) , Glucose Syrup, Golden Syrup, Raisins 2%, Brandy 1%, Glacé Cherries 1% (Cherries, Glucose Fructose Syrup, Fruit & Vegetable Concentrates [Blackcurrant, Carrot and Radish], Acidity Regulator Citric Acid), Mixed Spices 0.1% (Ground Cinnamon, Ground Nutmeg), Emulsifier SOYA Lecithin, Natural Flavouring.

Containing Allergens

Celery	No	Gluten	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	UK
Storage Instructions	Store in a cool, dry place away from direct sunlight. Once opened, store in an airtight container. Optimum temperatures 10-22°C; 70% max relative humidity.
Instructions for use	Ready to eat/ use
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1935	Energy (kcal)	460	Salt	0.33
Fat	16	of which saturates	10		
Carbohydrate	76	of which sugars	70		
Fibre	0.5	Protein	1.2		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

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Name of Product	Popti Cornish Bakehouse Parmesan Thins 120g
Manufacturer's Name and Address	POPTI LTD., Norton Barton Farm, Launcells, BUDE, Cornwall, United Kingdom, EX23 9LG
Supplier Name and Address	POPTI LTD., Norton Barton Farm, Launcells, BUDE, Cornwall, United Kingdom, EX23 9LG
Ingredients	Plain Flour (WHEAT , Iron, Thiamin, Niacin, Calcium Carbonate), Butter (MILK), Parmigiano Reggiano (MILK) 0.4%, Grana Padano (MILK) 2.4%, MUSTARD Powder (MUSTARD), White Pepper, Salt.

Containing Allergens

Celery	No	Gluten	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	Yes
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Celery Tree Nuts Peanuts Sesame
Country of Origin	United Kingdom
Storage Instructions	Store in a cool dry place. Once open store in an airtight container. Best before: see base
Instructions for use	Fantastic eaten with mild cheeses, liver pates, charcuterie and dips
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1835	Energy (kcal)	437	Salt	1.6
Fat	20.1	of which saturates	12.3		
Carbohydrate	58.6	of which sugars	0.6		
Fibre	3	Protein	8		

Suitable for vegetarians	No	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	No

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Name of Product	Quicke's Devonshire Red Clothbound Cheese 150g
Manufacturer's Name and Address	Quickes Traditional Ltd, Home Farm, Newton St Cyres, Exeter, Devon, UK, EX5 5AY
Supplier Name and Address	Quickes Traditional Ltd, Home Farm, Newton St Cyres, Exeter, Devon, United Kingdom (Great Britain), EX5 5AY
Ingredients	Cow's MILK Starter Rennet Cornish Sea Salt Annatto

Containing Allergens

Celery	No	Gluten	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	United Kingdom (Great Britain)
Storage Instructions	Refrigerated
Instructions for use	N/A
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1577	Energy (kcal)	380	Salt	0.70
Fat	32.2	of which saturates	20.3		
Carbohydrate	0.1	of which sugars	0.1		
Fibre	0	Protein	23.9		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

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Name of Product	Severn & Wye Gravadlax D Cut 125g
Manufacturer's Name and Address	Severn and Wye Smokery, Chaxhill, Westbury on Severn, Gloucestershire, United Kingdom, GL14 1QW
Supplier Name and Address	SALMO-SALAR LIMITED, The old coach house, cross hayes, malmesbury, wiltshire, United Kingdom, sn169be
Ingredients	SALMON (FISH) (Salmo salar) (FISH) 91 % salt, dill, rum, black pepper sugar

Containing Allergens

Celery	No	Gluten	No	Crustaceans	No
Eggs	No	Fish	Yes	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	United Kingdom
Storage Instructions	0-8oC target 0-5 oC
Instructions for use	store in refrigerator one open use within 72 hours or use by date whichever is sooner. Sold ready to eat
Alcoholic Strength	0.1

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	621	Energy (kcal)	148	Salt	3.02
Fat	5.2	of which saturates	2.0		
Carbohydrate	5.1	of which sugars	0.1		
Fibre	0.1	Protein	19.6		

Suitable for vegetarians	No	Suitable for vegans	No
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	No	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

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Name of Product	Savoursmiths Desert Salt Potato Crisps 150g
Manufacturer's Name and Address	Savoursmiths College Farm, Grange Road, Duxford, Cambs, UK, CB22 4Q
Supplier Name and Address	Savoursmiths Ltd, College Farm, Grange Road, Duxford, Cambs, UK, CB22 4Q
Ingredients	Potatoes, Sunflower Oil, Desert Salt.

