

P.S. Just to let you know, sometimes we come up against supply problems and have to swap bits in and out of our hampers.

Don't worry any new additions will always be the same value or higher, and for specific dietary hampers, we'll make sure suitable swaps are made. But it does mean that sometimes the allergy and nutritional info on the website don't quite match up.

Any worries, just get in touch.

Name of Product	Cambrook Sweet & Spicy Nut Mix - Red & White Foliage 75g
Manufacturer's Name and Address	Cambrook Foods Ltd, Unit B1 Howard Tenens Estate, Macadam Way, Andover,, Hampshire,, United Kingdom, SP10 3LF
Supplier Name and Address	Cambrook Foods Ltd, Unit B1, Howard Tenens Estate, Macadam Way, Andover, Hampshire,, SP10 3LF
Ingredients	62.4% PEANUTS , 15.8% Corn, 11.1% Sugar, 3.4% SESAME Seeds, Salt, Dried SOY Sauce (Contains: SOY Beans, Spirit Vinegar), Garlic, Onion, Chilli, Tomato Powder, Red Bell Pepper, Spices, Rapeseed Oil, Natural Flavouring, Honey, Sunflower Oil, Maltodextrin, Paprika, Cumin, Oregano, Yeast Extract, Paprika Oil. Acidity Regulator: Citric Acid. Colour: Paprika Extract. Stabiliser: Gum Arabic.

CONTAINING ALLERGENS					
Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	Yes	Sesame	Yes
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	Tree Nuts
Country of Origin	United Kingdom
Storage Instructions	Cool & dry, Under 23°C, Away from heat or direct sunlight
Instructions for use	Eat as a snack any time.
Alcoholic Strength	0

NUTRITION LABELLING - TYPICAL VALUE PER 100g / 100ml				SUITABLE / FREE FROM			
Energy (kj)	2233	Energy (kcal)	538	Suitable for vegetarians	Yes	Suitable for vegans	Yes
Fat	36.3	of which saturates	6.4	Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Carbohydrate	32.4	of which sugars	13.8	Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	No
Fibre	5	Protein	19.2	Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Salt	1.6			Free from alcohol	Yes	Free from artificial colours	Yes
				Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

Name of Product	Lily O'Briens Dark & Milk Choc Blend Caramel Sea Salt Pouch 100g
Manufacturer's Name and Address	Colian UK Limited, 1 Glentworth Court,, Lime Kiln Close,, Stoke Gifford,, BRISTOL, United Kingdom, BS34 8SR
Supplier Name and Address	Colian UK Limited, 1 Glentworth Court,, Lime Kiln Close,, Stoke Gifford,, BRISTOL, United Kingdom, BS34 8SR
Ingredients	Dark Chocolate 43% [Cocoa Mass, Sugar, Cocoa Butter, Emulsifier (SOYA Lecithin), Natural Vanilla Flavouring], MILK Chocolate 32% [Sugar, Whole MILK Powder , Cocoa Butter, Cocoa Mass, Emulsifier (SOYA Lecithin), Natural Vanilla Flavouring], Sticky Toffee Caramel 24.8% [Sugar, Glucose Syrup, Coconut Oil, Water, Sweetened Skimmed Condensed MILK (MILK , Sugar, Lactose (MILK)), MILK Chocolate (Sugar, Cocoa Butter, Cocoa Mass, Whole MILK Powder, Whey Powder (MILK), Emulsifier (SOYA Lecithin), Butter (MILK), Salt)], Sea Salt (0.1%), Natural Flavouring.
	Allergy Advice: For allergens see ingredients list in Bold.

CONTAINING ALLERGENS					
Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		
May contain statements	Cereals containing gluten namely wheat, Tree Nuts, Peanuts				
Country of Origin	Poland				
Storage Instructions	Please store your Lily O'Brien's chocolates in a cool dry place 15-18oC away from moisture, strong odours & moisture.				
Instructions for use	Ready to eat				
Alcoholic Strength	0				

NUTRITION LABELLING - TYPICAL VALUE PER 100g / 100ml				SUITABLE / FREE FROM			
Energy (kj)	2160	Energy (kcal)	516	Suitable for vegetarians	Yes	Suitable for vegans	No
Fat	29	of which saturates	18	Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Carbohydrate	58	of which sugars	53	Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Fibre	2.1	Protein	5.4	Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Salt	0.29			Free from alcohol	Yes	Free from artificial colours	Yes
				Free from artificial flavours	Yes	Suitable for coeliac sufferers	No

Name of Product	Myrtle & Olive Tomato & Cheese Palmiers - Red & Gold Label 75g
Manufacturer's Name and Address	DE KROES FEUILLETAGE, rue champs de la perdrix, SEMUR EN AUXOIS, burgundy, France, 21140
Supplier Name and Address	De Kroes Feuilletage, rue champs de la perdrix, SEMUR EN AUXOIS, burgundy, France, 21140
Ingredients	WHEAT flour, Butter (MILK), Grated Emmental cheese (MILK), Rapeseed oil, Salt, tomato mix (Tomato powder 37,5%, sweet and hot pepper powder 34,5% , onion powder, coriander powder, cumin powder, oregano powder) (2,2%), Yeast, Blend of herbs with garlic and onions, Black pepper, Colour : E160b(ii), Colour : E160c

CONTAINING ALLERGENS					
Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Eggs, Tree Nuts, Sesame, Soybeans
Country of Origin	France
Storage Instructions	store in cool and dry place
Instructions for use	ready to eat
Alcoholic Strength	0

