

P.S. Occasionally we come up against supply problems which means we have to substitute bits in our hampers.

Don't worry anything we swap in will always be same value and quality (or higher) than the original, and we'll make sure it meets any dietary requirements.

Just bear in mind if we do have to do a swap, the nutritional and allergy summaries on here might not be quite right.

Name of Product	R&R Robert & Reeves Prosecco 20cl
Manufacturer's Name and Address	Broadland Drinks Ltd, Broadland Drinks Ltd, The New Winery Chapel St Cawston, NORWICH, Norfolk, United Kingdom, NR10 4BG
Supplier Name and Address	Broadland Drinks Ltd, Broadland Drinks Ltd, The New Winery Chapel St Cawston, NORWICH, Norfolk, United Kingdom, NR10 4BG
Ingredients	Grapes (Contains <b>Sulphites</b> )

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	Yes		

May contain statements	
Country of Origin	Italy
Storage Instructions	from 5°C to 20 °C away from direct light
Instructions for use	N/A
Alcoholic Strength	11

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	0	Energy (kcal)	0	Salt	0
Fat	0	of which saturates	0		
Carbohydrate	0	of which sugars	0		
Fibre	0	Protein	0		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	No	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Radfords Handmade West Country Chocolate & Caramel Fudge Bag 113g
Manufacturer's Name and Address	Clarence and Bean Ltd, 12 Howden Road, Howden Industrial Estate, Tiverton, Devon, United Kingdom, EX16 5HW
Supplier Name and Address	Clarence & Bean Ltd, 12 Howden Road, Howden Industrial Estate, Tiverton, Devon, United Kingdom, EX16 5HW
Ingredients	Sugar, Glucose Syrup, Full Fat Condensed <b>MILK</b> , Palm Oil, Chocolate (4%) {Cocoa Mass, Sugar, Cocoa Butter, Emulsifier: <b>SOYA</b> Lecithin, Natural Vanilla Flavouring}, Clotted Cream ( <b>MILK</b> ) (2%), Butter ( <b>MILK</b> ). Allergens highlighted in Bold. May contain traces of PEANUTS and tree NUTS.

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	Tree Nuts  Peanuts
Country of Origin	United Kingdom
Storage Instructions	Store in a cool dry place, away from direct sunlight.
Instructions for use	n/a
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1874	Energy (kcal)	452	Salt	0.2
Fat	14	of which saturates	7.1		
Carbohydrate	81	of which sugars	68.8		
Fibre	0	Protein	1		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Maxwell & Franks Mini Chocolate Salted Caramel Loaf with Gold Star and Gold Star Sprinkles 350g
Manufacturer's Name and Address	Maxwell & Franks Ltd, Unit 4 Roman Way, Crusader Park, Warminster, Wiltshire, United Kingdom, BA12 8BT
Supplier Name and Address	Maxwell & Franks Ltd, Unit 4 Roman Way, Crusader Park, Warminster, Wiltshiire, United Kingdom, BA12 8BT
Ingredients	Light Brown Sugar (Sugar, Cane Molasses, Invert Sugar Syrup), Whole <b>EGG</b> , Margarine (Vegetable Oils (Palm, Rapeseed), Salt, Citric Acid), Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Glucose Syrup, Dark Chocolate Chips (8%) (Sugar, Cocoa Mass, Cocoa Butter, Emulsifier: <b>SOYA</b> Lecithin, Vanilla flavouring), Vegetable Glycerine (Rapeseed Oil), Fat Reduced Cocoa Powder, Salted Caramel Topping [Sugar, Glucose Syrup, Sweetened Condensed <b>MILK</b> ( <b>MILK</b> , Sugar, Lactose ( <b>MILK</b> )), Unsalted Butter ( <b>MILK</b> ), Golden Syrup (Partially Inverted Refiners" Syrup), Palm Oil, Salt, Emulsifiers (Lecithin, Sorbitan Monostearate), Dried Glucose Syrup, Natural Flavouring], Dark Chocolate Icing [Sugar, Vegetable Oil (Rapeseed, Palm), Glucose Syrup, Fat Reduced Cocoa Powder, Emulsifiers (Mono-and Diglycerides of Fatty Acids (Palm Oil), <b>SOYA</b> Lecithin), Salt, Preservative (Potassium Sorbate), Natural Flavouring], Gold Star Decoration [Sugar, Glucose Syrup, Palm Oil, Emulsifier: Acacia Gum, Humectant: Glycerine, Emulsifier: Mono-and Diglycerides of Fatty Acids (Palm Oil), Stabiliser: Xanthan Gum, Colours (Titanium Dioxide, Iron Dioxide), Glazing Agent: Shellac], Raising Agent (Diphosphates, Sodium Carbonates, Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin)), Preservative: Potassium Sorbate, Mini Gold Star decoration (Sugar, Potato Starch, Sunflower Oil, Rice Flour, Colours (Riboflavin, Titanium Dioxide, Iron Dioxide), Glazing Agent: Shellac), Edible Gold Dust (Potassium Aluminium Silicate, Titanium Dioxide, Iron Dioxide)

