P.S. Occasionally we come up against supply problems which means we have to substitute bits in our hampers.

Don't worry anything we swap in will always be same value and quality (or higher) than the original, and we'll make sure it meets any dietary requirements.

Just bear in mind if we do have to do a swap, the nutritional and allergy summaries on here might not be quite right.

Name of Product	Maple Falls Mulled Wine 75cl
Manufacturer's Name and Address	Broadland Drinks Ltd, The New Winery, Chapel Street, Cawston, Norfolk, United Kingdom, NR10 4BG
Supplier Name and Address	Broadland Drinks Ltd, The New Winery, Chapel Street, Cawston, Norfolk, United Kingdom, NR10 4BG
Ingredients	Contains **SULPHITES**

CONTAINING ALLERGENS					
Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	Yes		

May contain statements	
Country of Origin	United Kingdom
Storage Instructions	Store in a cool place away from direct sunlight
Instructions for use	Delicious served warm, but do not boil.
Alcoholic Strength	5

NUTRITION LABELLING - TYPICAL VALUE PER 100g / 100ml			
Energy (kj)	233	Energy (kcal)	56
Fat	-1	of which saturates	0
Carbohydrate	6.7	of which sugars	6.5
Fibre	0	Protein	0
Salt	0.4		

SUITABLE / FREE FROM			
Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	No	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

Name of Product	Buttermilk Salted Caramel Fudge - Black Festive Design 100g
Manufacturer's Name and Address	Buttermilk Confections Ltd, Unit 5, Cooksland Industrial Estate, Bodmin, CORNWALL, United Kingdom, PL31 2QB
Supplier Name and Address	Buttermilk Confections Ltd, Unit 5, Cooksland Industrial Estate, Bodmin, CORNWALL, United Kingdom, PL31 2QB
Ingredients	Sugar, Sweetened Condensed **MILK** (Whole **MILK**, Sugar), Salted Butter (**MILK**, Salt), Golden Syrup, Glucose Syrup, Sea Salt (0.5%), Natural Caramel Flavouring (0.2%).

CONTAINING ALLERGENS					
Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Tree Nuts, Peanuts
Country of Origin	UK
Storage Instructions	Store in cool, dark, dry conditions. Do not refrigerate. Once open keep tightly sealed and consume within two weeks.
Instructions for use	N/A
Alcoholic Strength	0

NUTRITION LABELLING - TYPICAL VALUE PER 100g / 100ml			
Energy (kj)	1630	Energy (kcal)	387
Fat	11	of which saturates	6.9
Carbohydrate	70.6	of which sugars	67.2
Fibre		Protein	1.3
Salt	0.3		

SUITABLE / FREE FROM			
Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

Name of Product	Myrtle & Olive Cheese Palmiers - Black & Gold Label 80g
Manufacturer's Name and Address	DE KROES FEUILLETAGE, rue champs de la perdrix, SEMUR EN AUXOIS, Burgundy, France, 21140
Supplier Name and Address	De Kroes Feuilletage, rue champs de la perdrix, SEMUR EN AUXOIS, Burgundy, France, 21140
Ingredients	**WHEAT** flour, Butter (**MILK**), Gouda (pasteurised cow **MILK**, salt, starter, Microbial rennet) (12%), Edam (pasteurised cow **MILK**, salt, starter, Microbial rennet) (5,9%), Salt, Yeast, Colour : E160c.

CONTAINING ALLERGENS					
Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Eggs, Tree Nuts, Sesame, Soybeans
Country of Origin	France
Storage Instructions	store in cool and dry place
Instructions for use	ready to eat
Alcoholic Strength	0

NUTRITION LABELLING - TYPICAL VALUE PER 100g / 100ml			
Energy (kj)	2159	Energy (kcal)	517
Fat	30	of which saturates	20
Carbohydrate	48	of which sugars	1.3
Fibre		Protein	13
Salt	3.1		

SUITABLE / FREE FROM			
Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	No
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	No

Name of Product	Fairfields Farm Crisps Sea Salt & Black Pepper 150g
Manufacturer's Name and Address	Fairfields Farm Produce Ltd, Fordham Road, Wormingford, Essex, UK, CO6 3AQ
Supplier Name and Address	Fairfields Farm Produce Ltd, Fordham Road, Wormingford, Essex, UK, CO6 3AQ
Ingredients	Potato, Rapeseed Oil, Rice Flour, Maltodextrin, Black Pepper, Sea Salt, Yeast Extract, Salt, Sugar, Onion Powder, Yeast Powder, Natural Black Pepper Flavour

