P.S. Occasionally we come up against supply problems which means we have to substitute bits in our hampers.

Don't worry anything we swap in will always be same value and quality (or higher) than the original, and we'll make sure it meets any dietary requirements.

Just bear in mind if we do have to do a swap, the nutritional and allergy summaries on here might not be quite right.

Name of Product	Maple Falls Mulled Wine 75cl
Manufacturer's Name and Address	Broadland Drinks Ltd, The New Winery, Chapel Street, Cawston, Norfolk, United Kingdom, NR10 4BG
Supplier Name and Address	Broadland Drinks Ltd, The New Winery, Chapel Street, Cawston, Norfolk, United Kingdom, NR10 4BG
Ingredients	Contains **SULPHITES**

CONTAINING ALLERGENS					
Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	Yes		

May contain statements	
Country of Origin	United Kingdom
Storage Instructions	Store in a cool place away from direct sunlight
Instructions for use	Delicious served warm, but do not boil.
Alcoholic Strength	5

NUTRITION LABELLING - TYPICAL VALUE PER 100g / 100ml			
Energy (kj)	233	Energy (kcal)	56
Fat	-1	of which saturates	0
Carbohydrate	6.7	of which sugars	6.5
Fibre	0	Protein	0
Salt	0.4		

SUITABLE / FREE FROM			
Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	No	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

Name of Product	Cambrook Sweet & Spicy Nut Mix - Burgundy & Gold Foliage 75g
Manufacturer's Name and Address	Cambrook Foods Ltd, Unit B1 Howard Tenens Estate, Howard Tenens Estate, Andover, Hampshire, United Kingdom, SP10 3LF
Supplier Name and Address	Cambrook Foods Ltd, Unit B1 Howard Tenens Estate, Macadam Way, Andover, Hampshire, United Kingdom, SP10 3LF
Ingredients	62.4% **PEANUTS**, 15.8% Corn, 11.1% Sugar, 3.4% **SESAME** Seeds, Salt, Dried **SOY** Sauce (Contains: **SOY** Beans, Spirit Vinegar), Garlic, Onion, Chilli, Tomato Powder, Red Bell Pepper, Spices, Rapeseed Oil, Natural Flavouring, Honey, Sunflower Oil, Maltodextrin, Paprika, Cumin, Oregano, Yeast Extract, Paprika Oil. Acidity Regulator: Citric Acid. Colour: Paprika Extract. Stabiliser: Gum Arabic.

CONTAINING ALLERGENS					
Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	Yes	Sesame	Yes
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	Tree Nuts
Country of Origin	United Kingdom
Storage Instructions	Cool & dry, Under 23°C, Away from heat or direct sunlight
Instructions for use	Eat as a snack any time.
Alcoholic Strength	0

NUTRITION LABELLING - TYPICAL VALUE PER 100g / 100ml			
Energy (kj)	2233	Energy (kcal)	538
Fat	36.3	of which saturates	6.4
Carbohydrate	32.4	of which sugars	13.8
Fibre	5	Protein	19.2
Salt	1.6		

SUITABLE / FREE FROM			
Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

Name of Product	House of Fudge Clotted Cream Fudge Bar - Burgundy & Gold Foliage Label 120g
Manufacturer's Name and Address	Clarence & Bean Ltd, 12 Howden Road, Tiverton, Devon, UK, EX16 5HW
Supplier Name and Address	Clarence & Bean Ltd, 12 Howden Road, Tiverton, Devon, UK, EX16 5HW
Ingredients	Sugar, Glucose Syrup, Sweetened Condensed **MILK**, Refined Vegetable Oil (Palm), Clotted Cream (**MILK**) (4%), Butter (**MILK**), Natural Flavouring, Emulsifier: Lecithins (**SOYA**), Salt. For allergens, see ingredients in Bold. May contain traces of **PEANUTS** and Tree**NUTS**.

CONTAINING ALLERGENS					
Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	Tree Nuts, Peanuts
Country of Origin	United Kingdom
Storage Instructions	Store in a cool dry place, away from direct sunlight
Instructions for use	n/a
Alcoholic Strength	0

NUTRITION LABELLING - TYPICAL VALUE PER 100g / 100ml			
Energy (kj)	1785	Energy (kcal)	424
Fat	14.8	of which saturates	8.2
Carbohydrate	71.8	of which sugars	60.2
Fibre	0	Protein	0.9
Salt	0.2		

SUITABLE / FREE FROM			
Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

Name of Product	Crunch & Crumble Shortbread est 150g
Manufacturer's Name and Address	Grandma Wild's, Millennium Business Park, Station Road, Steeton, Keighley, English, United Kingdom, BD20 6RB
Supplier Name and Address	Grandma Wild's (J Wild - Confectioners Ltd), Millennium Business Park, Station Road, Steeton, Keighley, English, United Kingdom, BD20 6RB
Ingredients	Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Niacin, Iron, Folic Acid, Thiamin), Sugar, Salted Sweetcream Butter (17%) (Cream: **MILK**; Salt), Vegetable Oil (Palm, Rapeseed, Water, Salt, Flavouring), Salt, Raising Agent (Sodium Bicarbonate).

