

P.S. Occasionally we come up against supply problems which means we have to substitute bits in our hampers.

Don't worry anything we swap in will always be same value and quality (or higher) than the original, and we'll make sure it meets any dietary requirements.

Just bear in mind if we do have to do a swap, the nutritional and allergy summaries on here might not be quite right.

DISCLAIMER: In the event of supply difficulties, we reserve the right to substitute any items with replacements of equal or higher quality and value that may or may not be listed in the contents section of the product descriptions. For special dietary hampers, suitable substitutions will be made.

In the event that a substitution is made, the nutritional and allergen summaries on our website may not reflect the true contents of the hamper.

Name of Product	Cambrook Hickory Smoke Seasoned Almonds 80g
Manufacturer's Name and Address	Cambrook Foods Ltd, Unit B1/B2, Howard Tenens Estate, Macadam Way, Andover, Hampshire, United Kingdom, SP10 3LF
Supplier Name and Address	Cambrook Foods Ltd, Unit B1/B2, Howard Tenens Estate, Macadam Way, Andover, Hampshire, United Kingdom, SP10 3LF
Ingredients	94% ALMONDS (NUTS) , 4% Hickory Smoke Seasoning (Salt, Maltodextrin, Yeast Extract, Dextrose, Smoke Flavouring, Rapeseed Oil, Acidity regulator: Citric Acid), Stabiliser: Gum Arabic

Containing Allergens

Celery	No	Gluten	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	Yes	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	UK - manufacture
Storage Instructions	Store in a cool dry place.
Instructions for use	Eat as a snack anytime.
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	2399	Energy (kcal)	574	Salt	1.9
Fat	50	of which saturates	3.8		
Carbohydrate	9.2	of which sugars	5.5		
Fibre	7.3	Protein	21.2		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

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Name of Product	Pico a Pico Merlot Carmenère 75g
Manufacturer's Name and Address	El Wines Ltd T/A Ehrmanns, 483 Liverpool Road, London, United Kingdom, N7 8PG
Supplier Name and Address	El Wines Ltd T/A Ehrmanns, 483 Liverpool Road, London, N7 8PG
Ingredients	SULPHITES ,Yeast, Yeast Nutrient (DAP), Bentonite, Beef Gelatine, Cream of Tartar

Containing Allergens

Celery	No	Gluten	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	Yes		

May contain statements	
Country of Origin	Wine of Chile
Storage Instructions	Store in a cool, dry place away from direct sunlight.
Instructions for use	Once open, consume within 3 days.
Alcoholic Strength	13

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	310	Energy (kcal)	74	Salt	0
Fat	0	of which saturates	0		
Carbohydrate	1	of which sugars	1		
Fibre	0	Protein	0		

Suitable for vegetarians	No	Suitable for vegans	No
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	No	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

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Name of Product	Pico a Pico Sauvignon Blanc 75g
Manufacturer's Name and Address	El Wines Ltd T/A Ehrmanns, 483 Liverpool Road, London, United Kingdom, N7 8PG
Supplier Name and Address	El Wines Ltd T/A Ehrmanns, 483 Liverpool Road, London, United Kingdom, N7 8PG
Ingredients	Sauvignon Blanc Grapes, Yeast, Yeast Nutrient (DAP), Enzymes, Tartaric Acid, Bentonite Contains SULPHITES

Containing Allergens

Celery	No	Gluten	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	Yes		
May contain statements	Sesame				
Country of Origin	Chile				
Storage Instructions	Store in a cool, dry place away from direct sunlight.				
Instructions for use	Once open, refrigerate and consume within 3 days.				
Alcoholic Strength	13				

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	313	Energy (kcal)	75	Salt	0
Fat	0	of which saturates	0		
Carbohydrate	2.2	of which sugars	2.2		
Fibre	0	Protein	0		
Suitable for vegetarians	Yes	Suitable for vegans	Yes		
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes		
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes		
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes		
Free from alcohol	No	Free from artificial colours	Yes		
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes		

