P.S. Occasionally we come up against supply problems which means we have to substitute bits in our hampers.
Don't worry anything we swap in will always be same value and quality (or higher) than the original, and we'll make sure it meets any dietary requirements.
Just bear in mind if we do have to do a swap, the nutritional and allergy summaries on here might not be quite right.

In the event that a substitution is made, the nutritional and allergen summaries on our website may not reflect the true contents of the hamper.

Name of Product	Mr Filbert's Rosemary & Garlic Olive Snack 50g
Manufacturer's Name and Address	Filbert's Fine Foods, Greens Barn, Page Lane, West Pennard, Glastonbury, Somerset, United Kingdom, BA6 8NX
Supplier Name and Address	Filbert's Fine Foods Limited, Greens Barn, Page Lane, West Pennard, Glastonbury, Somerset, United Kingdom, BA6 8NX
Ingredients	Pitted green olives 46%, pitted kalamata olives 46%, salt, lemon juice, red wine vinegar, marinade( extra virgin olive oil, rosemary<1%, garlic>

### **Containing Allergens**

Celery	No	Gluten	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	Greece
Storage Instructions	Ambient
Instructions for use	Snack
Alcoholic Strength	0

Energy (kj)	623	Energy (kcal)	151	Salt	2
Fat	14.2	of which saturates	1.9		
Carbohydrate	2.7	of which sugars	0.5		
Fibre	3.2	Protein	1.1		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

In the event that a substitution is made, the nutritional and allergen summaries on our website may not reflect the true contents of the hamper.

Name of Product	GNAW Raspberry Mojito Milk Chocolate Bar 80g
Manufacturer's Name and Address	Gnaw Chocolate Ltd, Unit 6, 55-59 Whiffler Road, Whiffler Road Industrial Estate, Norwich, Norfolk, United Kingdom, NR3 2AW
Supplier Name and Address	Gnaw Chocolate Ltd, Unit 6, 55-59 Whiffler Road, Whiffler Road Industrial Estate, Norwich, Norfolk, United Kingdom, NR3 2AW
Ingredients	Sugar Whole <b>MILK</b> Powder Cocoa Butter Cocoa Mass Raspberry Crisp (white granulated sugar, glucose syrup, coconut oil, natural flavour, natural colour (anthocyanin, glycerine, DI water), emulsifier (sunflower lecithin)) Natural Flavouring (vanilla, raspberry (0.3%), peppermint (0.1%)) Emulsifier (sunflower lecithin) <b>MILK</b> chocolate contains cocoa solids 36% min, <b>MILK</b> solids 23% min For allergens see ingredients in bold. May contain GLUTEN, treeNUTS and PEANUTS.

Containing Allergens	
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Celery	No	Gluten	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Cereals containing gluten namely wheat Tree Nuts Peanuts
Country of Origin	United Kingdom
Storage Instructions	Keep dry and away from direct sunlight between 14c to 22c
Instructions for use	N/A
Alcoholic Strength	0

Energy (kj)	2292	Energy (kcal)	548	Salt	0.2
Fat	34.3	of which saturates	20.9		
Carbohydrate	50.4	of which sugars	48.5		
Fibre	0	Protein	7.4		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	No

In the event that a substitution is made, the nutritional and allergen summaries on our website may not reflect the true contents of the hamper.

Name of Product	Popcorn Shed Mini Pop! Sweet and Salty 28g
Manufacturer's Name and Address	
	United Kingdom, SL7 1YA
Supplier Name and Address	Popcorn Shed, 483 Green Lanes, London, United Kingdom, N13 4BS
Ingredients	Popped corn, sugar, rapeseed oil, sea salt.

## Containing Allergens

Celery	No	Gluten	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	United Kingdom
Storage Instructions	Store in a cool, dry place
Instructions for use	Once opened, re-seal to ensure freshness
Alcoholic Strength	0

Energy (kj)	1975	Energy (kcal)	472	Salt	1.6
Fat	21.3	of which saturates	2		
Carbohydrate	63.2	of which sugars	24.4		
Fibre	3.6	Protein	5.1		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

In the event that a substitution is made, the nutritional and allergen summaries on our website may not reflect the true contents of the hamper.

Name of Product	Be. Passionfruit Martini 200ml
Manufacturer's Name and Address	Storefast Solutions, Unit V Springhead Enterprise Park, Springhead Road, Gravesend, Kent, United Kingdom, DA118HN
Supplier Name and Address	Global Brands Ltd, 5th Floor Casa Hotel, Lockoford Lane, Chesterfield, Derbyshire, United Kingdom, S41 7JB
Ingredients	water, vodka, sugar, pineapple juice from concentrate (10%), passion fruit juice (7.60%), lime juice (1.9%), orange juice from concentrate (1.7%), mango juice from concentrate (1.1%), natural flavouring, acid: citric acid (E330); colouring: beta carotene (E160a); emulsifier: sugar esters (E473).