CONTAINING ALLERGENS					
Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Eggs, Mustard, Tree Nuts, Soybeans
Country of Origin	United Kingdom
Storage Instructions	Storage Conditions: Store in a cool dry place avoiding direct sunlight. Once opened, keep in an airtight container and consume within 30 days.
Instructions for use	Not Applicable
Alcoholic Strength	0

NUTRITION LABELLING - TYPICAL VALUE PER 100g / 100ml			
Energy (kj)	2168	Energy (kcal)	518
Fat	28	of which saturates	14
Carbohydrate	65	of which sugars	28
Fibre	1.7	Protein	3.5
Salt	1.39		

SUITABLE / FREE FROM			
Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	No
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	No

Name of Product	Grandma Wild's 4 Mince Pies
Manufacturer's Name and Address	Grandma Wild's, The Bakery, Millennium Business Park, Station Road, Steeton, West Yorkshire, United Kingdom, BD20 6RB
Supplier Name and Address	Grandma Wild's, The Bakery, Millennium Business Park, Station Road, Steeton, West Yorkshire, United Kingdom, BD20 6RB
Ingredients	Mincemeat (44%) (Sugar, Vine Fruits (29%) (Raisins, Sultanas, Currants, Sunflower Oil) Apple Puree (Apple Puree, Potassium Sorbate), Glucose-Fructose Syrup, Mixed Peel (4%) (Orange Peel, Glucose-Fructose Syrup, Lemon Peel, Sugar, Acidity Regulator: Citric Acid), Vegetable Suet (Palm Oil, Rice Flour, Sunflower Oil), Modified Maize Starch, Mixed Spice, Acidity Regulator: Citric Acid, Colour: Caramel, Orange Oil, Lemon Oil), Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Niacin, Iron, Folic Acid, Thiamin), Vegetable Oil (Palm, Rapeseed, Water, Salt, Flavouring), Sugar, Water, Invert Sugar Syrup. Whilst every care has been taken, fruit stone/ stalk may remain.

CONTAINING ALLERGENS					
Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Eggs, Milk, Mustard, Tree Nuts, Soybeans
Country of Origin	United Kingdom
Storage Instructions	Store in a cool dry place avoiding direct sunlight. Once opened, keep in an airtight container and consume within 7 days.
Instructions for use	For best results serve warm. Directions: 1. Pre-heat oven to 180 °C (356 °F) Gas Mark 4. 2. Remove all packaging, except foil container. 3. Place on a baking tray on the middle oven shelf. 4. Reheat for 8-10 minutes. Fan assisted ovens may require less time. Caution, the filling may be extremely hot. Take extra care when eating. Do not re-heat in the microwave.
Alcoholic Strength	0

NUTRITION LABELLING - TYPICAL VALUE PER 100g / 100ml			
Energy (kj)	1600	Energy (kcal)	382
Fat	16	of which saturates	6
Carbohydrate	56	of which sugars	30
Fibre	1.1	Protein	3.1
Salt	0.33		

SUITABLE / FREE FROM			
Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	No
Free from alcohol	No	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	No

Name of Product	Grandma Wild's Mini Bites for Sharing Mature Cheddar 100g
Manufacturer's Name and Address	Grandma Wild's, The Bakery, Millennium Business Park, Station Road, Steeton, West Yorkshire, United Kingdom, BD20 6RB
Supplier Name and Address	Grandma Wild's, The Bakery, Millennium Business Park, Station Road, Steeton, West Yorkshire, United Kingdom, BD20 6RB
Ingredients	Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Niacin, Iron, Folic Acid, Thiamin), Mature Cheddar (26%) ((**MILK**, Salt, Starter, Rennet), Potato Starch), Vegetable Oil (Palm Oil), Oatmeal (13%), Sugar, Salt, Natural Flavouring, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate).

CONTAINING ALLERGENS					
Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Eggs, Mustard, Tree Nuts, Soybeans
Country of Origin	United Kingdom
Storage Instructions	Store in a cool dry place avoiding direct sunlight. Once opened, keep in an airtight container and consume within 30 days.
Instructions for use	not applicable
Alcoholic Strength	0

NUTRITION LABELLING - TYPICAL VALUE PER 100g / 100ml			
Energy (kj)	1945	Energy (kcal)	465
Fat	26	of which saturates	13
Carbohydrate	47	of which sugars	3.2
Fibre	3	Protein	12
Salt	2.56		

SUITABLE / FREE FROM			
Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	No
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	No

Name of Product	The Secret Truffletier Gold Foiled Milk Chocolate Buttons in Bag 150g
Manufacturer's Name and Address	Lessiter's Ltd, 61 London Road, Woolmer Green, Knebworth, Stevenage, Hertfordshire, United Kingdom, SG3 6JE
Supplier Name and Address	Lessiter's Ltd, 61 London Road, Woolmer Green, Knebworth, Stevenage, Hertfordshire, United Kingdom, SG3 6JE
Ingredients	Sugar, cocoa butter, whole **MILK** powder, cocoa mass, (emulsifier) **SOYA** lecithin, natural flavouring. For allergens, see ingredients in CAPITALS. May contain traces of**NUTS**! **MILK** chocolate contains minimum 34% cocoa solids, 20% **MILK** solids

CONTAINING ALLERGENS					
Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	Tree Nuts
Country of Origin	United Kingdom
Storage Instructions	12 – 20oC - Store in a cool, dry place, out of direct light.
Instructions for use	N/A
Alcoholic Strength	0

NUTRITION LABELLING - TYPICAL VALUE PER 100g / 100ml			
Energy (kj)	2328	Energy (kcal)	558
Fat	35	of which saturates	21
Carbohydrate	53	of which sugars	52
Fibre	2.5	Protein	6.7
Salt	0.2		

SUITABLE / FREE FROM			
Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes