

P.S. Just to let you know, sometimes we come up against supply problems and have to swap bits in and out of our hampers.

Don't worry any new additions will always be the same value or higher, and for specific dietary hampers, we'll make sure suitable swaps are made. But it does mean that sometimes the allergy and nutritional info on the website don't quite match up.

Any worries, just get in touch.

|                                 |  |
|---------------------------------|--|
| Name of Product                 | R&R Robert & Reeves Prosecco 20cl  |
| Manufacturer's Name and Address | Broadland Drinks Ltd, The New Winery Chapel St Cawston, NORWICH, Norfolk, United Kingdom, NR10 4BG |
| Supplier Name and Address       | Broadland Drinks Ltd, The New Winery Chapel St Cawston, NORWICH, Norfolk, United Kingdom, NR10 4BG |
| Ingredients                     | Grapes (Contains <b>Sulphites</b> )  |

**Containing Allergens**

|           |    |  |     |             |    |
|-----------|----|--|-----|-------------|----|
| Celery    | No | Cereals containing gluten namely wheat | No  | Crustaceans | No |
| Eggs      | No | Fish                                   | No  | Lupin       | No |
| Milk      | No | Molluscs                               | No  | Mustard     | No |
| Tree Nuts | No | Peanuts                                | No  | Sesame      | No |
| Soybeans  | No | Sulphites/Sulphur Dioxide              | Yes |             |    |

|                        |  |
|------------------------|--|
| May contain statements |  |
| Country of Origin      | Italy                                    |
| Storage Instructions   | from 5°C to 20 °C away from direct light |
| Instructions for use   | N/A                                      |
| Alcoholic Strength     | 10.5                                     |

**Nutrition Labelling - Typical value Per 100g / 100ml**

|              |   |                    |   |      |   |
|--------------|---|--------------------|---|------|---|
| Energy (kj)  | 0 | Energy (kcal)      | 0 | Salt | 0 |
| Fat          | 0 | of which saturates | 0 |      |   |
| Carbohydrate | 0 | of which sugars    | 0 |      |   |
| Fibre        | 0 | Protein            | 0 |      |   |

|                                       |     |                                      |     |
|---------------------------------------|-----|--------------------------------------|-----|
| Suitable for vegetarians              | Yes | Suitable for vegans                  | Yes |
| Suitable for gluten allergy sufferers | Yes | Suitable for wheat allergy sufferers | Yes |
| Suitable for dairy allergy sufferers  | Yes | Suitable for soya allergy sufferers  | Yes |
| Suitable for nut allergy sufferers    | Yes | Suitable for egg allergy sufferers   | Yes |
| Free from alcohol                     | No  | Free from artificial colours         | Yes |
| Free from artificial flavours         | Yes | Suitable for coeliac sufferers       | Yes |

|                                 |   |
|---------------------------------|---|
| Name of Product                 | Ask Mummy & Daddy Big Kisses 50g  |
| Manufacturer's Name and Address | Delicious Ideas Food Group, Unit 2 The Links, Bakewell Road, Orton Southgate, Peterborough, Cambridgeshire, United Kingdom, PE2 6BJ   |
| Supplier Name and Address       | Ask Mummy & Daddy t/a Delicious Ideas Food Group, Unit 1C Sovereign Way, Trafalgar Industrial Estate, Downham Market, Norfolk, United Kingdom, PE38 9SW   |
| Ingredients                     | Glucose Syrup, Sugar, Corn Starch, Water, Acids (Citric Acid, Malic Acid), Acidity Regulator (E331), Flavourings, Colours (E171, E129). Warning: E129 May have an adverse effect on activity and attention in children. |

**Containing Allergens**

|           |    |  |    |             |    |
|-----------|----|--|----|-------------|----|
| Celery    | No | Cereals containing gluten namely wheat | No | Crustaceans | No |
| Eggs      | No | Fish                                   | No | Lupin       | No |
| Milk      | No | Molluscs                               | No | Mustard     | No |
| Tree Nuts | No | Peanuts                                | No | Sesame      | No |
| Soybeans  | No | Sulphites/Sulphur Dioxide              | No |             |    |

|                        |  |
|------------------------|--|
| May contain statements | Cereals containing gluten namely wheat    Milk    Tree Nuts    Peanuts    Sesame    Soybeans |
| Country of Origin      | Packed in the UK   |
| Storage Instructions   | Store in a cool dry place, away from direct sunlight   |
| Instructions for use   | N/A  |
| Alcoholic Strength     | 0  |

**Nutrition Labelling - Typical value Per 100g / 100ml**

|              |      |                    |     |      |      |
|--------------|------|--------------------|-----|------|------|
| Energy (kj)  | 1495 | Energy (kcal)      | 358 | Salt | 0.04 |
| Fat          | 0.0  | of which saturates | 0.0 |      |      |
| Carbohydrate | 90   | of which sugars    | 51  |      |      |
| Fibre        | 0    | Protein            | 0.0 |      |      |

|                                       |     |                                      |     |
|---------------------------------------|-----|--------------------------------------|-----|
| Suitable for vegetarians              | Yes | Suitable for vegans                  | Yes |
| Suitable for gluten allergy sufferers | No  | Suitable for wheat allergy sufferers | No  |
| Suitable for dairy allergy sufferers  | No  | Suitable for soya allergy sufferers  | No  |
| Suitable for nut allergy sufferers    | No  | Suitable for egg allergy sufferers   | Yes |
| Free from alcohol                     | Yes | Free from artificial colours         | No  |
| Free from artificial flavours         | No  | Suitable for coeliac sufferers       | No  |

|                                 |  |
|---------------------------------|--|
| Name of Product                 | Bramble Foods Cherry Bakewell Flapjack 80g   |
| Manufacturer's Name and Address | MHT Foods Limited, Crosby Road, Market Harborough, Leicestershire, UK, LE169EE   |
| Supplier Name and Address       | MHT Foods Limited, Crosby Road, Market Harborough, Leicestershire, UK, LE169EE   |
| Ingredients                     | <b>OATS</b> , Golden Syrup (Invert Sugar Syrup), White Chocolate Flavour Coating (16%) (Sugar, Hydrogenated Palm Fat, Whey Powder ( <b>MILK</b> ), Emulsifier: <b>SOYA</b> Lecithin), Vegetable Margarine (Vegetable Oils (Palm, Rapeseed), Water, Salt, Emulsifier: Polyglycerol Esters of Fatty Acids, Colours: Curcumin, Annatto; Flavourings), Glace Cherries (8%) (Cherries, Glucose-Fructose Syrup, Sugar, Acidity Regulator: Citric Acid, Colour: Erythrosine, Preservative: <b>SULPHUR DIOXIDE</b> ), Sugar, Flaked <b>ALMONDS</b> (4%), Flavouring. |

#### Containing Allergens

|           |     |  |     |             |    |
|-----------|-----|--|-----|-------------|----|
| Celery    | No  | Cereals containing gluten namely wheat | Yes | Crustaceans | No |
| Eggs      | No  | Fish                                   | No  | Lupin       | No |
| Milk      | Yes | Molluscs                               | No  | Mustard     | No |
| Tree Nuts | Yes | Peanuts                                | No  | Sesame      | No |
| Soybeans  | Yes | Sulphites/Sulphur Dioxide              | Yes |             |    |

|                        |  |
|------------------------|--|
| May contain statements | Eggs   |
| Country of Origin      | United Kingdom                                     |
| Storage Instructions   | Store in a cool dry place, out of direct sunlight. |
| Instructions for use   | N/A  |
| Alcoholic Strength     | 0  |

#### Nutrition Labelling - Typical value Per 100g / 100ml

|              |      |                    |     |      |      |
|--------------|------|--------------------|-----|------|------|
| Energy (kj)  | 1779 | Energy (kcal)      | 445 | Salt | 0.42 |
| Fat          | 20   | of which saturates | 5.7 |      |      |
| Carbohydrate | 58   | of which sugars    | 35  |      |      |
| Fibre        |      | Protein            | 6.9 |      |      |

|                                       |     |                                      |    |
|---------------------------------------|-----|--------------------------------------|----|
| Suitable for vegetarians              | Yes | Suitable for vegans                  | No |
| Suitable for gluten allergy sufferers | No  | Suitable for wheat allergy sufferers | No |
| Suitable for dairy allergy sufferers  | No  | Suitable for soya allergy sufferers  | No |
| Suitable for nut allergy sufferers    | No  | Suitable for egg allergy sufferers   | No |
| Free from alcohol                     | Yes | Free from artificial colours         | No |
| Free from artificial flavours         | No  | Suitable for coeliac sufferers       | No |

|                                 |   |
|---------------------------------|---|
| Name of Product                 | British Bakes & Cakes Raspberry & White Chocolate Mini Loaf Cake 90g  |
| Manufacturer's Name and Address | Yorkshire Flapjack, Unit 4 Harrogate West Business Park, , Harrogate, North Yorkshire, United Kingdom, HG3 2FN  |
| Supplier Name and Address       | Yorkshire Flapjack, Unit 4 Harrogate West Business Park, , Harrogate, North Yorkshire, United Kingdom, HG3 2FN  |
| Ingredients                     | Vanilla Frosting 38.4% (sugar, vegetable oils (palm, rapeseed), water, humectant (sorbitol), skimmed <b>MILK</b> powder, cream cheese powder ( <b>MILK</b> ) 3.5%, acid (citric acid), salt, emulsifier (E435), preservative (potassium sorbate), natural flavouring), Plain Crème Cake 32% (Sugar, <b>WHEAT</b> flour (with calcium, iron, niacin, thiamin), modified starch (maize), vegetable oil (rapeseed), raising agents (disodium diphosphate, sodium bicarbonate), emulsifiers (E477, E471, E475), salt, whey solids ( <b>MILK</b> ), free range whole <b>EGG</b> powder), Liquid <b>EGG</b> ( <b>EGGS</b> ), Vegetable Oil (Rapeseed), Water, White Chocolate Curls 3.2% (Sugar, Cocoa Butter, Whole <b>MILK</b> Powder, Lactose <b>MILK</b> , Emulsifier: <b>SOYA</b> Lecithin (E322), Natural Vanilla Flavouring), Preservative; Glycerine (Vegetable Glycerine (Derived from Rapeseed)), Raspberry Flavour Liquid 1% (Ethanol, Monopropylene Glycol (E1520), Natural Flavour Substances), Preservative; Potassium Sorbate, French Pink Liquid Colour (Colour: E122), Preservative; Citric Acid (Citric Acid E330). |

**Containing Allergens**

|           |     |  |     |             |    |
|-----------|-----|--|-----|-------------|----|
| Celery    | No  | Cereals containing gluten namely wheat | Yes | Crustaceans | No |
| Eggs      | Yes | Fish                                   | No  | Lupin       | No |
| Milk      | Yes | Molluscs                               | No  | Mustard     | No |
| Tree Nuts | No  | Peanuts                                | No  | Sesame      | No |
| Soybeans  | Yes | Sulphites/Sulphur Dioxide              | No  |             |    |

|                        |   |
|------------------------|---|
| May contain statements | Tree Nuts Peanuts Sulphites/Sulphur Dioxide |
| Country of Origin      | United Kingdom                              |
| Storage Instructions   | Ambient                                     |
| Instructions for use   | na  |
| Alcoholic Strength     | 0   |

**Nutrition Labelling - Typical value Per 100g / 100ml**

|              |      |                    |     |      |      |
|--------------|------|--------------------|-----|------|------|
| Energy (kj)  | 1927 | Energy (kcal)      | 461 | Salt | -0.7 |
| Fat          | 24   | of which saturates | 6.1 |      |      |
| Carbohydrate | 55   | of which sugars    | 36  |      |      |
| Fibre        | 0.7  | Protein            | 4.2 |      |      |

|                                       |     |                                      |    |
|---------------------------------------|-----|--------------------------------------|----|
| Suitable for vegetarians              | Yes | Suitable for vegans                  | No |
| Suitable for gluten allergy sufferers | No  | Suitable for wheat allergy sufferers | No |
| Suitable for dairy allergy sufferers  | No  | Suitable for soya allergy sufferers  | No |
| Suitable for nut allergy sufferers    | No  | Suitable for egg allergy sufferers   | No |
| Free from alcohol                     | Yes | Free from artificial colours         | No |
| Free from artificial flavours         | No  | Suitable for coeliac sufferers       | No |

|                                 |  |
|---------------------------------|--|
| Name of Product                 | Popcorn Shed Mini Pop! Sweet and Salty 28g   |
| Manufacturer's Name and Address | Popcorn Shed, Unit 5 Globe Business Park, First Avenue, Marlow, Buckinghamshire, United Kingdom, SL7 1YA |
| Supplier Name and Address       | Popcorn Shed, 483 Green Lanes, London, United Kingdom, N13 4BS   |
| Ingredients                     | Popped corn, sugar, rapeseed oil, sea salt.  |

**Containing Allergens**

|           |    |  |    |             |    |
|-----------|----|--|----|-------------|----|
| Celery    | No | Cereals containing gluten namely wheat | No | Crustaceans | No |
| Eggs      | No | Fish                                   | No | Lupin       | No |
| Milk      | No | Molluscs                               | No | Mustard     | No |
| Tree Nuts | No | Peanuts                                | No | Sesame      | No |
| Soybeans  | No | Sulphites/Sulphur Dioxide              | No |             |    |

|                        |  |
|------------------------|--|
| May contain statements |  |
| Country of Origin      | United Kingdom                           |
| Storage Instructions   | Store in a cool, dry place               |
| Instructions for use   | Once opened, re-seal to ensure freshness |
| Alcoholic Strength     | 0  |

**Nutrition Labelling - Typical value Per 100g / 100ml**

|              |      |                    |      |      |     |
|--------------|------|--------------------|------|------|-----|
| Energy (kj)  | 1975 | Energy (kcal)      | 472  | Salt | 1.6 |
| Fat          | 21.3 | of which saturates | 2    |      |     |
| Carbohydrate | 63.2 | of which sugars    | 24.4 |      |     |
| Fibre        | 3.6  | Protein            | 5.1  |      |     |

|                                       |     |                                      |     |
|---------------------------------------|-----|--------------------------------------|-----|
| Suitable for vegetarians              | Yes | Suitable for vegans                  | Yes |
| Suitable for gluten allergy sufferers | Yes | Suitable for wheat allergy sufferers | Yes |
| Suitable for dairy allergy sufferers  | Yes | Suitable for soya allergy sufferers  | Yes |
| Suitable for nut allergy sufferers    | Yes | Suitable for egg allergy sufferers   | Yes |
| Free from alcohol                     | Yes | Free from artificial colours         | Yes |
| Free from artificial flavours         | Yes | Suitable for coeliac sufferers       | Yes |

|                                 |  |
|---------------------------------|--|
| Name of Product                 | Stas Milk Chocolate Bar with White Chocolate Drizzle and Gold Sprinkles - Pink Ribbon Happy Birthday Tag 100g  |
| Manufacturer's Name and Address | The Stas Partnership Ltd, Boundary House, Shaftesbury, Dorset, United Kingdom, SP7 9BT   |
| Supplier Name and Address       | The Stas Partnership Ltd, Boundary House, Shaftesbury, Dorset, United Kingdom, SP7 9BT   |
| Ingredients                     | <b>MILK</b> Chocolate (Sugar, Cocoa Butter, Cocoa Mass, Skimmed <b>MILK</b> Powder, <b>MILK</b> Fat, Coconut Oil, <b>MILK</b> Sugar, Emulsifier: <b>SOYA</b> Lecithin), White Chocolate (Sugar, Cocoa Butter, Whole <b>MILK</b> Powder, Coconut Oil, Emulsifier: <b>SOYA</b> Lecithin, Natural Vanilla Flavouring), <b>MILK</b> Chocolate Flakes (Sugar, Whole <b>MILK</b> Powder, Cocoa Mass, Skimmed <b>MILK</b> Powder, Emulsifier: <b>SOYA</b> Lecithin, Vanillin), Gold Powder (Carrier: Potassium Aluminium Silicate, Colours (Titanium Dioxide, Iron Oxide) |

**Containing Allergens**

|           |     |  |    |             |    |
|-----------|-----|--|----|-------------|----|
| Celery    | No  | Cereals containing gluten namely wheat | No | Crustaceans | No |
| Eggs      | No  | Fish                                   | No | Lupin       | No |
| Milk      | Yes | Molluscs                               | No | Mustard     | No |
| Tree Nuts | No  | Peanuts                                | No | Sesame      | No |
| Soybeans  | Yes | Sulphites/Sulphur Dioxide              | No |             |    |

|                        |   |
|------------------------|---|
| May contain statements | Cereals containing gluten namely wheat Eggs Tree Nuts |
| Country of Origin      | United Kingdom  |
| Storage Instructions   | Store in a cool dry place away from direct sunlight   |
| Instructions for use   | NA  |
| Alcoholic Strength     | 0   |

**Nutrition Labelling - Typical value Per 100g / 100ml**

|              |      |                    |     |      |      |
|--------------|------|--------------------|-----|------|------|
| Energy (kj)  | 2304 | Energy (kcal)      | 552 | Salt | 0.11 |
| Fat          | 33   | of which saturates | 21  |      |      |
| Carbohydrate | 57   | of which sugars    | 56  |      |      |
| Fibre        | 2.2  | Protein            | 5.4 |      |      |

|                                       |     |                                      |     |
|---------------------------------------|-----|--------------------------------------|-----|
| Suitable for vegetarians              | Yes | Suitable for vegans                  | No  |
| Suitable for gluten allergy sufferers | No  | Suitable for wheat allergy sufferers | No  |
| Suitable for dairy allergy sufferers  | No  | Suitable for soya allergy sufferers  | No  |
| Suitable for nut allergy sufferers    | No  | Suitable for egg allergy sufferers   | No  |
| Free from alcohol                     | Yes | Free from artificial colours         | Yes |
| Free from artificial flavours         | Yes | Suitable for coeliac sufferers       | No  |