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	Yes	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	Tree Nuts Sulphites/Sulphur Dioxide
Country of Origin	UK
Storage Instructions	store in a cool dry place
Instructions for use	Once opened consume within 3 days
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1659	Energy (kcal)	396	Salt	0.53
Fat	18	of which saturates	7.4		
Carbohydrate	54	of which sugars	31		
Fibre	0	Protein	5.6		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	No
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Yorkshire Flapjack Millionaires Slice 95g
Manufacturer's Name and Address	Yorkshire Flapjack, Park View Stores, Bridgehousegate, pateley bridge, North Yorkshire, United Kingdom, HG3 5HG
Supplier Name and Address	Yorkshire Flapjack, Park View Stores, Bridgehousegate, pateley bridge, North Yorkshire, United Kingdom, HG3 5HG
Ingredients	Luxury Caramel 41.5% ( Sweetened condensed skimmed ( <b>MILK</b> ), Glucose Syrup ( <b>SULPHITES</b> ), Golden Syrup, Palm Oil, Butter ( <b>MILK</b> ), Sugar, Water, Emulsifier; Mono – and diglycerides of fatty acids, Stabilisers; Pectin, Salt, Natural flavouring), Bakers Dark Chocolate Flavouring 20.7% ( Sugar, Palm Oil, Fat Reduced Cocoa Powder, Fortified <b>WHEAT</b> Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Whey Powder ( <b>MILK</b> ), Emulsifiers: <b>SOYA</b> Lecithin, E476; Natural Flavouring), <b>WHEAT</b> Flour 18.3% ( <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin (B3), Thiamin (B1), Ascorbic Acid), Margarine (Vegetable fat, Palm; Vegetable Oils, Rapeseed; (RSPO Sourced) Water, Natural flavouring, Sugar 6.5%

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	Yes		

May contain statements	Tree Nuts Peanuts Sesame
Country of Origin	UK
Storage Instructions	Ambient
Instructions for use	na
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1921	Energy (kcal)	459	Salt	0.4
Fat	25	of which saturates	13		
Carbohydrate	54	of which sugars	39		
Fibre	0.7	Protein	4.8		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	New English Teas Breakfast Tea 10 Tea Bags (Urban Grey Carton) 20g (PC16)
Manufacturer's Name and Address	New English Teas Ltd, Unit 6, Spitfire Close, Coventry Business Park, Coventry, West Midlands, United Kingdom, CV5 6UR
Supplier Name and Address	New English Teas Limited, Unit 6, Spitfire Close Coventry Business Park, Coventry, West Midlands, United Kingdom, CV5 6UR
Ingredients	Black Tea

**Containing Allergens**

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	India
Storage Instructions	Store in a cool dry place
Instructions for use	Allow to steep in boiling water for 2-3 minutes, add milk and sugar as desired
Alcoholic Strength	0

**Nutrition Labelling - Typical value Per 100g / 100ml**

Energy (kj)	0	Energy (kcal)	0	Salt	0
Fat	0	of which saturates	0		
Carbohydrate	0	of which sugars	0		
Fibre	0	Protein	0		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Coco Pzazz Milk Chocolate Giant Buttons in Pillow Pack 24g
Manufacturer's Name and Address	Rural Foodies Limited, 1 & 2 Village Workshops, Station Road, Caersws, Powys, United Kingdom, SY17 5NA
Supplier Name and Address	Rural Foodies Limited, 1 & 2 Village Workshops, Station Road, Caersws, Powys, United Kingdom, SY17 5NA
Ingredients	Milk Chocolate: sugar, cocoa butter, whole <b>MILK</b> powder, cocoa mass, emulsifier - <b>SOYA</b> lecithin- natural vanilla. Cocoa solids minimum 33.6% Milk solids minimum 20.8%

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	Tree Nuts Peanuts
Country of Origin	Made in Wales using sustainable chocolate grown in West Africa.
Storage Instructions	Store in a cool, dry place out of direct sunlight.
Instructions for use	n/a
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	2357	Energy (kcal)	563	Salt	0.3
Fat	36	of which saturates	22		
Carbohydrate	51	of which sugars	50		
Fibre	2	Protein	7		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Frank's Luxury All Butter Shortbread Mini Bites in Bag 50g
Manufacturer's Name and Address	Frank's Luxury Biscuits, Unit 4C, Ramsden Road, Rotherwas, Hereford, United Kingdom, United Kingdom, HR2 6NP
Supplier Name and Address	Frank's Luxury Biscuits, Unit 4C, Ramsden Road, Rotherwas, Hereford, United Kingdom, United Kingdom, HR2 6NP
Ingredients	Ingredients: <b>WHEAT</b> flour, (calcium carbonate, iron, nicotinamide, thiamine ), salted butter (32%) sugar

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Tree Nuts Peanuts Milk
Country of Origin	United Kingdom
Storage Instructions	Cool and dry
Instructions for use	Eat
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	2169	Energy (kcal)	519	Salt	0.7
Fat	29.7	of which saturates	19.1		
Carbohydrate	57.2	of which sugars	17.8		
Fibre	0	Protein	5.6		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		



Name of Product	nibnibs Choc Chip Biscuits in Bag with Black Ribbon 150g
Manufacturer's Name and Address	Nibnibs Ltd, Shawfield Road, Nibnibs Ltd, BARNSELEY, Yorkshire, United Kingdom, S71 3HS
Supplier Name and Address	nibnibs Ltd, Shawfield Road, Nibnibs Ltd, BARNSELEY, Yorkshire, United Kingdom, S71 3HS
Ingredients	Whole <b>WHEAT</b> Flour, Rolled <b>OATS</b> , Coconut Oil, Chocolate Chips (14%) (Cocoa Mass, Sugar, Dextrose, Emulsifier: <b>SOY</b> Lecithin), <b>OAT</b> flour, Sugar, Golden Syrup, Raising Agents (Sodium Bicarbonate, Disodium Diphosphate), Vanilla Flavouring.

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	United Kingdom
Storage Instructions	Cool dry place
Instructions for use	Ready to eat
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	2104	Energy (kcal)	503	Salt	0.46
Fat	25	of which saturates	19		
Carbohydrate	59	of which sugars	26		
Fibre	6.3	Protein	6.8		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Maxwell & Franks Mini Cherry & Almond Loaf 124g
Manufacturer's Name and Address	Maxwell & Franks Ltd, Unit 4 Roman Way, Crusader Park, Warminster, Wiltshire, United Kingdom, BA12 8BT
Supplier Name and Address	Maxwell & Franks Ltd, Unit 4 Roman Way, Crusader Park, Warminster, Wiltshire, United Kingdom, BA12 8BT
Ingredients	Sultanas (50%) (Sultanas, Sunflower Oil), Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Sugar, Whole & Broken Glacé Cherries (8%) (Cherries, Glucose-Fructose Syrup, Acidity Regulator: Citric Acid, Preservatives (Potassium Sorbate, <b>SULPHUR DIOXIDE</b> ), Colour: Erythrosine), Whole <b>EGG</b> , Margarine (Vegetable Oils (Palm, Rapeseed), Salt, Citric Acid), Blanched Flaked <b>ALMONDS (NUTS)</b> (5%), Glucose Syrup, Black Treacle (Cane Molasses, Invert Sugar Syrup), Humectant: Vegetable Glycerine, Whey Powder ( <b>MILK</b> ), Raising Agent (Diphosphates, Sodium Carbonates, Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin)).

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	Yes	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	Yes	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	Yes		

May contain statements	Soybeans
Country of Origin	United Kingdom
Storage Instructions	Store in a cool dry place
Instructions for use	Once opened consume within 3 days
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1621	Energy (kcal)	385	Salt	0.35
Fat	9.6	of which saturates	2.4		
Carbohydrate	69	of which sugars	57		
Fibre	0	Protein	5		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	No
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		