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Name of Product	Grandma Wild's Mini Bites For Sharing Cheddar & Chilli - Bespoke Red & White Box 100g
Manufacturer's Name and Address	Grandma Wilds, The Bakery, Millennium Business park The Bakery, Millennium Business park Station road, Steeton, BD20 6RB, West Yorkshire, W Yorks, United Kingdom, BD20 6RB
Supplier Name and Address	Grandma Wild's, The Bakery, Millennium Business park The Bakery, Millennium Business park Station road, Steeton, BD20 6RB, Keighley, West Yorkshire, United Kingdom, BD20 6RB
Ingredients	WHEAT flour (WHEAT flour, Calcium Carbonate, Iron, Niacin, Thiamin), Cheddar cheese (22%) (MILK , potato starch), vegetable oil (palm oil), OATMEAL , water, sugar, salt, chilli powder, natural flavouring, raising agents: disodium diphosphate, sodium bicarbonate.

Containing Allergens

Celery	No	Gluten	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Eggs Mustard Tree Nuts Peanuts Sesame Soybeans Sulphites/Sulphur Dioxide
Country of Origin	United Kingdom
Storage Instructions	Storage Conditions: Store in a cool dry place avoiding direct sunlight. Once opened, keep in an airtight container and consume within 30 days.
Instructions for use	N/A
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1948	Energy (kcal)	466	Salt	2.09
Fat	27	of which saturates	14		
Carbohydrate	42	of which sugars	3		
Fibre	3	Protein	12.6		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	No
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	No

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Name of Product	Highfield Preserves Boxing Day Chutney 290g
Manufacturer's Name and Address	Highfield Preserves Ltd, Unit 4 Highmount Court, Mid Devon Business Park, WILLAND, Devon, United Kingdom, EX15 2FB
Supplier Name and Address	Highfield Preserves Limited, Unit 4 Highmount Court, Mid Devon Business Park, WILLAND, Devon, United Kingdom, EX15 2FB
Ingredients	Apples (37%), Sugar, Cranberries (11%), White Wine Vinegar, Figs (7%), Sultanas, Onion, Brown Sugar, Spiced Cider (2%) (Cider, Cardamom, Nutmeg, Cloves, Cinnamon, Caramel), Fruit Pectin, Ginger, Salt.

Containing Allergens

Celery	No	Gluten	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	United Kingdom
Storage Instructions	Refrigerate after opening and use within six weeks.
Instructions for use	Not applicable
Alcoholic Strength	2

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	690	Energy (kcal)	163	Salt	0.16
Fat	0.5	of which saturates	0.1		
Carbohydrate	37	of which sugars	35		
Fibre	0	Protein	1.2		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	No	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

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Name of Product	Highfield Preserves Merry Berry Christmas Jam 320g
Manufacturer's Name and Address	Highfield Preserves Ltd, Unit 4 Highmount Court, Mid Devon Business Park, WILLAND, Devon, United Kingdom, EX15 2FB
Supplier Name and Address	Highfield Preserves Limited, Unit 4 Highmount Court, Mid Devon Business Park, WILLAND, Devon, United Kingdom, EX15 2FB
Ingredients	Sugar, Victoria Plums (8%), Strawberries (8%), Raspberries (8%), Blackcurrants (8%), Cherries, Gelling Agent: Fruit Pectin, Cinnamon, Acidity Regulator: Citric Acid, Mulling Spices (Cloves, Nutmeg, Cardamom, Caramel). Prepared with 48g of mixed fruit per 100g. Total sugar content 65g per 100g. May contain fruit stones.

Containing Allergens

Celery	No	Gluten	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	United Kingdom
Storage Instructions	Refrigerate after opening and use within six weeks.
Instructions for use	Not applicable
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1060	Energy (kcal)	250	Salt	0.01
Fat	0.5	of which saturates	0.1		
Carbohydrate	61	of which sugars	60		
Fibre	0	Protein	0.5		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

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Name of Product	Joe & Seph's Mince Pie Popcorn with Caramel, Brandy Infused Fruit & Almond 80g
Manufacturer's Name and Address	Joe's Gourmet Foods, 3 Willen Field Road, London, United Kingdom, NW10 7BQ
Supplier Name and Address	Joe's Gourmet Foods, 3 Willen Field Road, London, United Kingdom, NW10 7BQ
Ingredients	Corn, Mixed Dried Fruit {Raisins, Currants, Sultanas, Vegetable Oil}, Sugar, Butter (MILK), Corn Syrup, Brandy (5%), ALMONDS (NUTS) , Mixed Peel {Orange and Lemon Peel, Glucose, Citric Acid}, Cinnamon, Mixed Spices {Coriander, Cinnamon, Clove, Ginger, Nutmeg}

Containing Allergens

Celery	No	Gluten	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	Yes	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Peanuts Sesame
Country of Origin	United Kingdom
Storage Instructions	Store in a cool,dry, dark place
Instructions for use	Once open, consume within five days.
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1680	Energy (kcal)	403	Salt	0.4
Fat	16.9	of which saturates	9.1		
Carbohydrate	60.8	of which sugars	44.8		
Fibre	3.0	Protein	3.2		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

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Name of Product	Forest Feast 60% Cocoa Dark Chocolate Sour Cherries 120g
Manufacturer's Name and Address	Kestrel Foods Ltd, Unit 8 Carn Drive, Carn Industrial Estate, Craigavon, Armagh, United Kingdom, BT63 5WJ
Supplier Name and Address	Kestrel Foods Ltd, Unit 8 Carn Drive, Carn Industrial Estate, Craigavon, Armagh, United Kingdom, BT63 5WJ
Ingredients	Dark Chocolate (70%) (Cocoa Mass, Sugar, Cocoa Butter, Emulsifier (SOYA Lecithin), Natural Vanilla Flavouring), Cherries (28%) (Sour Cherries, Sugar, Sunflower Oil), Glazing Agent (Gum Arabic), Glucose Syrup, Vegetable Oil (RSPO Approved Palm Oil), Citric Acid. Dark Chocolate contains 60% cocoa solids minimum.

Containing Allergens

Celery	No	Gluten	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	Milk Tree Nuts Peanuts Sesame
Country of Origin	UK
Storage Instructions	Store in a cool dry place.
Instructions for use	N/A
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1985	Energy (kcal)	474	Salt	0.1
Fat	24.7	of which saturates	15.2		
Carbohydrate	53.5	of which sugars	47.4		
Fibre	7.8	Protein	5.3		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

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Name of Product	Maxwell & Franks 4 Mince Pies - White & Gold Design 0g
Manufacturer's Name and Address	Maxwell & Franks Ltd, 4 Centurion Way, Crusader Park, Warminster, Wiltshire, United Kingdom, BA12 8BT
Supplier Name and Address	Maxwell & Franks Ltd, 4 Centurion Way, Crusader Park, Warminster, Wiltshire, United Kingdom, BA12 8BT
Ingredients	Fortified WHEAT Flour (WHEAT Flour, Calcium Carbonate, Niacin, Iron, Thiamín),Mincemeat (33%) [Sugar, Apple Puree, Currents, Sunflower Oil), Sultanas (10%)(Sultanas, Sunflower Oil), Mixed Peel (4%) (Orange Peel, Glucose – Fructose Syrup, Sugar, Lemon Peel, Acidity Regulator: Citric Acid), Vegetable Suet (3%) (Palm Oil, Rice Flour, Sunflower Oil), Mixed Spice, Acidity Regulator: Acetic Acid], Vegetable Oils (Palm Oil, Rapeseed Oil, Salt, Citric Acid, Colour: Natural Carotenes), Sugar, Preservative: Potassium Sorbate, Raising Agent: (Diphosphates, Sodium Carbonates, Fortified WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin))

Containing Allergens

Celery	No	Gluten	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Eggs Milk Tree Nuts Soybeans Sulphites/Sulphur Dioxide
Country of Origin	United Kingdom
Storage Instructions	Store in a cool dry place avoiding direct sunlight
Instructions for use	Once opened, keep in an airtight container and consume within 7 days
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1713	Energy (kcal)	408	Salt	0.2
Fat	17	of which saturates	5.9		
Carbohydrate	61	of which sugars	29		
Fibre	0	Protein	3.7		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	No
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	No

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Name of Product	Maxwell & Franks 4" Round Chocolate Salted Caramel Cake with Gold Stars and Mini Gold Star Sprinkles 280g
Manufacturer's Name and Address	Maxwell & Franks Ltd, Unit 4 Roman Way, Crusader Business Park, Warminster, Wiltshire, United Kingdom, BA12 8BT
Supplier Name and Address	Maxwell & Franks Ltd, Unit 4 Roman Way, Crusader Business Park, Warminster, Wiltshire, United Kingdom, BA12 8BT
Ingredients	Light Brown Sugar (Sugar, Cane Molasses, Invert Sugar Syrup), Whole EGG , Margarine (Vegetable Oils (Palm, Rapeseed), Salt, Citric Acid), Flour (WHEAT Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Glucose Syrup, Dark Chocolate Chips (8%) (Sugar, Cocoa Mass, Cocoa Butter, Emulsifier: SOYA Lecithin, Vanilla Flavouring), Vegetable Glycerine (Rapeseed Oil), Fat Reduced Cocoa Powder, Dark Chocolate Icing [Sugar, Vegetable Oil (Rapeseed, Palm), Glucose Syrup, Fat Reduced Cocoa Powder, Emulsifiers (Mono-and Diglycerides of Fatty Acids (Palm Oil), SOYA Lecithin), Salt, Preservative (Potassium Sorbate), Natural Flavouring], Salted Caramel Topping [Sugar, Glucose Syrup, Sweetened Condensed MILK (MILK , Sugar, Lactose (MILK)), Water, Unsalted Butter (MILK), Golden Syrup (Partially Inverted Refiners'' Syrup), Palm Oil, Salt, Emulsifiers (Lecithin, Sorbitan Monostearate), Dried Glucose Syrup, Natural Flavouring], Gold Star Decoration [Sugar, Glucose Syrup, Palm Oil, Emulsifier: Acacia Gum, Humectant: Glycerine, Emulsifier: Mono-and Diglycerides of Fatty Acids (Palm Oil), Stabiliser: Xanthan Gum, Colours (Titanium Dioxide, Iron Oxide), Glazing Agent: Shellac], Raising Agent (Diphosphates, Sodium Carbonates, Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin)), Preservative: Potassium Sorbate, Mini Gold Star Decoration [Sugar, Potato Starch, Sunflower Oil, Rice Flour, Colours (Riboflavin, Titanium Dioxide, Iron Oxide), Glazing Agent: Shellac].

Containing Allergens					
Celery	No	Gluten	Yes	Crustaceans	No
Eggs	Yes	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		
May contain statements	Tree Nuts Sulphites/Sulphur Dioxide				
Country of Origin	UK				
Storage Instructions	Store in a cool dry place				
Instructions for use	Once opened consume within 3 days				
Alcoholic Strength	0				

Nutrition Labelling - Typical value Per 100g / 100ml					
Energy (kj)	1658	Energy (kcal)	396	Salt	0.53
Fat	18	of which saturates	7.4		
Carbohydrate	54	of which sugars	31		
Fibre	0	Protein	5.6		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	No
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	No

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Name of Product	Maxwell & Franks Christmas Pudding Wrapped in Gold Foil with Tag 350g
Manufacturer's Name and Address	Maxwell & Franks Ltd, 4 Centurion Way, Crusader Park, Warminster, Wiltshire, UK, BA12 8BT
Supplier Name and Address	Maxwell & Franks Ltd, 4 Centurion Way, Crusader Park, Warminster, Wiltshire, UK, BA12 8BT
Ingredients	Sultanas 25% (Sultanas, Sunflower Oil), Sugar, Breadcrumbs (Fortified WHEAT flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin Thiamin), Salt, Yeast) Fortified WHEAT flour ((WHEAT Flour, Calcium Carbonate, Niacin, Iron, Thiamin), WHEAT GLUTEN) Somerset Cider (7%)(Preservative (Sodium MetabiSULPHITE)), Vegetable Suet (Vegetable Fat (Palm Oil, WHEAT Flour) Black Treacle (Cane Molasses, Invert Sugar Syrup), Vegetable Glycerine (Rapeseed Oil), Glucose Syrup (derived from WHEAT), Mixed Spice, Colour (Caramel E150a), Salt, Acidity Regulator (Citric Acid), Preservative (Potassium Sorbate), Lemon Flavouring.

Containing Allergens

Celery	No	Gluten	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	Yes		

May contain statements	Eggs Milk Tree Nuts Soybeans
Country of Origin	UK
Storage Instructions	Store in a cool dry place
Instructions for use	Remove foil & label. TO MICROWAVE: Cook on full power for 2 minutes (time based on a 800w output. If different refer to manufacturers handbook) TO STEAM OR BOIL: Place in a steamer or boil in a saucepan filled to half depth of the pudding with water. Cook for 45 minutes. Do not boil dry.
Alcoholic Strength	6

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1672	Energy (kcal)	376	Salt	0.31
Fat	7.9	of which saturates	4.1		
Carbohydrate	66.4	of which sugars	46.5		
Fibre	0	Protein	3.6		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	No
Free from alcohol	No	Free from artificial colours	No
Free from artificial flavours	Yes	Suitable for coeliac sufferers	No

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Name of Product	Peter's Yard Sourdough Crispbread Spelt & Fig in Box 100g
Manufacturer's Name and Address	The Celtic Bakers Ltd, Unit K2 -K5, Mowlem Industrial Estate,Leeside Road, London, Tottenham, UK, N17 0QJ
Supplier Name and Address	Peter's Yard Wholesale Ltd, 1 Brassey Road Old Potts Way, Shrewsbury, Shropshire, SY3 7FA
Ingredients	SPELT WHEAT flour 79%, MILK , dried fig pieces 16%, sourdough 10% (RYE flour, water), honey, sea salt.

Containing Allergens

Celery	No	Gluten	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Tree Nuts Sesame
Country of Origin	UK
Storage Instructions	Ambient, cool and dry place
Instructions for use	na
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1573	Energy (kcal)	372	Salt	1.7
Fat	3.5	of which saturates	1.1		
Carbohydrate	79	of which sugars	8		
Fibre	6.9	Protein	12		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	No

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Name of Product	Linden Lady 8 Chocolates with Gold Stars & Sprinkles in Strip Pack 100g
Manufacturer's Name and Address	Linden Lady Chocolates Ltd, Walnut Tree Farm, Birch Road, Copford, Colchester, Essex, United Kingdom, CO6 1DR
Supplier Name and Address	Linden Lady Chocolate Ltd, Walnut Tree Farm, Birch Road, Copford, Colchester, Essex, United Kingdom, CO6 1DR
Ingredients	Sugar , cocoa butter, whole MILK powder, cocoa mass, emulsifier (SOYA lecithin), natural vanilla flavour). MILK chocolate contains: Min. cocoa solids 33%, MILK solids: 20%, CREAM , skimmed MILK powder, glucose syrup, rice starch, concentrated grape juice, Marc de Champagne (3.7%), Butter (MILK), fondant (glucose, sugar, water). Decorations: Icing sugar, glucose syrup, palm oil, invert sugar syrup, sugar, corn /potato starch, maltodextrin, vegetable fat (coconut). Stabilisers: E414, E415. Emulsifiers: E471. Humectant: E422. Glazing agent: E903, E904. Anti-caking agent: E555. Colours: E100, E160c, E163, E171, E172.