CONTAINING ALLERGENS					
Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	UK
Storage Instructions	Store in cool dry place, away from sunlight
Instructions for use	Ready to eat
Alcoholic Strength	0

NUTRITION LABELLING - TYPICAL VALUE PER 100g / 100ml			
Energy (kj)	2125	Energy (kcal)	509
Fat	28	of which saturates	3.7
Carbohydrate	60	of which sugars	0.5
Fibre	3.1	Protein	6.2
Salt	1		

SUITABLE / FREE FROM			
Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

Name of Product	Mr Filbert's Salt & Pepper Cashews 40g
Manufacturer's Name and Address	Filbert's Fine Foods, Greens Barn, West Pennard, Glastonbury, Somerset, United Kingdom, BA6 8NX
Supplier Name and Address	Filbert's Fine Foods Limited, Greens Barn, West Pennard, Glastonbury, Somerset, United Kingdom, BA6 8NX
Ingredients	**CASHEWS (NUTS)** 94% Sea Salt 2.4% Belgium Thickener (acacia gum, glucose, maltodextrin) Pepper 0.9%

CONTAINING ALLERGENS					
Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	Yes	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Peanuts
Country of Origin	United Kingdom
Storage Instructions	Ambient
Instructions for use	Snacking
Alcoholic Strength	0

NUTRITION LABELLING - TYPICAL VALUE PER 100g / 100ml			
Energy (kj)	2437	Energy (kcal)	587
Fat	46	of which saturates	79
Carbohydrate	21	of which sugars	6.1
Fibre	5.2	Protein	20
Salt	2.8		

SUITABLE / FREE FROM			
Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

Name of Product	Furniss Cornish Clotted Cream Shortbread (Silver Christmas Design Box) 160g
Manufacturer's Name and Address	Furniss of Cornwall Ltd, Druids Road, Redruth, Cornwall, United Kingdom, TR15 3RH
Supplier Name and Address	Furniss of Cornwall Ltd, Druids Road, Redruth, Cornwall, United Kingdom, TR15 3RH
Ingredients	**WHEAT** Flour (**WHEAT** Flour, Calcium, Iron, Niacin, Thiamin), Vegetable Fat (Vegetable Fats And Oils (Palm, Rapeseed), Water, Emulsifier (Distilled Monoglyceride), Flavouring, Colour (Annatto Bixin, Curcumin)), Cornflour, Sugar, Clotted Cream (6%) (**MILK**), Cornish Sea Salt

CONTAINING ALLERGENS					
Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Tree Nuts
Country of Origin	United Kingdom
Storage Instructions	Store in a cool dry place and once opened store in an airtight container
Instructions for use	N/A
Alcoholic Strength	0

NUTRITION LABELLING - TYPICAL VALUE PER 100g / 100ml			
Energy (kj)	2290	Energy (kcal)	547
Fat	30.2	of which saturates	12.2
Carbohydrate	67.5	of which sugars	19.5
Fibre		Protein	3.5
Salt	0.56		

SUITABLE / FREE FROM			
Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	No

Name of Product	Grandma Wild's 4 Mince Pies
Manufacturer's Name and Address	Grandma Wild's, The Bakery, Millennium Business Park, Station Road, Steeton, West Yorkshire, United Kingdom, BD20 6RB
Supplier Name and Address	Grandma Wild's, The Bakery, Millennium Business Park, Station Road, Steeton, West Yorkshire, United Kingdom, BD20 6RB
Ingredients	Mincemeat (44%) (Sugar, Vine Fruits (29%) (Raisins, Sultanas, Currants, Sunflower Oil) Apple Puree (Apple Puree, Potassium Sorbate), Glucose-Fructose Syrup, Mixed Peel (4%) (Orange Peel, Glucose-Fructose Syrup, Lemon Peel, Sugar, Acidity Regulator: Citric Acid), Vegetable Suet (Palm Oil, Rice Flour, Sunflower Oil), Modified Maize Starch, Mixed Spice, Acidity Regulator: Citric Acid, Colour: Caramel, Orange Oil, Lemon Oil), Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Niacin, Iron, Folic Acid, Thiamin), Vegetable Oil (Palm, Rapeseed, Water, Salt, Flavouring), Sugar, Water, Invert Sugar Syrup. Whilst every care has been taken, fruit stone/ stalk may remain.

