

IN THE EVENT OF SUPPLY DIFFICULTIES, WE RESERVE THE RIGHT TO SUBSTITUTE ANY ITEMS WITH REPLACEMENTS OF EQUAL OR HIGHER QUALITY AND VALUE THAT MAY OR MAY NOT BE LISTED IN THE CONTENTS SECTION OF THE PRODUCT DESCRIPTIONS. FOR SPECIAL DIETARY HAMPERS, SUITABLE SUBSTITUTIONS WILL BE MADE.

IN THE EVENT THAT A SUBSTITUTION IS MADE, THE NUTRITIONAL AND ALLERGEN SUMMARIES ON OUR WEBSITE MAY NOT REFLECT THE TRUE CONTENTS OF THE HAMPER.

DISCLAIMER: In the event of supply difficulties, we reserve the right to substitute any items with replacements of equal or higher quality and value that may or may not be listed in the contents section of the product descriptions. For special dietary hampers, suitable substitutions will be made.

In the event that a substitution is made, the nutritional and allergen summaries on our website may not reflect the true contents of the hamper.

Name of Product	Moore's Barley & Oat Crumble 160g
Manufacturer's Name and Address	S Moore's, The Biscuit Bakery, St. Andrew's Well, Bridport, Dorset, England, DT6 3BW
Supplier Name and Address	S Moore's, The Biscuit Bakery, St. Andrew's Well, Bridport, Dorset, England, DT6 3BW
Ingredients	Vegetable Margarine (Palm Oil [from a sustainable source], Rapeseed Oil, Water, Salt), <b>OATS</b> (20%), Brown Sugar, <b>BARLEY</b> Flour (13%), <b>WHEAT</b> Flour ( <b>WHEAT</b> , Calcium Carbonate, Iron, Niacin, Thiamin), <b>BARLEY</b> Flakes (8%), Vanilla Extract.

### Containing Allergens

Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Tree Nuts
Country of Origin	United Kingdom
Storage Instructions	once opened store in an airtight container
Instructions for use	N/A
Alcoholic Strength	0

### Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	2256	Energy (kcal)	541	Salt	0.8
Fat	30.9	of which saturates	10.9		
Carbohydrate	58.6	of which sugars	18.5		
Fibre	5.7	Protein	6.4		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

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Name of Product	Mrs Bridges Red Pepper & Garlic Salsa 100g
Manufacturer's Name and Address	Mackays Ltd, Unit 4 James Chalmers Road, Kirkton Industrial Estate, Arbroath, Angus, United Kingdom, DD11 3LR
Supplier Name and Address	Mackays Ltd, Site 4 James Chalmers Road, Kirkton Industrial Estate, Arbroath, Angus, United Kingdom, DD11 3LR
Ingredients	Red Peppers (52%), Sugar, Onion, Garlic Puree (10%), White Wine Vinegar, Modified Maize Starch, Red Chilli Peppers, Coriander, Salt, Spices. (Also may contain MUSTARD).

**Containing Allergens**

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	Yes		

May contain statements	Mustard
Country of Origin	Scotland, UK
Storage Instructions	Once opened store in a cool area and use within 6 weeks.
Instructions for use	Use as required
Alcoholic Strength	0

**Nutrition Labelling - Typical value Per 100g / 100ml**

Energy (kj)	533	Energy (kcal)	127	Salt	2
Fat	4	of which saturates	0.1		
Carbohydrate	21.3	of which sugars	19		
Fibre	0	Protein	1.3		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

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Name of Product	nibnibs Sun-dried Tomato Big Minis 100g
Manufacturer's Name and Address	Nibnibs Ltd, SHAWFIELD ROAD, CARLTON, BARNSELEY, UK, S71 3HS
Supplier Name and Address	nibnibs Ltd, SHAWFIELD ROAD, CARLTON, BARNSELEY, UK, S71 3HS
Ingredients	<b>WHEAT</b> flour (contains Calcium, Iron, Niacin, Thiamin), Durum <b>WHEAT</b> Semolina, Extra Virgin Olive Oil, Sun-dried Tomato Granules (6%), Basil, Yeast, Salt, Rosemary Extract.

#### Containing Allergens

Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	UK
Storage Instructions	Cool, dry place
Instructions for use	Ready to eat
Alcoholic Strength	0

#### Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1770	Energy (kcal)	420	Salt	1.9
Fat	10.3	of which saturates	1.5		
Carbohydrate	69	of which sugars	2.8		
Fibre	4.1	Protein	11		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

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Name of Product	Mr Filbert's Chilli & Lime Peanuts 40g
Manufacturer's Name and Address	Filbert's Fine Foods., Greens Barn, Page Lane, West Pennard, Glastonbury, Somerset, United Kingdom, BA6 8NX
Supplier Name and Address	Filbert's Fine Foods Limited, Greens Barn, Page Lane, West Pennard, Glastonbury, Somerset, United Kingdom, BA6 8NX
Ingredients	Roasted <b>PEANUTS</b> (92%), Sugar, Salt, Ginger, Chilli (<1%), Cumin, Rapeseed Oil, Acidity Regulator: citric acid, Lemon Oil (<1%), Lime Oil (<1%).

### Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	Yes	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Tree Nuts
Country of Origin	UK
Storage Instructions	Ambient
Instructions for use	Snack
Alcoholic Strength	0

### Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	2431	Energy (kcal)	587	Salt	1.1
Fat	46.5	of which saturates	5.5		
Carbohydrate	12.6	of which sugars	7.6		
Fibre	9.7	Protein	24.6		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

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Name of Product	Choc-affair Cherry & Mandarin Dark Chocolate Bar 90g
Manufacturer's Name and Address	Choc Affair Ltd, Cocoa Corner, Yorvale Business Park, York, North Yorkshire, United Kingdom, YO10 3DR
Supplier Name and Address	Choc-affair Ltd, Cocoa Corner, Yorvale Business Park, York, North Yorkshire, United Kingdom, YO10 3DR
Ingredients	Dark Chocolate (min. cocoa solids 60%) (cocoa mass, sugar, cocoa butter, emulsifier: <b>SOYA</b> lecithin, natural vanilla flavouring), Natural Flavouring.

**Containing Allergens**

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	Cereals containing gluten namely wheat    Milk    Tree Nuts    Peanuts
Country of Origin	Made in the UK
Storage Instructions	Store in a cool, dry place.
Instructions for use	N/A
Alcoholic Strength	0

**Nutrition Labelling - Typical value Per 100g / 100ml**

Energy (kj)	2346	Energy (kcal)	560	Salt	0.01
Fat	37	of which saturates	22		
Carbohydrate	52	of which sugars	39		
Fibre	0	Protein	6		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

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Name of Product	Yorkshire Flapjack Autumn Spice Cinnamon, Cranberries, Pumpkin Seed Flapjack 79g
Manufacturer's Name and Address	Yorkshire flapjack, Park view stores, Bridgehousegate, Pateley bridge, North Yorkshire, United Kingdom, Hg3 5hg
Supplier Name and Address	Yorkshire Flapjack, Park view stores, Bridgehousegate, Pateley bridge, North Yorkshire, Hg3 5hg
Ingredients	Margarine (Vegetable fat, Palm; Vegetable Oils, Rapeseed; (RSPO Sourced) Water, Natural flavouring, Brown Sugar, Toasted flakes of golden corn (Maize, Sugar, <b>BARLEY</b> , Malt Flavouring, Niacin, Iron, Vitamin B2 (Riboflavin) Vitamin B1 (Thiamin) Folic Acid, Vitamin D, Vitamin B12) Partially inverted refiners syrup, Self Raising flour ( <b>WHEAT</b> flour, Raising agents E500, E450), <b>OATS</b> , Sweetened Dried Cranberries 9.4% (Cranberries, Sugar, Sunflower Oil) Pumpkin Seeds 9.4% Ground Cinnamon 0.8%

#### Containing Allergens

Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Soya Tree Nuts Peanuts
Country of Origin	United Kingdom
Storage Instructions	Ambient
Instructions for use	Na
Alcoholic Strength	0

#### Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1948	Energy (kcal)	465	Salt	1.3
Fat	22.1	of which saturates	7.1		
Carbohydrate	60	of which sugars	33.4		
Fibre	2.6	Protein	5.5		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	No		