

**P.S. Just to let you know, sometimes we come up against supply problems and have to swap bits in and out of our hampers.**

**Don't worry any new additions will always be the same value or higher, and for specific dietary hampers, we'll make sure suitable swaps are made. But it does mean that sometimes the allergy and nutritional info on the website don't quite match up.**

**Any worries, just get in touch.**

DISCLAIMER: In the event of supply difficulties, we reserve the right to substitute any items with replacements of equal or higher quality and value that may or may not be listed in the contents section of the product descriptions. For special dietary hampers, suitable substitutions will be made.

In the event that a substitution is made, the nutritional and allergen summaries on our website may not reflect the true contents of the hamper.

Name of Product	R&R Robert & Reeves Shiraz 18.7cl
Manufacturer's Name and Address	Broadland Drinks Ltd, The New Winery Chapel St Cawston, NORWICH, Norfolk, United Kingdom, NR10 4BG
Supplier Name and Address	Broadland Drinks Ltd, The New Winery Chapel St Cawston, NORWICH, Norfolk, United Kingdom, NR10 4BG
Ingredients	Grapes Contains <b>SULPHITES</b>

**Containing Allergens**

Celery	No	Gluten	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	Yes		

May contain statements	Milk
Country of Origin	Australia
Storage Instructions	from 5°C to 20 °C away from direct light
Instructions for use	N/A
Alcoholic Strength	14

**Nutrition Labelling - Typical value Per 100g / 100ml**

Energy (kj)	0	Energy (kcal)	0	Salt	0
Fat	0	of which saturates	0		
Carbohydrate	0	of which sugars	0		
Fibre	0	Protein	0		

Suitable for vegetarians	No	Suitable for vegans	No
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	No	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

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Name of Product	The Secret Truffletier Mulled Wine Truffles in Pyramid 55g
Manufacturer's Name and Address	Lessiters Ltd, 61 London Road, Woolmer Green, Knebworth, Hertfordshire, United Kingdom, SG3 6JE
Supplier Name and Address	Lessiters Ltd, 61 London Road, Woolmer Green, Knebworth, Hertfordshire, United Kingdom, SG3 6JE
Ingredients	sugar, cocoa butter, whole <b>MILK</b> powder, port wine (10%), cocoa mass, fresh cream ( <b>MILK</b> ), glucose, sorbitol, (emulsifier) <b>SOYA</b> lecithin, natural flavouring, clove, cinnamon, cardamom, ginger

**Containing Allergens**

Celery	No	Gluten	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	Tree Nuts
Country of Origin	UK
Storage Instructions	Cool (12 - 18oC), dry and out of direct light.
Instructions for use	N/A
Alcoholic Strength	10

**Nutrition Labelling - Typical value Per 100g / 100ml**

Energy (kj)	2063	Energy (kcal)	492	Salt	0.003
Fat	29.4	of which saturates	18.5		
Carbohydrate	48.8	of which sugars	45.5		
Fibre	2.0	Protein	5.6		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	No	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

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Name of Product	Maxwell & Franks Mini Cherry & Almond Loaf 124g
Manufacturer's Name and Address	Maxwell & Franks Ltd, Unit 4 Roman Way, Crusader Park, Warminster, Wiltshire, United Kingdom, BA12 8BT
Supplier Name and Address	Maxwell & Franks Ltd, Unit 4 Roman Way, Crusader Park, Warminster, Wiltshire, United Kingdom, BA12 8BT
Ingredients	Sultanas (50%) (Sultanas, Sunflower Oil), Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Sugar, Whole & Broken Glacé Cherries (8%) (Cherries, Glucose-Fructose Syrup, Acidity Regulator: Citric Acid, Preservatives (Potassium Sorbate, <b>SULPHUR DIOXIDE</b> ), Colour: Erythrosine), Whole <b>EGG</b> , Margarine (Vegetable Oils (Palm, Rapeseed), Salt, Citric Acid), Blanched Flaked <b>ALMONDS (NUTS)</b> (5%), Glucose Syrup, Black Treacle (Cane Molasses, Invert Sugar Syrup), Humectant: Vegetable Glycerine, Whey Powder ( <b>MILK</b> ), Raising Agent (Diphosphates, Sodium Carbonates, Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin)).

#### Containing Allergens

Celery	No	Gluten	Yes	Crustaceans	No
Eggs	Yes	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	Yes	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	Yes		

May contain statements	Soybeans
Country of Origin	United Kingdom
Storage Instructions	Store in a cool dry place
Instructions for use	Once opened consume within 3 days
Alcoholic Strength	0

#### Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1621	Energy (kcal)	385	Salt	0.35
Fat	9.6	of which saturates	2.4		
Carbohydrate	69	of which sugars	57		
Fibre	0	Protein	5		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	No
Free from alcohol	Yes	Free from artificial colours	No
Free from artificial flavours	Yes	Suitable for coeliac sufferers	No

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Name of Product	Maxwell & Franks Christmas Pudding - Red star watchstrap 100g
Manufacturer's Name and Address	Maxwell & Franks Ltd, Boundary House, Littledown Business Park, Shaftesbury, Dorset, United Kingdom, SP7 9BT
Supplier Name and Address	Maxwell & Franks Ltd, Boundary House, Littledown Business Park, Shaftesbury, Dorset, United Kingdom, SP7 9BT
Ingredients	Sultanas (25%) (Sultanas, Sunflower Oil), Sugar, Breadcrumbs (Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Salt, Yeast), Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Niacin, Iron, Thiamin, <b>WHEAT GLUTEN</b> ), Cider (7%) (Preservative: Sodium <b>MetabiSULPHITE</b> ), Vegetable Suet (Vegetable Fat (Palm Oil), <b>WHEAT</b> Flour), Black Treacle (Cane Molasses, Invert Sugar Syrup), Vegetable Glycerine, Glucose Syrup, Mixed Spice, Colour: Caramel, Salt, Acidity Regulator: Citric Acid, Preservative: Potassium Sorbate, Lemon Flavouring.

#### Containing Allergens

Celery	No	Gluten	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	Yes		

May contain statements	Eggs Milk Tree Nuts Soybeans
Country of Origin	UK
Storage Instructions	Store in a cool dry place.
Instructions for use	PREPARATION GUIDELINES: Remove foil & label. TO MICROWAVE: Cook on full power for 50 seconds (time based on a 800w output. If different refer to manufacturers handbook). TO STEAM OR BOIL: Place in a steamer or boil in a saucepan filled to half depth of the pudding with water. Cook for 30 minutes. Do not boil dry. SERVING: Once cooked, remove film lid and invert basin onto a plate. Allow to stand for 30 seconds. CAUTION: Pudding may be hot.
Alcoholic Strength	7

#### Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1438	Energy (kcal)	341	Salt	0.45
Fat	6.7	of which saturates	3.6		
Carbohydrate	66	of which sugars	47		
Fibre	0	Protein	3.2		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	No
Free from alcohol	No	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	No

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Name of Product	R&R Robert & Reeves Pinot Grigio 18.7cl
Manufacturer's Name and Address	Broadland Drinks Ltd, The New Winery, Cawston, Norfolk, United Kingdom, NR10 4BG
Supplier Name and Address	Broadland Drinks Ltd, The New Winery, Cawston, Norfolk, United Kingdom, NR10 4BG
Ingredients	Contains <b>SULPHITES</b>

#### Containing Allergens

Celery	No	Gluten	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	Yes		

May contain statements	
Country of Origin	Delle Venezie, Wine of Italy
Storage Instructions	Store in a cool place away from direct sunlight
Instructions for use	Serve chilled on its own, or with salads, fish, light chicken dishes and lightly spiced foods.
Alcoholic Strength	12

#### Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	292	Energy (kcal)	70	Salt	0
Fat	0	of which saturates	0		
Carbohydrate	4	of which sugars	4		
Fibre	0	Protein	0		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	No	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

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Name of Product	Mr Filbert's Roasted Nuts & Plump Fruits Mixed Nuts 40g
Manufacturer's Name and Address	Filberts Fine foods, Greens Barn, Page Lane, West Pennard, Glastonbury, Somerset, United Kingdom, BA6 8NX
Supplier Name and Address	Filbert's Fine Foods Limited, Greens Barn, Page Lane, West Pennard, Glastonbury, Somerset, United Kingdom, BA6 8NX
Ingredients	Salt crust <b>PEANUTS</b> 25%, ( <b>PEANUTS</b> (93%), thickener:(acacia gum, glucose, maltodextrin), sea salt(2.9%0, rice flour, <b>ALMONDS (NUTS)</b> 25%, <b>WALNUTS (NUTS)</b> 25%, dries cranberries 15%(cranberries(70%), sugar, sunflower oil) black raisins 15%(raisins (99.5%), sunflower oil)

**Containing Allergens**

Celery	No	Gluten	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	Yes	Peanuts	Yes	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	United Kingdom
Storage Instructions	Ambient
Instructions for use	snacking
Alcoholic Strength	0

**Nutrition Labelling - Typical value Per 100g / 100ml**

Energy (kj)	2094	Energy (kcal)	504	Salt	0.6
Fat	35.4	of which saturates	3.7		
Carbohydrate	24.3	of which sugars	26.1		
Fibre	11.2	Protein	16.6		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

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Name of Product	Crunch & Crumble Shortbread Stars in Bag 100g
Manufacturer's Name and Address	Maxwell & Franks Ltd, Boundary House, Little Down Business Park, Shaftesbury, Dorset, United Kingdom, SP7 9BT
Supplier Name and Address	Maxwell & Franks Ltd, Boundary House, Little Down Business Park, Shaftesbury, Dorset, United Kingdom, SP7 9BT
Ingredients	Fortified <b>WHEAT</b> Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Salted Butter (40%) (Butter ( <b>MILK</b> ), Salt), Sugar, Cornflour.

#### Containing Allergens

Celery	No	Gluten	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Eggs Tree Nuts Soybeans
Country of Origin	UK
Storage Instructions	Store in a cool dry place out of direct sunlight.
Instructions for use	Once opened store in an airtight container and consume within 3 days.
Alcoholic Strength	0

#### Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1991	Energy (kcal)	479	Salt	0.75
Fat	34	of which saturates	21		
Carbohydrate	38	of which sugars	21		
Fibre	1.7	Protein	4.3		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	No
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	No