CONTAINING ALLERGENS					
Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Eggs, Milk, Mustard, Tree Nuts, Soybeans
Country of Origin	United Kingdom
Storage Instructions	Store in a cool dry place avoiding direct sunlight. Once opened, keep in an airtight container and consume within 7 days.
Instructions for use	For best results serve warm. Directions: 1. Pre-heat oven to 180 °C (356 °F) Gas Mark 4. 2. Remove all packaging, except foil container. 3. Place on a baking tray on the middle oven shelf. 4. Reheat for 8-10 minutes. Fan assisted ovens may require less time. Caution, the filling may be extremely hot. Take extra care when eating. Do not re-heat in the microwave.
Alcoholic Strength	0

NUTRITION LABELLING - TYPICAL VALUE PER 100g / 100ml			
Energy (kj)	1600	Energy (kcal)	382
Fat	16	of which saturates	6
Carbohydrate	56	of which sugars	30
Fibre	1.1	Protein	3.1
Salt	0.33		

SUITABLE / FREE FROM			
Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	No
Free from alcohol	No	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	No

Name of Product	The Secret Truffletier Silver Foiled Milk Chocolate Truffles in Pyramid 55g
Manufacturer's Name and Address	Lessiter's Ltd, Lessiter's Ltd, 61 London Road, Knebworth, Hertfordshire, United Kingdom, sg3 6je
Supplier Name and Address	Lessiter's Ltd, Lessiter's Ltd, 61 London Road, Knebworth, Hertfordshire, United Kingdom, sg3 6je
Ingredients	Ingredients: sugar, cocoa butter, whole **MILK** powder, fresh cream (**MILK**), cocoa mass, glucose, sorbitol, alcohol, cocoa powder, (emulsifier) **SOYA** lecithin, natural flavouring. For allergens, see ingredients in CAPITALS. May contain traces of**NUTS**. **MILK** chocolate contains minimum 34% cocoa solids, 20% **MILK** solids.

CONTAINING ALLERGENS					
Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	Tree Nuts
Country of Origin	United Kingdom
Storage Instructions	Store in a cool dry place 12 -20oC our of direct light
Instructions for use	N/A
Alcoholic Strength	0.8

NUTRITION LABELLING - TYPICAL VALUE PER 100g / 100ml			
Energy (kj)	2174	Energy (kcal)	521
Fat	33.3	of which saturates	20.9
Carbohydrate	48.4	of which sugars	45.2
Fibre		Protein	5.9
Salt	0.2		

SUITABLE / FREE FROM			
Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	No	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

Name of Product	Popcorn Shed Cookies & Cream Popcorn 80g
Manufacturer's Name and Address	Popcorn Shed, Unit 5 Globe Business Park, First Avenue, Marlow, Buckinghamshire, United Kingdom, SL7 1YA
Supplier Name and Address	Popcorn Shed, 483 Green Lanes, London, London, United Kingdom, N13 4BS
Ingredients	Sugar, Popped Corn (24%), Glucose Syrup, White Chocolate Flavour (Sugar, Vegetable Fats (Palm, Shea), Whole **MILK** Powder, Emulsifier (E322 Sunflower Lecithin) and Natural Vanilla Flavouring) (13%), Butter (**MILK**), Biscuit Crumb (**GLUTEN** Free Flour Blend (Brown Rice, Potato, Maize), Sugar, Palm Oil (RSPO), Dried Rice Syrup, Raising Agent: Sodium Bicarbonate) (4%), Rapeseed Oil, Cocoa Powder (2%), Raising Agent: Bicarbonate of Soda, Sunflower Lecithin, Sea Salt

CONTAINING ALLERGENS					
Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	United Kingdom
Storage Instructions	Once opened, re-seal bag to ensure freshness
Instructions for use	N/A
Alcoholic Strength	0

NUTRITION LABELLING - TYPICAL VALUE PER 100g / 100ml			
Energy (kj)	2012	Energy (kcal)	481
Fat	16.8	of which saturates	7.7
Carbohydrate	76.7	of which sugars	39.9
Fibre	3.8	Protein	3.8
Salt	0.43		

SUITABLE / FREE FROM			
Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes