

**P.S. Just to let you know, sometimes we come up against supply problems and have to swap bits in and out of our hampers.**

**Don't worry any new additions will always be the same value or higher, and for specific dietary hampers, we'll make sure suitable swaps are made. But it does mean that sometimes the allergy and nutritional info on the website don't quite match up.**

**Any worries, just get in touch.**

DISCLAIMER: In the event of supply difficulties, we reserve the right to substitute any items with replacements of equal or higher quality and value that may or may not be listed in the contents section of the product descriptions. For special dietary hampers, suitable substitutions will be made.

In the event that a substitution is made, the nutritional and allergen summaries on our website may not reflect the true contents of the hamper.

Name of Product	Grandma Wild's Mini Bites For Sharing Mature Cheddar 100g
Manufacturer's Name and Address	Grandma Wild's, The Bakery, Station Road, Steeton, Nr Keighley, West Yorkshire, United Kingdom, BD20 6RB
Supplier Name and Address	Grandma Wild's, The Bakery, Station Road, Steeton, Nr Keighley, West Yorkshire, United Kingdom, BD20 6RB
Ingredients	<b>WHEAT</b> flour ( <b>WHEAT</b> flour, Calcium Carbonate, Iron, Niacin, Thiamin), Cheddar cheese (22%) ( <b>MILK</b> , potato starch), non-hydrogenated palm oil, <b>OATS</b> , water, sugar, salt, natural flavouring, raising agents: disodium diphosphate, sodium bicarbonate

#### Containing Allergens

Celery	No	Gluten	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Eggs Mustard Tree Nuts Peanuts Sesame Soybeans
Country of Origin	United Kingdom
Storage Instructions	Store in a cool dry place avoiding direct sunlight
Instructions for use	n/a
Alcoholic Strength	0

#### Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1952	Energy (kcal)	467	Salt	2.08
Fat	27	of which saturates	14		
Carbohydrate	42	of which sugars	3		
Fibre	2.8	Protein	12.7		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	No
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	No

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Name of Product	Maxwell & Franks 4 Mince Pies - Red Design
Manufacturer's Name and Address	Maxwell & Franks Ltd, 4 Centurion Way, Crusader Park, Warminster, Wiltshire, United Kingdom, BA12 8BT
Supplier Name and Address	Maxwell & Franks Ltd, 4 Centurion Way, Crusader Park, Warminster, Wiltshire, United Kingdom, BA12 8BT
Ingredients	Fortified <b>WHEAT</b> Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Niacin, Iron, Thiamín), Mincemeat (33%) [Sugar, Apple Puree, Currents, Sunflower Oil), Sultanas (10%)(Sultanas, Sunflower Oil), Mixed Peel (4%) (Orange Peel, Glucose – Fructose Syrup, Sugar, Lemon Peel, Acidity Regulator: Citric Acid), Vegetable Suet (3%) (Palm Oil, Rice Flour, Sunflower Oil), Mixed Spice, Acidity Regulator: Acetic Acid], Vegetable Oils (Palm Oil, Rapeseed Oil, Salt, Citric Acid, Colour: Natural Carotenes), Sugar, Preservative: Potassium Sorbate, Raising Agent: (Diphosphates, Sodium Carbonates, Fortified <b>WHEAT</b> Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin))

**Containing Allergens**

Celery	No	Gluten	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Eggs Milk Tree Nuts Soybeans Sulphites/Sulphur Dioxide
Country of Origin	United Kingdom
Storage Instructions	Store in a cool dry place avoiding direct sunlight
Instructions for use	Once opened, keep in an airtight container and consume within 7 days
Alcoholic Strength	0

**Nutrition Labelling - Typical value Per 100g / 100ml**

Energy (kj)	1713	Energy (kcal)	408	Salt	0.2
Fat	17	of which saturates	5.9		
Carbohydrate	61	of which sugars	29		
Fibre	0	Protein	3.7		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	No
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	No

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Name of Product	Crunch & Crumble Shortbread Biscuits 150g
Manufacturer's Name and Address	Maxwell & Franks Ltd, Boundary House, Littledown Business Park, Shaftesbury, Dorset, United Kingdom, SP7 9BT
Supplier Name and Address	Maxwell & Franks Ltd, Boundary House, Littledown Business Park, Shaftesbury, Dorset, United Kingdom, SP7 9BT
Ingredients	Fortified <b>WHEAT</b> Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Salted Butter (40%) (Butter ( <b>MILK</b> ), Salt), Sugar, Cornflour.

**Containing Allergens**

Celery	No	Gluten	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Eggs Tree Nuts Soybeans
Country of Origin	UK
Storage Instructions	Store in a cool dry place out of direct sunlight.
Instructions for use	Once opened store in an airtight container and consume within 3 days.
Alcoholic Strength	0

**Nutrition Labelling - Typical value Per 100g / 100ml**

Energy (kj)	1991	Energy (kcal)	479	Salt	0.75
Fat	34	of which saturates	21		
Carbohydrate	38	of which sugars	21		
Fibre	1.7	Protein	4.3		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy/ceciac sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	No
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	No

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Name of Product	Casalinga Organic Sangiovese 75cl
Manufacturer's Name and Address	Broadland Drinks Ltd, The New Winery, Cawston, Norfolk, United Kingdom, NR10 4BG
Supplier Name and Address	Broadland Drinks, The New Winery, Cawston, Norfolk, United Kingdom, NR10 4BG
Ingredients	Contains <b>SULPHITES</b>

**Containing Allergens**

Celery	No	Gluten	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	Yes		

May contain statements	
Country of Origin	Rubicone, Wine of Italy
Storage Instructions	Store in a cool place away from direct sunlight.
Instructions for use	Excellent with pasta or simply enjoyed on its own.
Alcoholic Strength	13

**Nutrition Labelling - Typical value Per 100g / 100ml**

Energy (kj)	307	Energy (kcal)	73	Salt	0
Fat	0	of which saturates	0		
Carbohydrate	0	of which sugars	0		
Fibre	0	Protein	0		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	No	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

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Name of Product	Mr Filbert's Roasted Nuts & Plump Fruits Mixed Nuts 40g
Manufacturer's Name and Address	Filberts Fine foods, Greens Barn, Page Lane, West Pennard, Glastonbury, Somerset, United Kingdom, BA6 8NX
Supplier Name and Address	Filbert's Fine Foods Limited, Greens Barn, Page Lane, West Pennard, Glastonbury, Somerset, United Kingdom, BA6 8NX
Ingredients	Salt crust <b>PEANUTS</b> 25%, ( <b>PEANUTS</b> (93%), thickener:(acacia gum, glucose, maltodextrin), sea salt(2.9%0, rice flour, <b>ALMONDS (NUTS)</b> 25%, <b>WALNUTS (NUTS)</b> 25%, dries cranberries 15%(cranberries(70%), sugar, sunflower oil) black raisins 15%(raisins (99.5%), sunflower oil)

**Containing Allergens**

Celery	No	Gluten	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	Yes	Peanuts	Yes	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	United Kingdom
Storage Instructions	Ambient
Instructions for use	snacking
Alcoholic Strength	0

**Nutrition Labelling - Typical value Per 100g / 100ml**

Energy (kj)	2094	Energy (kcal)	504	Salt	0.6
Fat	35.4	of which saturates	3.7		
Carbohydrate	24.3	of which sugars	26.1		
Fibre	11.2	Protein	16.6		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

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Name of Product	Lily O'Briens Dark & Milk Choc Blend Caramel Sea Salt in Pouch 110g
Manufacturer's Name and Address	Lily O'Brien's Chocolates (Co-Manufactured at Srebrna 22, 85-461 Bydgoszcz, Poland), IDA Business Park, Green Road,, Newbridge, Co. Kildare, Ireland, W12 D424
Supplier Name and Address	Lily O'Brien's Chocolates, IDA Business Park, Green Road, Newbridge, Co. Kildare, Ireland, W12 D424
Ingredients	Dark Chocolate 42.8% [Cocoa Mass, Sugar, Cocoa Butter, Emulsifier ( <b>SOYA</b> Lecithin), Natural Vanilla Flavouring], <b>MILK</b> Chocolate 32.2% [Sugar, Whole <b>MILK</b> Powder , Cocoa Butter, Cocoa Mass, Emulsifier ( <b>SOYA</b> Lecithin), Natural Vanilla Flavouring], Sticky Toffee Caramel 24.8% [Sugar, Glucose Syrup, Coconut Oil, Water, Sweetened Skimmed Condensed <b>MILK</b> ( <b>MILK</b> , Sugar, Lactose ( <b>MILK</b> ), <b>MILK</b> Chocolate (Sugar, Cocoa Butter, Cocoa Mass, Whole <b>MILK</b> Powder, Whey Powder ( <b>MILK</b> ), Emulsifier ( <b>SOYA</b> Lecithin), Butter ( <b>MILK</b> ), Salt)], Sea Salt (0.1%), Natural Flavouring.

**Containing Allergens**

Celery	No	Gluten	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	Cereals containing gluten namely wheat      Tree Nuts Peanuts
Country of Origin	Poland
Storage Instructions	For maximum taste and enjoyment, please store your Lily O'Briens chocolates in a cool dry place 15-18°C away from moisture, strong sunlight and odours.
Instructions for use	Open the bag and melt into your perfect moment. Keep it for yourself or share!
Alcoholic Strength	0

**Nutrition Labelling - Typical value Per 100g / 100ml**

Energy (kj)	2160	Energy (kcal)	516	Salt	0.29
Fat	29	of which saturates	18		
Carbohydrate	58	of which sugars	53		
Fibre	2.1	Protein	5.4		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	No