# Containing Allergens

Celery	No	Gluten	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	United Kingdom
Storage Instructions	Store ambient.
Instructions for use	N/A
Alcoholic Strength	8.4

Energy (kj)	396	Energy (kcal)	94	Salt	0
Fat	0.04	of which saturates	0.01		
Carbohydrate	12.38	of which sugars	12.38		
Fibre	0.02	Protein	0.11		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	No	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

In the event that a substitution is made, the nutritional and allergen summaries on our website may not reflect the true contents of the hamper.

Name of Product	Be. Pina Colada 200ml
Manufacturer's Name and Address	Storefast Solutions, Unit V Springhead Enterprise Park, Springhead Road, Gravesend, Kent, United Kingdom, DA118HN
Supplier Name and Address	Global Brands Ltd, 5th Floor Casa Hotel, Lockoford Lane, Chesterfield, Derbyshire, United Kingdom, S41 7JB
Ingredients	water, pineapple juice (19.1%), sugar, white rum, pineapple juice from concentrate (10%), coconut water (5.9%), lime juice (2.9%), natural flavouring, stabiliser: gum arabic (E414), xanthan gum (E415); acids: citric acid (E330), trisodium citrate (E331); emulsifier: sugar esters (E473).

## Containing Allergens

Celery	No	Gluten	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	United Kingdom
Storage Instructions	Store ambient.
Instructions for use	N/A
Alcoholic Strength	8.4

Energy (kj)	521	Energy (kcal)	123	Salt	0.01
Fat	0.13	of which saturates	0.01		
Carbohydrate	14.36	of which sugars	14.03		
Fibre	1.96	Protein	0.6		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	No	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

In the event that a substitution is made, the nutritional and allergen summaries on our website may not reflect the true contents of the hamper.

Name of Product	Be. Strawberry Daiquiri 200ml
Manufacturer's Name and Address	Storefast Solutions, Unit V Springhead Enterprise Park, Springhead Road, Gravesend, Kent, United Kingdom, DA118HN
Supplier Name and Address	Global Brands Ltd, 5th Floor Casa Hotel, Lockoford Lane, Chesterfield, Derbyshire, United Kingdom, S41 7JB
Ingredients	water, sugar, white rum, strawberry juice (3.4%), strawberry puree (2%), lime juice (1.5%), natural flavouring, acid: citric acid (E330); purple carrot juice from concentrate, stabiliser: gum arabic (E414); lime extract, emulsifier: sugar esters (E473).

## Containing Allergens

Celery	No	Gluten	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	United Kingdom
Storage Instructions	Store ambient.
Instructions for use	N/A
Alcoholic Strength	8.4

Energy (kj)	410	Energy (kcal)	98	Salt	0
Fat	0.02	of which saturates	0.01		
Carbohydrate	13.38	of which sugars	13.38		
Fibre	0.07	Protein	0.05		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	No	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

In the event that a substitution is made, the nutritional and allergen summaries on our website may not reflect the true contents of the hamper.

Name of Product	Ask Mummy & Daddy Cocktail Mix 100g
Manufacturer's Name and Address	Delicious Ideas Food Group, Unit 2 The Links, Peterborough, Orton, uk, pe2 6bj
Supplier Name and Address	Ask Mummy & Daddy t/a Delicious Ideas Food Group, Unit 1C Sovereign Way, Ask Mummy & Daddy (Kane Dowell), Downham Market, Norfolk, United Kingdom, PE38 9SW
Ingredients	Glucose syrup, water, pork gelatine, acidulant (citric acid), flavouring (pina colada), colours (lutein), glazing agent (carnauba wax and vegetable oil – coconut, rapeseed).

### Containing Allergens

Celery	No	Gluten	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Cereals containing gluten namely wheat Milk Peanuts Egg Soybeans
Country of Origin	UK
Storage Instructions	Store in a cool dry place, away from direct sunlight
Instructions for use	EATING
Alcoholic Strength	0

Energy (kj)	1304	Energy (kcal)	307	Salt	0.04
Fat	0.2	of which saturates	0.2		
Carbohydrate	70	of which sugars	50		
Fibre	0.2	Protein	6.3		

Suitable for vegetarians	No	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	No
Free from alcohol	Yes	Free from artificial colours	No
Free from artificial flavours	No	Suitable for coeliac sufferers	No