

P.S. Occasionally we come up against supply problems which means we have to substitute bits in our hampers.

Don't worry anything we swap in will always be same value and quality (or higher) than the original, and we'll make sure it meets any dietary requirements.

Just bear in mind if we do have to do a swap, the nutritional and allergy summaries on here might not be quite right.

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Name of Product	Crunch & Crumble Chocolate Chip Biscuits 150g
Manufacturer's Name and Address	Maxwell & Franks Ltd, Boundary House, Little Down Business Park, Shaftesbury, Dorset, UK, SP7 9BT
Supplier Name and Address	Maxwell & Franks Ltd, Boundary House, Little Down Business Park, Shaftesbury, Dorset, UK, SP7 9BT
Ingredients	Fortified WHEAT Flour (WHEAT Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Salted Butter (Butter (MILK), Salt), Margarine (Vegetable Oils (Palm, Rapeseed), Salt, Citric Acid), Sugar, Dark Chocolate Chips (7%) (Sugar, Cocoa Mass, Cocoa Butter, Emulsifier: SOYA Lecithin, Natural Vanilla Flavouring), Vanilla Flavour.

Containing Allergens

Celery	No	Gluten	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	Eggs Tree Nuts
Country of Origin	UK
Storage Instructions	Store in a cool dry place out of direct sunlight.
Instructions for use	Once opened store in an airtight container and consume within 3 days.
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	2486	Energy (kcal)	595	Salt	0.45
Fat	34	of which saturates	18		
Carbohydrate	65	of which sugars	23		
Fibre	2	Protein	6.3		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	No
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	No

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Name of Product	Hamlet Praline Collection in Gold Box 100g
Manufacturer's Name and Address	PRALINART, WAASLANDLAAN 32, LOKEREN, BELGIUM, BELGIUM, 9160
Supplier Name and Address	Hamlet Chocolates Uk Ltd, SHEARWAY BUSINESS PARK, SHEARWAY ROAD, FOLKESTONE, GREAT-BRITAIN, GB-CT19
Ingredients	sugar, whole MILK powder, cocoa butter ¹ , cocoa mass ¹ , vegetable oils (palm, rape seed) in varying proportions, HAZELNUTS (NUTS) 2,5%, butter oil (MILK), glucose syrup, coffee extract 0,06%, emulsifiers: lecithins (incl. SOY), flavourings: strawberry, caramel, PISTACHIO (NUTS) , orange and vanilla.

Containing Allergens

Celery	No	Gluten	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	Yes	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	België
Storage Instructions	Keep cool and dry
Instructions for use	N.A.
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	2363	Energy (kcal)	565	Salt	0.15
Fat	37.5	of which saturates	20.1		
Carbohydrate	50.1	of which sugars	48.6		
Fibre	2.7	Protein	6		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

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Name of Product	Joypouch Caramel Munch Mix Pouch 80g
Manufacturer's Name and Address	Foodlink, Stationsplein 4 2275 AZ Voorburg, Voorburg, Netherlands, 2275 AZ
Supplier Name and Address	Joypots, Unit A Grangewood House, Oakwood Hill, Loughton, Essex, IG10 3TZ , Loughton, Essex, United Kingdom, IG10 3TZ
Ingredients	Ingredients: 38% PEANUT , white chocolate with caramel (sugar, cocoa butter, whole MILK powder, 1% caramel powder (skimmed MILK powder, saccharose), skimmed MILK powder, cocoa mass, emulsifier: lecithins, natural flavouring, salt), 20% pretzel (WHEAT flour, salt, rapeseed oil, WHEAT malt flour, yeast, raising agent: sodium hydrogen carbonate, acidity regulator: sodium hydroxide), 3% malt ball (rice flour, sugar, WHEAT malt, dextrose, emulsifier: lecithins), sunflower oil, 0,35% salt, 0,2% dark chocolate (sugar, cocoa mass, cocoa butter, natural vanilla flavouring, emulsifier: lecithins (SOY)), 0,1% sea salt, glucose syrup, glazing agents: gum arabic (acacia gum); shellac, dextrin. May contain cereals containing GLUTEN,NUTS and SESAME

Containing Allergens

Celery	No	Gluten	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	Yes	Peanuts	Yes	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	Sesame
Country of Origin	Netherlands
Storage Instructions	Store in cool dry conditions out of direct sunlight
Instructions for use	NA
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	2224	Energy (kcal)	533	Salt	1.48
Fat	33.1	of which saturates	10.7		
Carbohydrate	41.5	of which sugars	21.8		
Fibre	4.3	Protein	14.1		

Suitable for vegetarians	No	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	No

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Name of Product	More Food Belgian Milk Chocolate Caramel Shortbread 65g
Manufacturer's Name and Address	Sussex Bakes Ltd (t/a More Food), Unit 4-5, Rutland Way, Chichester, West Sussex, United Kingdom, PO19 7RT
Supplier Name and Address	Sussex Bakes Ltd (t/a More Food), Unit 4-5, Rutland Way, Chichester, West Sussex, United Kingdom, PO19 7RT
Ingredients	Caramel (36%) (Sweetened Condensed Skimmed MILK (MILK , Sugar, Lactose (MILK)), Glucose Syrup, Invert Sugar Syrup, Palm Oil, Sweet Cream Salted Butter (Butter Fat (MILK), Water, Salt), Sugar, Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabiliser (Pectin), Salt, Natural Flavouring), WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), MILK Chocolate (15%) (Sugar, Cocoa Butter, Whole MILK Powder, Cocoa Mass, Emulsifier (SOYA Lecithin), Natural Vanilla Flavouring), Butter (MILK), Margarine (Vegetable Oils (Palm, Rapeseed), Water, Salt, Emulsifier (Mono- and Diglycerides of Fatty Acids)), Caster Sugar, Cornflour, White Chocolate Flavour Coating (1%) (Sugar, Palm Oil, Whey Powder (MILK), Emulsifier (Lecithins), Natural Flavouring).