Containing Allergens

Celery	No	Gluten	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Milk
Country of Origin	UK
Storage Instructions	Store in a cool dry place away from light.
Instructions for use	Store in a cool dry place away from light.
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	2029	Energy (kcal)	485	Salt	0.8
Fat	26.5	of which saturates	2.8		
Carbohydrate	49	of which sugars	0.8		
Fibre	6.4	Protein	6.7		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

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Name of Product	Silver & Green Garlic Stuffed Olives in Pouch 220g
Manufacturer's Name and Address	Silver and Green of Lakeland Ltd, Silver & Green, North Lakes Business Park, Penrith, Cumbria, United Kingdom, CA11 0JG
Supplier Name and Address	Silver & Green, North Lakes Business Park, Penrith, Cumbria, United Kingdom, CA11 0JG
Ingredients	Pitted Green Olives (62%), Sunflower Oil (21%), Garlic Gloves (15%), Extra Virgin Olive Oil (2%), Salt, Ascorbic Acid

Containing Allergens

Celery	No	Gluten	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Peanuts
Country of Origin	UK
Storage Instructions	Pre-opening: Ambient product keep in cool and dry place and consume within shelf life. Post-opening: KEEP REFRIGERATED ONCE OPENED and CONSUME WITHIN 14 DAYS.
Instructions for use	Not applicable
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1206	Energy (kcal)	293	Salt	1.8
Fat	30	of which saturates	3.9		
Carbohydrate	5	of which sugars	0.2		
Fibre	2.1	Protein	1.5		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

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Name of Product	Wessex Country Gammon Honey Glazed Wiltshire Cured and Cooked Pork Loin 900g
Manufacturer's Name and Address	Wessex Country Gammons Ltd, 52 Azura Close Woolsbridge Industrial Park, Wimborne, Dorset, United Kingdom, BH21 6SZ
Supplier Name and Address	Wessex Country Gammons Ltd, 52 Azura Close Woolsbridge Industrial Park, Wimborne, Dorset, United Kingdom, BH21 6SZ
Ingredients	Pork loin, Salt, Emulsifiers: E451(i) & E450, Sugar, Preservatives: E250 & E251, Antioxidant E301, Honey Made with 120g Pork per 100g Product

Containing Allergens

Celery	No	Gluten	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	Made in Dorset, Pork sourced from UK/EC
Storage Instructions	Keep Refrigerated at 0c - 5c
Instructions for use	Once opened use within 2 days or before use by
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	595	Energy (kcal)	142	Salt	2.5
Fat	4.9	of which saturates	1.6		
Carbohydrate	0.7	of which sugars	0.1		
Fibre	0	Protein	22		

Suitable for vegetarians	No	Suitable for vegans	No
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

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Name of Product	Popti Cornish Bakehouse Charcoal Crackers 90g
Manufacturer's Name and Address	Popti Ltd., Norton Barton Artisan Food Village, Launcells, BUDE, Cornwall, United Kingdom, EX23 9LG
Supplier Name and Address	Popti LTD, Norton Barton Artisan Food Village, Launcells, BUDE, Cornwall, United Kingdom, EX23 9LG
Ingredients	Wholemeal WHEAT Flour (WHEAT , Ascorbic Acid) Yeast Extract, Rapeseed Oil, Charcoal (3.2%), Yeast, Salt Pepper

Containing Allergens

Celery	No	Gluten	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Celery Tree Nuts
Country of Origin	United Kingdom
Storage Instructions	Store in a cool dry place
Instructions for use	Ready to eat - Enjoy
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1452	Energy (kcal)	343	Salt	0.9
Fat	7.7	of which saturates	0.1		
Carbohydrate	58.9	of which sugars	1.2		
Fibre	3.3	Protein	10.9		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	No