Containing Allergens

Celery	No	Gluten	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	Tree Nuts
Country of Origin	United Kingdom
Storage Instructions	In the dry, out of direct sunlight at a temperature 15-22c
Instructions for use	n/a
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	2175.2	Energy (kcal)	519.2	Salt	0.4
Fat	30.1	of which saturates	14.1		
Carbohydrate	53.8	of which sugars	51		
Fibre	0	Protein	5.6		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	No
Free from artificial flavours	No	Suitable for coeliac sufferers	Yes

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Name of Product	Crunch & Crumble Shortbread Biscuits 150g
Manufacturer's Name and Address	Maxwell & Franks Ltd, Boundary House, Littledown Business Park, Shaftesbury, Dorset, United Kingdom, SP7 9BT
Supplier Name and Address	Maxwell & Franks Ltd, Boundary House, Littledown Business Park, Shaftesbury, Dorset, United Kingdom, SP7 9BT
Ingredients	Fortified WHEAT Flour (WHEAT Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Salted Butter (40%) (Butter (MILK), Salt), Sugar, Cornflour.

Containing Allergens

Celery	No	Gluten	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Eggs Tree Nuts Soybeans
Country of Origin	UK
Storage Instructions	Store in a cool dry place out of direct sunlight.
Instructions for use	Once opened store in an airtight container and consume within 3 days.
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1991	Energy (kcal)	479	Salt	0.75
Fat	34	of which saturates	21		
Carbohydrate	38	of which sugars	21		
Fibre	1.7	Protein	4.3		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	No
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	No

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Name of Product	Choc-affair Christmas Pudding Dark Chocolate Bar 90g
Manufacturer's Name and Address	Choc Affair Ltd, Cocoa Corner, Yorvale Business Park, York, North Yorkshire, United Kingdom, YO10 3DR
Supplier Name and Address	Choc Affair Ltd, Cocoa Corner, Yorvale Business Park, York, North Yorkshire, United Kingdom, YO10 3DR
Ingredients	Colombian Dark Chocolate (min. cocoa solids 60%) (cocoa mass, sugar, cocoa butter, emulsifier: SOYA lecithin, natural vanilla flavouring), Natural Flavouring.

Containing Allergens

Celery	No	Gluten	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	Cereals containing gluten namely wheat Milk Tree Nuts Peanuts
Country of Origin	Made in the UK
Storage Instructions	Store in a cool, dry place
Instructions for use	N/A
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	2346	Energy (kcal)	560	Salt	0.01
Fat	37	of which saturates	22		
Carbohydrate	52	of which sugars	39		
Fibre	0	Protein	6		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	No

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Name of Product	Odysea Big Kalamata Pitted Olives 290g
Manufacturer's Name and Address	Pelopac SA, Industrial Area of Thessaloniki, Sindos, Thessaloniki, Greece, 57022
Supplier Name and Address	Odysea Limited, 2 Dorma Trading Park, London, E10 7QX
Ingredients	Kalamata Olives, Water, Sea Salt, Red Wine Vinegar, Extra Virgin Olive Oil (2%), Acidity Regulator (Lactic Acid)

Containing Allergens

Celery	No	Gluten	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	Greece
Storage Instructions	Store in a cool and dry place.
Instructions for use	Once opened, keep covered in brine, refrigerate and consume within 2 weeks.
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1147	Energy (kcal)	273	Salt	3.5
Fat	29	of which saturates	3.5		
Carbohydrate	0.8	of which sugars	0.5		
Fibre	4.2	Protein	2.1		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