Containing Allergens

Celery	No	Gluten	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	Eggs Tree Nuts
Country of Origin	United Kingdom
Storage Instructions	Store in a cool, dry place, out of direct sunlight.
Instructions for use	N/A
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	2065	Energy (kcal)	494	Salt	0.44
Fat	26	of which saturates	16		
Carbohydrate	59	of which sugars	36		
Fibre	0.9	Protein	4.9		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	No
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	No

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Name of Product	More Food Chocolate Fudge 80g
Manufacturer's Name and Address	Sussex Bakes Ltd (t/a More Food), Unit 4-5, Rutland Way, Chichester, West Sussex, United Kingdom, PO19 7RT
Supplier Name and Address	Sussex Bakes Ltd (t/a More Food), Unit 4-5, Rutland Way, Chichester, West Sussex, United Kingdom, PO19 7RT
Ingredients	Biscuit Pieces (32%) (WHEAT Flour (WHEAT Flour, Calcium, Iron, Niacin, Thiamin), Sugar, Palm Oil, Glucose-Fructose Syrup, BARLEY Malt Extract, Raising Agents (Sodium Hydrogen Carbonate, Ammonium Hydrogen Carbonate), Salt), Golden Syrup, Dark Chocolate (17%) (Cocoa Mass, Sugar, Cocoa Butter, Emulsifier (SOYA Lecithin), Natural Vanilla Flavouring), Dark Chocolate Flavour Coating (17%) (Sugar, Vegetable Oil (Palm Kernel, Palm Oil), Fat Reduced Cocoa Powder, WHEAT Flour (WHEAT Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Whey Powder (MILK), Emulsifiers (SOYA Lecithin, Polyglycerol Polyricinoleate), Natural Flavouring), Butter (MILK), Sweet Dusting (Dextrose, WHEAT Starch, Vegetable Oils (Palm, Rapeseed), Salt, Natural Flavouring), Salt.

Containing Allergens

Celery	No	Gluten	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	Eggs Tree Nuts
Country of Origin	United Kingdom
Storage Instructions	Store in a cool, dry place, out of direct sunlight.
Instructions for use	N/A
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	2028	Energy (kcal)	485	Salt	0.62
Fat	25	of which saturates	16		
Carbohydrate	59	of which sugars	39		
Fibre	3.1	Protein	4.4		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	No
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	No

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Name of Product	Stas Chocolatier Hot Chocolate Spoon with Marshmallows Gold Ribbon 30g
Manufacturer's Name and Address	Stas Chocolatier, Boundary House, Shaftesbury, Dorset, United Kingdom, SP7 9BT
Supplier Name and Address	Stas Chocolatier, Boundary House, Shaftesbury, Dorset, United Kingdom, SP7 9BT
Ingredients	MILK Chocolate (Sugar, Cocoa Butter, Cocoa Mass, Skimmed MILK Powder, MILK Fat, MILK Sugar, Emulsifier: SOYA Lecithin), Mini Marshmallows (Glucose-Fructose Syrup, Sugar, Water, Gelatine, Maize Starch, Flavouring), Coconut Oil.

Containing Allergens

Celery	No	Gluten	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	Cereals containing gluten namely wheat Tree Nuts Peanuts
Country of Origin	United Kingdom
Storage Instructions	Store in a cool dry place away from direct sunlight
Instructions for use	N/A
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	2077	Energy (kcal)	527	Salt	0.1
Fat	29	of which saturates	18		
Carbohydrate	59	of which sugars	57		
Fibre	2.2	Protein	10		

Suitable for vegetarians	No	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	No
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	No

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Name of Product	Stas Milk Chocolate Bar with White Chocolate Drizzle, Fruit, Nuts & Pumpkin Seeds - Gold Ribbon 100g
Manufacturer's Name and Address	Stas Chocolatier, Boundary House, Shaftesbury, Dorset, United Kingdom, SP7 9BT
Supplier Name and Address	Stas Chocolatier, Boundary House, Shaftesbury, Dorset, United Kingdom, SP7 9BT
Ingredients	MILK Chocolate (Sugar, Cocoa Butter, Cocoa Mass, Skimmed MILK Powder, MILK Fat, MILK Sugar, Emulsifier: SOYA Lecithin), ALMONDS [NUTS] , PECAN NUTS , White Chocolate (Sugar, Cocoa Butter, Whole MILK Powder, Skimmed MILK Powder, Emulsifier: Lecithins (SOYA), Natural Vanilla Flavouring), Coconut Oil, Cranberries, Sugar, Sunflower Oil, Pumpkin Seeds.

Containing Allergens

Celery	No	Gluten	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	Yes	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	Cereals containing gluten namely wheat Peanuts
Country of Origin	United Kingdom
Storage Instructions	Store in a cool dry place away from direct sunlight
Instructions for use	N/A
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	2322	Energy (kcal)	557	Salt	0.1
Fat	35	of which saturates	18		
Carbohydrate	49	of which sugars	50		
Fibre	3.2	Protein	1		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	No
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	No