

P.S. Occasionally we come up against supply problems which means we have to substitute bits in our hampers.

Don't worry anything we swap in will always be same value and quality (or higher) than the original, and we'll make sure it meets any dietary requirements.

Just bear in mind if we do have to do a swap, the nutritional and allergy summaries on here might not be quite right.

Name of Product	R&R Robert & Reeves Prosecco 20cl
Manufacturer's Name and Address	Broadland Drinks Ltd, Broadland Drinks Ltd, The New Winery Chapel St Cawston, NORWICH, Norfolk, United Kingdom, NR10 4BG
Supplier Name and Address	Broadland Drinks Ltd, Broadland Drinks Ltd, The New Winery Chapel St Cawston, NORWICH, Norfolk, United Kingdom, NR10 4BG
Ingredients	Grapes (Contains Sulphites)

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	Yes		

May contain statements	
Country of Origin	Italy
Storage Instructions	from 5°C to 20 °C away from direct light
Instructions for use	N/A
Alcoholic Strength	11

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	0	Energy (kcal)	0	Salt	0
Fat	0	of which saturates	0		
Carbohydrate	0	of which sugars	0		
Fibre	0	Protein	0		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	No	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Haribo Heart Throbs 100g
Manufacturer's Name and Address	Dunhills Pontefract PLC, 26 Front Street, Pontefract, West Yorkshire, WF8 1NJ
Supplier Name and Address	Dunhills (Pontefract) PLC, 26 Front Street, Pontefract, West Yorkshire, WF8 1NJ
Ingredients	Glucose syrup; sugar; dextrose; gelatine; acid: citric acid; flavouring; fruit and plant concentrates: aronia, blackcurrant, elderberry, grape; glazing agents: beeswax, carnauba wax; elderberry extract.

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	N/A
Storage Instructions	Store away from heat and humidity
Instructions for use	N/A
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1466	Energy (kcal)	345	Salt	0.02
Fat	0.2	of which saturates	0.1		
Carbohydrate	79	of which sugars	53		
Fibre	0.1	Protein	5.8		

Suitable for vegetarians	No	Suitable for vegans	No
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	No		

Name of Product	Guppy's Chocolates White Chocolate Heart Transfer Lolly 35g
Manufacturer's Name and Address	Guppy's Chocolates, 22 Alan Farnaby Way, Sheriff Hutton Industrial Park, York, North Yorkshire, England, YO60 6PG
Supplier Name and Address	Guppy's Chocolates, 22 Alan Farnaby Way, Sheriff Hutton Industrial Park, York, North Yorkshire, England, YO60 6PG
Ingredients	Sugar, cocoa butter, whole MILK powder, emulsifier: SOYA lecithin. Transfer sheet: Sugar, colours: E171, E172, E120, E162, E100, emulsifier: SOYA lecithin. (cocoa solids 28% min, Milk solids min 25%).

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	Tree Nuts Peanuts
Country of Origin	England
Storage Instructions	STORE IN A COOL DRY PLACE
Instructions for use	n/a
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	0	Energy (kcal)	0	Salt	0
Fat	0	of which saturates	0		
Carbohydrate	0	of which sugars	0		
Fibre	0	Protein	0		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Laura's Confectionery Strawberry Love Hearts 125g
Manufacturer's Name and Address	Laura's Confectionery Ltd, 5 Church Street, Helmsley, North Yorkshire, UK, YO62 5AD
Supplier Name and Address	Laura's Confectionery Ltd, 5 Church Street, Helmsley, North Yorkshire, Yo62 5AD
Ingredients	Sugar, Vegetable fat (palm), whey powder (from MILK), WHEAT flour (with added calcium, iron, niacin, thiamin), WHEAT starch, emulsifier: SOYA lecithin; glucose syrup (WHEAT), natural flavourings, natural colours: carotenes, betanin,

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	Eggs Peanuts
Country of Origin	UK
Storage Instructions	Store in a cool dry place
Instructions for use	For direct consumption
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	2080	Energy (kcal)	496	Salt	0.28
Fat	22.4	of which saturates	19		
Carbohydrate	71.1	of which sugars	56.1		
Fibre	0	Protein	2.8		

Suitable for vegetarians	No	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	No
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	No		

Name of Product	GNAW Salted Caramel Milk Chocolate Bar 100g
Manufacturer's Name and Address	Gnaw Chocolate, Unit 6, 55-59 Whiffler Road, Whiffler Road Ind. Estate, Norwich, Norfolk, United Kingdom, NR3 2AW
Supplier Name and Address	Gnaw Chocolate Ltd, Unit 6, 55-59 Whiffler Road, Whiffler Road Ind. Estate, Norwich, Norfolk, United Kingdom, NR3 2AW
Ingredients	Sugar, Cocoa Butter, Whole MILK Powder, Skimmed MILK Powder, Cocoa Mass, Caramel Powder (skimmed MILK powder, whey powder (MILK), sugar, butter (MILK)), Whey Powder (MILK), Lactose (MILK), Sea Salt, Emulsifier (SOYA Lecithin) Caramel chocolate contains cocoa solids 33% min, MILK solids 18% min

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		
May contain statements	Cereals containing gluten namely wheat Tree Nuts Peanuts				
Country of Origin	United Kingdom				
Storage Instructions	Keep dry and away from direct sunlight and florescent lights				
Instructions for use	N/A				
Alcoholic Strength	0				

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	2361	Energy (kcal)	564	Salt	0.7
Fat	35.3	of which saturates	21.5		
Carbohydrate	55.2	of which sugars	53.2		
Fibre	0	Protein	6.4		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Joe & Seph's Valentines Collection Rose Chocolate Popcorn 32g
Manufacturer's Name and Address	Joes Gourmet Foods Limited, 3 Willen Field Rd, London, United Kingdom, NW10 7BQ
Supplier Name and Address	Joes Gourmet Foods Limited, 3 Willen Field Rd, London, United Kingdom, NW10 7BQ
Ingredients	Corn, Sugar, Butter (MILK), Chocolate (15%) {Sugar, Whole MILK Powder, Cocoa Butter (20%), Cocoa Mass (17%), SOYA Lecithin, Natural Vanilla}, Corn Syrup, Rose extract

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	United Kingdom
Storage Instructions	Ambient Storage
Instructions for use	Ready to eat
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	2128	Energy (kcal)	509	Salt	0.9
Fat	27	of which saturates	16.8		
Carbohydrate	59.9	of which sugars	39.7		
Fibre	0	Protein	4.3		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		