NUTRITION LABELLING - TYPICAL VALUE PER 100g / 100ml				SUITABLE / FREE FROM			
Energy (kj)	2156	Energy (kcal)	516	Suitable for vegetarians	Yes	Suitable for vegans	No
Fat	28	of which saturates	17	Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Carbohydrate	54	of which sugars	1.8	Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Fibre		Protein	11	Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	No
Salt	2.88			Free from alcohol	Yes	Free from artificial colours	Yes
				Free from artificial flavours	Yes	Suitable for coeliac sufferers	No

Name of Product	Vinoir Merlot - Red Label 75cl
Manufacturer's Name and Address	VINA AGUIREE, FUNDO SANTA ANA LIUCURA, FUNDO SANTA ANA LIUCURA, MAULE, N/A, CHILE, N/A
Supplier Name and Address	EWGA, HYNING HOME BOND, WARTON, LANCASHIRE, LA61HP
Ingredients	MERLOT GRAPES

CONTAINING ALLERGENS					
Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	Yes		

May contain statements	
Country of Origin	CHILE
Storage Instructions	AMBIENT
Instructions for use	OPEN AND DRINK
Alcoholic Strength	11

NUTRITION LABELLING - TYPICAL VALUE PER 100g / 100ml				SUITABLE / FREE FROM			
Energy (kj)	1.5	Energy (kcal)	84	Suitable for vegetarians	Yes	Suitable for vegans	No
Fat	0	of which saturates	0	Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Carbohydrate	1.5	of which sugars	1.5	Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Fibre	0	Protein	0	Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Salt	-1			Free from alcohol	No	Free from artificial colours	Yes
				Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

Name of Product	Four Anjels Shortbread Stars in Red Box - photograph Red & Gold Box 100g
Manufacturer's Name and Address	Four Anjels Ltd, unit 10, Furlong Park, Bishops Cleeve Business Park, Cheltenham, Gloucestershire, United Kingdom, GL52 8TW
Supplier Name and Address	Four Anjels, unit 10, Furlong Park, Bishops Cleeve Business Park, Cheltenham, Gloucestershire, United Kingdom, GL52 8TW
Ingredients	WHEAT Flour (WHEAT Flour, Calcium Carbonate, Niacin, Iron, Folic Acid Thiamin), Salted Butter (31%) (Butter (MILK), Salt), Caster Sugar, Rice Flour, Corn Flour (Maize Starch).

CONTAINING ALLERGENS					
Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Eggs, Tree Nuts, Soybeans
Country of Origin	United Kingdom
Storage Instructions	store in a cool dry place out of direct sunlight
Instructions for use	N/A
Alcoholic Strength	0

NUTRITION LABELLING - TYPICAL VALUE PER 100g / 100ml				SUITABLE / FREE FROM			
Energy (kj)	1990	Energy (kcal)	476	Suitable for vegetarians	Yes	Suitable for vegans	No
Fat	25.6	of which saturates	16.8	Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Carbohydrate	57.7	of which sugars	17.9	Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Fibre	1.7	Protein	5.1	Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	No
Salt	0.52			Free from alcohol	Yes	Free from artificial colours	Yes
				Free from artificial flavours	Yes	Suitable for coeliac sufferers	No

Name of Product	Grandma Wild's 4 Luxury Mince Pies - Red & White Foliage 0g
Manufacturer's Name and Address	Grandma Wild's, Millenium Business Park, Station Road, Steeton,, Keighley,, West Yorkshire, BD20 6RB
Supplier Name and Address	Grandma Wild's, Millenium Business Park, Station Road, Steeton,, Keighley,, West Yorkshire, BD20 6RB
Ingredients	Ingredients: Mincemeat (52%) (Sugar, Apple Puree (Apple Puree, Preservative: Acetic Acid), Vine Fruits (28%) (Sunflower Oil), Glucose Fructose Syrup, Mixed Peel (4%) (Orange Peel, Glucose Fructose Syrup, Sugar, Lemon Peel, Acidity Regulator: Citric Acid), Vegetable Suet (Palm Oil, Rice Flour, Sunflower Oil), Acidity Regulator : Acetic Acid, Citric Acid, Modified Maize Starch, Mixed Spice, Roast Barley Malt Extract, Colour: Caramel, Salt, Orange Oil, Lemon Oil), Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Vegetable Oil (Palm, Rapeseed, Water, Salt, Natural Flavouring), Sugar, Maize Starch, Invert Sugar Syrup.

CONTAINING ALLERGENS					
Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Eggs, Milk, Mustard, Tree Nuts, Peanuts, Sesame, Soybeans
Country of Origin	United Kingdom
Storage Instructions	Store in a cool dry place avoiding direct sunlight. Once opened, keep in an airtight container and consume within 30 days.
Instructions for use	For best results serve warm: Directions: 1. Pre-heat oven to 180C (356F) Gas Mark 4. 2. Remove all packaging, except foil container. 3. Place on a baking tray on the middle oven shelf. 4. Reheat for 8-10 minutes. Fan assisted ovens may require less time. Caution, the filling may be extremely hot. Take extra care when eating. Do not re-heat in the microwave.
Alcoholic Strength	0

NUTRITION LABELLING - TYPICAL VALUE PER 100g / 100ml				SUITABLE / FREE FROM			
Energy (kj)	1591	Energy (kcal)	379	Suitable for vegetarians	Yes	Suitable for vegans	No
Fat	14	of which saturates	5.7	Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Carbohydrate	60	of which sugars	35	Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Fibre	1.5	Protein	2.3	Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	No
Salt	0.21			Free from alcohol	Yes	Free from artificial colours	Yes
				Free from artificial flavours	Yes	Suitable for coeliac sufferers	No