

P.S. Just to let you know, sometimes we come up against supply problems and have to swap bits in and out of our hampers.

Don't worry any new additions will always be the same value or higher, and for specific dietary hampers, we'll make sure suitable swaps are made. But it does mean that sometimes the allergy and nutritional info on the website don't quite match up.

Any worries, just get in touch.

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In the event that a substitution is made, the nutritional and allergen summaries on our website may not reflect the true contents of the hamper.

Name of Product	Clarence & Bean Milk Chocolate Hot Chocolate Stirrer with Marshmallows 45g
Manufacturer's Name and Address	Clarence & Bean Ltd, 12 Howden Road, Tiverton, Devon, United Kingdom, EX16 5HW
Supplier Name and Address	Clarence & Bean Ltd, 12 Howden Road, Tiverton, Devon, United Kingdom, EX16 5HW
Ingredients	Milk Chocolate (Sugar, Cocoa Butter, Whole MILK Powder, Cocoa Mass, Emulsifier: SOYA Lecithin, Natural Vanilla Flavouring), Marshmallows (Glucose-Fructose Syrup, Sugar, Water, Gelatine, Anti-Caking Agent: Maize Starch, Flavouring, Colours: E100, E120, E131) Milk Chocolate Contains: Cocoa Solids 34% Min. MILK Solids 22% Min. For Allergens see ingredients in Bold.

Containing Allergens

Celery	No	Gluten	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	Tree Nuts Peanuts
Country of Origin	United Kingdom
Storage Instructions	Store in a cool dry place, away from direct sunlight.
Instructions for use	Place in Cup of hot milk, add marshmallows and stir
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	2312	Energy (kcal)	557	Salt	0.21
Fat	35	of which saturates	21.5		
Carbohydrate	53.6	of which sugars	51.8		
Fibre	0	Protein	6.9		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

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Name of Product	Mr Filbert's Café Espresso Coffee, Chocolate Nut Mix 75g
Manufacturer's Name and Address	Filbert's Fine Foods., Greens Barn, Page Lane, West Pennard, Glastonbury, Somerset, United Kingdom, BA6 8NX
Supplier Name and Address	Filbert's Fine Foods Limited, Greens Barn, Page Lane, West Pennard, Glastonbury, Somerset, United Kingdom, BA6 8NX
Ingredients	CAFÉ ESPRESSO PEANUTS (45%), ALMONDS (NUTS) (23%), Dark Chocolate Coffee Beans (17%) (sugar, cocoa mass, coffee beans (13%), cocoa butter, whey (MILK), vegetable fat [Palm SG], Emulsifier: [sunflower lecithin E322], Glazing Agents: [gum arabic, shellac E904]), Chocolate Coated Caramel (11%) (MILK Chocolate (65%), [sugar, MILK powder, cocoa butter, cocoa mass, vegetable fat [Palm SG], whey (MILK)], Emulsifier: [sunflower lecithin E322], Glazing Agents: [gum arabic, shellac E904]), Sea Salt & Caramel Fudge (35%), [sugar, glucose, skimmed sweetened condensed MILK , palm fondant, sea salt (1%), flavouring (natural)], Icing Sugar, Salt, Coffee Paste (coffee, sugar, glucose-fructose syrup, water, modified starch, flavours). Palm oil from RSPO source.

Containing Allergens

Celery	No	Gluten	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	Yes	Peanuts	Yes	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Soybeans Cereals containing gluten namely wheat
Country of Origin	UK
Storage Instructions	Ambient
Instructions for use	Snack
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	2404	Energy (kcal)	579	Salt	0.5
Fat	41.3	of which saturates	10.4		
Carbohydrate	30.1	of which sugars	22.2		
Fibre	8.2	Protein	17.7		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

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Name of Product	Lily O'Briens Creamy Caramels with Sea Salt in Pouch 120g
Manufacturer's Name and Address	Lily Obriens, IDA Business Park, Green Road, Newbridge, Kildare, Ireland, W12 D424
Supplier Name and Address	Lily O'Briens Chocolates, IDA Business Park, Green Road, Newbridge, Kildare, Ireland, W12 D424
Ingredients	MILK Chocolate 70% [Sugar, Whole MILK Powder, Cocoa Butter, Cocoa Mass, Emulsifier (SOYA Lecithin), Natural Vanilla Flavouring], Sticky Toffee Caramel 29.7% [Sugar, Glucose Syrup, Coconut Oil, Water, MILK Solids, MILK Chocolate (Sugar, Cocoa Butter, Cocoa Mass, Whole MILK Powder, Whey Powder (MILK), Emulsifier (SOYA Lecithin), Butter (MILK), Salt)], Sea Salt (0.2%), Natural Flavouring. Allergy Advice: For allergens see ingredients list in bold. May also contain NUTS & cereals containing GLUTEN.

Containing Allergens

Celery	No	Gluten	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	Cereals containing gluten namely wheat Eggs Tree Nuts Sulphites/Sulphur Dioxide
Country of Origin	Ireland
Storage Instructions	For maximum taste and enjoyment, please store your Lily O'Briens chocolates in a cool dry place 15-18°C away from moisture, strong sunlight and odours
Instructions for use	For maximum taste and enjoyment, please store your Lily O'Briens chocolates in a cool dry place 15-18°C away from moisture, strong sunlight and odours
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	2248	Energy (kcal)	539	Salt	0.39
Fat	31.6	of which saturates	19.7		
Carbohydrate	56.3	of which sugars	52.3		
Fibre	0	Protein	6.6		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	No
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	No

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Name of Product	Crunch & Crumble Chocolate Orange Biscuits 150g
Manufacturer's Name and Address	Maxwell & Franks Ltd, Boundary House, Littledown Business Park, Shaftesbury, Dorset, United Kingdom, SP7 9BT
Supplier Name and Address	Maxwell & Franks Ltd, Boundary House, Littledown Business Park, Shaftesbury, Dorset, United Kingdom, SP7 9BT
Ingredients	Fortified WHEAT Flour (WHEAT Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Salted Butter (Butter (MILK), Salt), Margarine (Vegetable Oils (Palm, Rapeseed), Salt, Citric Acid), Sugar, Dark Chocolate Chips (7%) (Sugar, Cocoa Mass, Cocoa Butter, Emulsifier: SOYA Lecithin, Natural Vanilla Flavouring), Fat Reduced Cocoa Powder, Orange Flavour.

Containing Allergens

Celery	No	Gluten	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	Eggs Tree Nuts
Country of Origin	UK
Storage Instructions	Store in a cool dry place out of direct sunlight.
Instructions for use	Once opened store in an airtight container and consume within 3 days.
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	2471	Energy (kcal)	592	Salt	0.45
Fat	34	of which saturates	18		
Carbohydrate	63	of which sugars	23		
Fibre	3.3	Protein	6.8		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	No
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	No

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Name of Product	Crunch & Crumble Millionaire Shortbread Slice 80g
Manufacturer's Name and Address	Maxwell and Franks, Boundary House, Littledown Business Park, Shaftesbury, Dorset, United Kingdom, SP7 9BT
Supplier Name and Address	Maxwell and Franks, Boundary House, Littledown Business Park, Shaftesbury, Dorset, United Kingdom, SP7 9BT
Ingredients	Caramel (34%) [Sugar, Glucose Syrup, Sweetened Condensed MILK (MILK , Sugar, Lactose (MILK)), Water, Unsalted Butter (MILK), Golden Syrup (Partially Inverted Refines Syrup), Palm Oil, Salt, Emulsifiers (Lecithin (Sunflower, Rapeseed, SOYA), Sorbitan Monostearate), Natural Flavouring], Chocolate Flavour Coating (22%) [Sugar, Palm Oil, (Palm Oil, Hydrogenated Palm Oil), Whey Powder (MILK), Fat Reduced Cocoa Powder, Emulsifiers (Polyglycerol Polyricinoleate, SOYA Lecithin), Flavouring], WHEAT Flour (WHEAT flour, Calcium Carbonate, Iron, Niacin, Thiamin), Butter (MILK , Salt), Sugar.

Containing Allergens

Celery	No	Gluten	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	Eggs Tree Nuts
Country of Origin	United Kingdom
Storage Instructions	Store in a cool dry place.
Instructions for use	Once opened, consume within 3 days.
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	2158	Energy (kcal)	516	Salt	0.45
Fat	27	of which saturates	19		
Carbohydrate	64	of which sugars	42		
Fibre	1.6	Protein	3.4		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	No
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	No	Suitable for Coeliac sufferers	No

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Name of Product	House of Fudge Belgian Chocolate Fudge 100g
Manufacturer's Name and Address	Clarence & Bean, 12 Howden Road, Tiverton, Devon, United Kingdom, EX16 5HW
Supplier Name and Address	Clarence & Bean Ltd, 12 Howden Road, Tiverton, Devon, UK, EX16 5HW
Ingredients	Sugar, Glucose Syrup, Sweetened Condensed MILK , Belgian Dark Chocolate (8%) (Cocoa Mass, Sugar, Cocoa Butter, Emulsifier: Lecithins (SOYA), Natural Vanilla Flavouring), Refined Vegetable Oil (Palm), Butter (MILK), Clotted Cream (MILK), Emulsifier: Lecithins (SOYA), Salt. Dark Chocolate contains Cocoa Solids 55% min.

Containing Allergens

Celery	No	Gluten	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	Tree Nuts Peanuts
Country of Origin	United Kingdom
Storage Instructions	Store in a cool dry place away from direct sunlight
Instructions for use	n/a
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1826	Energy (kcal)	434	Salt	-0.61
Fat	14.2	of which saturates	8.4		
Carbohydrate	71.6	of which sugars	60.3		
Fibre	0	Protein	0.9		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

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Name of Product	Ooh! Chocolata Dark Chocolate 'Let it Snow' Star 46g
Manufacturer's Name and Address	Ooh! Chocolata, Unit 42, Southfield Road Trading Estate, Nailsea, Bristol, United Kingdom, BS48 1JE
Supplier Name and Address	Ooh! Chocolata, Ooh! Chocolata, Unit 42 Southfield Road Trading Estate, Nailsea, County, United Kingdom, BS48 1JE
Ingredients	Sugar, cocoa mass, cocoa butter, whole MILK powder, emulsifier (SOYA lecithin), natural vanilla.

Containing Allergens

Celery	No	Gluten	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	Cereals containing gluten namely wheat Tree Nuts
Country of Origin	United Kingdom
Storage Instructions	Store in a cool, dry place away from direct sunlight.
Instructions for use	n/a
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	2215	Energy (kcal)	523	Salt	0.5
Fat	35	of which saturates	21.6		
Carbohydrate	45.6	of which sugars	45.5		
Fibre	1	Protein	1		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	No

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Name of Product	Popcorn Kitchen Chocolate Brownie 30g
Manufacturer's Name and Address	Honestly Made Ltd, Unit 5 Globe Business Park, First Avenue, Marlow, UK, UK, SL7 1YA
Supplier Name and Address	Popcorn Kitchen LTD, unit 229, 14 Chertsey Road, Woking, Surrey, GU21 5AH
Ingredients	Popped Corn, Sugar, Glucose Syrup, Dark Chocolate (11%)(Cocoa Mass, Sugar, Cocoa Butter, Emulsifier: SOYA Lecithin, Natural Vanilla Flavouring), Cocoa Powder, Coconut Oil, Golden Syrup, Rapeseed Oil, Salt, Emulsifier: Sunflower Lecithin, Raising Agent: Bicarbonate of Soda. Cocoa Solids 35% minimum

Containing Allergens

Celery	No	Gluten	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	Milk Tree Nuts Peanuts
Country of Origin	UK
Storage Instructions	Store in a cool dry place
Instructions for use	Open and enjoy
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1799	Energy (kcal)	431	Salt	1
Fat	15.5	of which saturates	10		
Carbohydrate	67.3	of which sugars	42.2		
Fibre	8.1	Protein	5.5		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes