

**P.S. Just to let you know, sometimes we come up against supply problems and have to swap bits in and out of our hampers.**

**Don't worry any new additions will always be the same value or higher, and for specific dietary hampers, we'll make sure suitable swaps are made. But it does mean that sometimes the allergy and nutritional info on the website don't quite match up.**

**Any worries, just get in touch.**

DISCLAIMER: In the event of supply difficulties, we reserve the right to substitute any items with replacements of equal or higher quality and value that may or may not be listed in the contents section of the product descriptions. For special dietary hampers, suitable substitutions will be made.

In the event that a substitution is made, the nutritional and allergen summaries on our website may not reflect the true contents of the hamper.

Name of Product	Clarence & Bean Milk Chocolate Hot Chocolate Stirrer with Marshmallows 45g
Manufacturer's Name and Address	Clarence & Bean Ltd, 12 Howden Road, Tiverton, Devon, United Kingdom, EX16 5HW
Supplier Name and Address	Clarence & Bean Ltd, 12 Howden Road, Tiverton, Devon, United Kingdom, EX16 5HW
Ingredients	Milk Chocolate (Sugar, Cocoa Butter, Whole <b>MILK</b> Powder, Cocoa Mass, Emulsifier: <b>SOYA</b> Lecithin, Natural Vanilla Flavouring), Marshmallows (Glucose-Fructose Syrup, Sugar, Water, Gelatine, Anti-Caking Agent: Maize Starch, Flavouring, Colours: E100, E120, E131) Milk Chocolate Contains: Cocoa Solids 34% Min. <b>MILK</b> Solids 22% Min. For Allergens see ingredients in Bold.

#### Containing Allergens

Celery	No	Gluten	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	Tree Nuts Peanuts
Country of Origin	United Kingdom
Storage Instructions	Store in a cool dry place, away from direct sunlight.
Instructions for use	Place in Cup of hot milk, add marshmallows and stir
Alcoholic Strength	0

#### Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	2312	Energy (kcal)	557	Salt	0.21
Fat	35	of which saturates	21.5		
Carbohydrate	53.6	of which sugars	51.8		
Fibre	0	Protein	6.9		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

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Name of Product	Creme d'Or Milk Chocolate Gold Coins in Net 50g
Manufacturer's Name and Address	Creme d'Or Ltd, Creme d'Or Ltd, Wheel Road, Tickton, Beverly, East Yorkshire, United Kingdom, HU17 9RY
Supplier Name and Address	Creme d'Or Ltd, Creme d'Or Ltd, Wheel Road, Tickton, Beverly, East Yorkshire, United Kingdom, HU17 9RY
Ingredients	Sugar, Whole <b>MILK</b> Powder, Cocoa Mass, Cocoa Butter, Emulsifier: Sunflower Lecithin, Natural vanilla. Cocoa solids 28% min. MILK solids 15% min.

**Containing Allergens**

Celery	No	Gluten	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Tree Nuts Peanuts Soybeans
Country of Origin	Netherlands
Storage Instructions	16-20 degrees
Instructions for use	Peel foil outwards splitting the packaging to consume the product inside
Alcoholic Strength	0

**Nutrition Labelling - Typical value Per 100g / 100ml**

Energy (kj)	2180	Energy (kcal)	521	Salt	0.12
Fat	27.7	of which saturates	16.6		
Carbohydrate	60	of which sugars	58.7		
Fibre	3	Protein	6.1		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

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Name of Product	Cocoba Fudge Topped Chocolate Bar - Gold Label 90g
Manufacturer's Name and Address	COCOPA CHOCOLATE, UNIT G3 KNIGHTS PARK INDUSTRIAL ESTATE, KNIGHT ROAD, STROOD - KENT, UNITED KINGDOM, ME22LS
Supplier Name and Address	Cocoba Limited, UNIT G3 KNIGHTS PARK INDUSTRIAL ESTATE, KNIGHT ROAD, STROOD - KENT, UNITED KINGDOM, ME22LS
Ingredients	<b>MILK</b> Chocolate (78%) (Sugar, Cocoa Butter, Whole <b>MILK</b> Powder, Cocoa Mass, Emulsifier: <b>SOYA</b> Lecithin; Flavouring), Fudge (22%) ( Sugar, Skimmed Sweetened Condensed <b>MILK</b> , Glucose Syrup, Butter ( <b>MILK</b> ), Fondant (Sugar, Glucose Syrup), Emulsifier: Sunflower Lecithin; Natural Flavouring, Salt).

**Containing Allergens**

Celery	No	Gluten	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	Cereals containing gluten namely wheat Eggs Tree Nuts Peanuts Sesame
Country of Origin	United Kingdom
Storage Instructions	Store in a cool, dry place
Instructions for use	Not applicable
Alcoholic Strength	0

**Nutrition Labelling - Typical value Per 100g / 100ml**

Energy (kj)	2220	Energy (kcal)	530	Salt	0.23
Fat	29.7	of which saturates	18.2		
Carbohydrate	58.8	of which sugars	56.2		
Fibre	0	Protein	5.9		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	No
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	No

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Name of Product	The Dormen Salted Cashews & Almonds 27g
Manufacturer's Name and Address	Dormen Foods Limited, Unit 10 Dunbeath Court Elgin Industrial Estate, Elgin Industrial estate, Swindon, Wiltshire, United Kingdom, SN2 8QE
Supplier Name and Address	Dormen Foods Limited, Unit 10 Dunbeath Court Elgin Industrial Estate, Elgin Industrial estate, Swindon, Wiltshire, United Kingdom, SN2 8QE
Ingredients	<b>CASHEWS (NUTS) (68%), ALMONDS (NUTS) (29%), rapeseed oil, salt.</b>

#### Containing Allergens

Celery	No	Gluten	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	Yes	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Cereals containing gluten namely wheat    Milk    Peanuts    Sesame    Soybeans
Country of Origin	United Kingdom
Storage Instructions	Store in a cool dry place
Instructions for use	None
Alcoholic Strength	0

#### Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	2535	Energy (kcal)	610	Salt	0.77
Fat	52	of which saturates	8.3		
Carbohydrate	18	of which sugars	5.3		
Fibre	5.4	Protein	21		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	No

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Name of Product	Popcorn Shed Gingerbread Snack Pack 24g
Manufacturer's Name and Address	Bare Snacks, Unit 5 Globe Business Park, First Avenue, Marlow, Buckinghamshire, United Kingdom, SL7 1YA
Supplier Name and Address	Popcorn Shed, 30 City Road, London, United Kingdom, EC1Y 2AB
Ingredients	Popped Corn (26%), Sugar, Glucose Syrup, Golden Syrup, Coconut Oil, Salt, Ginger (1%), Rapeseed Oil, Cinnamon, Emulsifier: Sunflower Lecithin, Raising Agent: Bicarbonate of Soda, Natural Flavouring.

**Containing Allergens**

Celery	No	Gluten	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Cereals containing gluten namely wheat Milk Tree Nuts Peanuts Soybeans
Country of Origin	United Kingdom
Storage Instructions	Store in a cool, dry place. Once opened, re-seal bag to ensure freshness.
Instructions for use	N/A
Alcoholic Strength	0

**Nutrition Labelling - Typical value Per 100g / 100ml**

Energy (kj)	1556	Energy (kcal)	372	Salt	1.1
Fat	12.5	of which saturates	9.1		
Carbohydrate	58.9	of which sugars	34		
Fibre	0	Protein	3.4		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	No

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Name of Product	Crunch & Crumble Shortbread Star in Bag 50g
Manufacturer's Name and Address	Maxwell & Franks Ltd, Boundary House, Little Down Business Park, Shaftesbury, Dorset, United Kingdom, SP7 9BT
Supplier Name and Address	Maxwell & Franks Ltd, Boundary House, Little Down Business Park, Shaftesbury, Dorset, United Kingdom, SP7 9BT
Ingredients	Fortified <b>WHEAT</b> Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Salted Butter (40%) (Butter ( <b>MILK</b> ), Salt), Sugar, Cornflour.

### Containing Allergens

Celery	No	Gluten	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Eggs Tree Nuts Soybeans
Country of Origin	UK
Storage Instructions	Store in a cool dry place out of direct sunlight.
Instructions for use	Once opened store in an airtight container and consume within 3 days.
Alcoholic Strength	0

### Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1991	Energy (kcal)	479	Salt	0.75
Fat	34	of which saturates	21		
Carbohydrate	38	of which sugars	21		
Fibre	1.7	Protein	4.3		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	No
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	No

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Name of Product	Maxwell & Franks Letterbox Cake 75g
Manufacturer's Name and Address	Maxwell & Franks Ltd, Boundary House, Littledown Business Park, Shaftesbury, Dorset, United Kingdom, SP7 9BT
Supplier Name and Address	Maxwell & Franks Ltd, Boundary House, Littledown Business Park, Shaftesbury, Dorset, United Kingdom, SP7 9BT
Ingredients	Chocolate Flavour Coating (30%) [Sugar, Palm Oil, (Palm Oil, Hydrogenated Palm Oil), Whey Powder ( <b>MILK</b> ), Fat Reduced Cocoa Powder, Emulsifiers (Polyglycerol Polyricinoleate, <b>SOYA</b> Lecithin), Flavouring], Light Brown Sugar (Sugar, Cane Molasses, Invert Sugar Syrup), Whole <b>EGG</b> , Margarine (Vegetable Oils (Palm, Rapeseed), Salt, Citric Acid), Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Glucose Syrup, Dark Chocolate Chips (6%) (Sugar, Cocoa Mass, Cocoa Butter, Emulsifier: <b>SOYA</b> Lecithin, Vanilla Flavouring), Vegetable Glycerine (Rapeseed Oil), Fat Reduced Cocoa Powder, Gold Star Decoration [Sugar, Glucose Syrup, Palm Oil, Emulsifier: Acacia Gum, Humectant: Glycerine, Emulsifier: Mono- and Diglycerides of Fatty Acids (Palm Oil), Stabiliser: Xanthan Gum, Colours (Titanium Dioxide, Iron Oxide), Glazing Agent: Shellac], Raising Agent (Diphosphates, Sodium Carbonates, Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin)), Preservative: Potassium Sorbate.

#### Containing Allergens

Celery	No	Gluten	Yes	Crustaceans	No
Eggs	Yes	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	Tree Nuts
Country of Origin	UK
Storage Instructions	Store in a cool dry place.
Instructions for use	Once opened consume within 3 days.
Alcoholic Strength	0

#### Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1937	Energy (kcal)	463	Salt	0.45
Fat	23	of which saturates	14		
Carbohydrate	57	of which sugars	39		
Fibre	3.2	Protein	5.4		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	No
Free from alcohol	Yes	Free from artificial colours	No
Free from artificial flavours	No	Suitable for coeliac sufferers	No