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Name of Product	Yorkshire Crisps Cheddar & Caramelised Onion Chutney Bag 150g
Manufacturer's Name and Address	Yorkshire Crisps, Unit 1-4, Waleswood industrial est, Sheffield, South Yorkshire, United Kingdom, S26 5PY
Supplier Name and Address	The Yorkshire Crisp Company, Unit 1-4, Waleswood industrial est, Sheffield, South Yorkshire, United Kingdom, S26 5PY
Ingredients	Potatoes, Sunflower Oil, Sugar, Whey Powder (MILK), Salt, Cheese Powder (MILK), Onion, Balsamic Vinnegar (Red Wine Vinegar, Grape Must) Powder, Yeast extract, Dried Malt Vinegar, Molasses Extract, Acidity Regulator: Citric acid, Natural Flavouring, Rapeseed oil, Black Pepper, Pimento, Paprika Extract

Containing Allergens

Celery	No	Gluten	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	yorkshire potatoes, UK
Storage Instructions	store in cool dry place away from bright light
Instructions for use	ready to eat
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	2150.4	Energy (kcal)	513.5	Salt	1.6
Fat	24.3	of which saturates	5.7		
Carbohydrate	66.4	of which sugars	2.6		
Fibre	0	Protein	7.3		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

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Name of Product	Tregroes Dark Chocolate Waffles 270g
Manufacturer's Name and Address	Tregroes Waffle Bakery Ltd, Unit 2 Pencader Rd SA44 4AE, Llandysul, Carmarthenshire, United Kingdom, SA444AE
Supplier Name and Address	Tregroes Waffle Bakery Ltd, Unit 2 Pencader Rd, Llandysul, Carmarthenshire, United Kingdom, SA444AE
Ingredients	Belgian Dark Chocolate (min. 53% Cocoa solids): (Cocoa mass, Sugar, Cocoa Butter, SOYA lecithin, Natural vanilla), WHEAT flour (Calcium carbonate, Iron, Niacin, Thiamin), Glucose syrup, Sugar, Non-hydrogenated vegetable oils (Palm & Rapeseed), Butter (14% of filling) (MILK), Free Range EGGS , Invert sugar syrup, SOYA Lecithin, Raising agent: Sodium bicarbonate, Salt, Cinnamon.

Containing Allergens

Celery	No	Gluten	Yes	Crustaceans	No
Eggs	Yes	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	United Kingdom
Storage Instructions	Ambient, away from direct sunlight
Instructions for use	n/a
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	2115	Energy (kcal)	505	Salt	0.5
Fat	24.8	of which saturates	12.8		
Carbohydrate	64.7	of which sugars	26.9		
Fibre	3	Protein	4.3		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	No
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	No

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Name of Product	Ca' Vescovo Prosecco Brut 75cl
Manufacturer's Name and Address	Casa Vinicola Zonin S.p.A., via Borgolecco, 9, Gambellara (VI), Vicenza, Italy, 36053
Supplier Name and Address	Zonin UK Ltd, Priory House, Cloisters Business Centre, London, England, SW8 4BG
Ingredients	Glera (White Wine, Grape Must) 85%, White Wine (Chardonnay, Pinot bianco, Pinot grigio, Pinot noir vinified white) 15%, Potassium metabiSULPHITE , Made using (Sucrose, Yeast powder, Diammonium Phosphate, Thiamine Hydrochloride), Fining agents (Bentonite, Polyvinylpolypyrrolidone).

Containing Allergens

Celery	No	Gluten	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	Yes		

May contain statements	
Country of Origin	Italy
Storage Instructions	Store in a cool, dry place
Instructions for use	Best served chilled. Once opened, keep refrigerated and consume within 3 days.
Alcoholic Strength	11

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	293	Energy (kcal)	70	Salt	0
Fat	0	of which saturates	0		
Carbohydrate	18.5	of which sugars	13.5		
Fibre	0	Protein	0		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	No	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes