

P.S. Just to let you know, sometimes we come up against supply problems and have to swap bits in and out of our hampers.

Don't worry any new additions will always be the same value or higher, and for specific dietary hampers, we'll make sure suitable swaps are made. But it does mean that sometimes the allergy and nutritional info on the website don't quite match up.

Any worries, just get in touch.

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Name of Product	R&R Robert & Reeves Prosecco 20cl
Manufacturer's Name and Address	Broadland Drinks Ltd, The New Winery Chapel St Cawston, NORWICH, Norfolk, United Kingdom, NR10 4BG
Supplier Name and Address	Broadland Drinks Ltd, The New Winery Chapel St Cawston, NORWICH, Norfolk, United Kingdom, NR10 4BG
Ingredients	Grapes Contains SULPHITES

Containing Allergens

Celery	No	Gluten	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	Yes		

May contain statements	
Country of Origin	Italy
Storage Instructions	from 5°C to 20 °C away from direct light
Instructions for use	N/A
Alcoholic Strength	11

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	0	Energy (kcal)	0	Salt	0
Fat	0	of which saturates	0		
Carbohydrate	0	of which sugars	0		
Fibre	0	Protein	0		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	No	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

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Name of Product	Mallow & Marsh Raspberry Marshmallow Bar Coated 70% Dark Chocolate 35g
Manufacturer's Name and Address	John Bull Confectioners, Unit 1 Lancaster Road, Carnaby Industrial Estate, Bridlington, Yorkshire, United Kingdom, YO15 3QY
Supplier Name and Address	Mallow & Marsh, 7 Bell Yard, London, Greater London, United Kingdom, WC2A 2JR
Ingredients	Dark Chocolate (33%) [Cocoa Mass, Sugar, Fat Reduced Cocoa Powder, Emulsifier SOYA Lecithin, Natural Vanilla Flavouring], Sugar, Glucose Syrup, Dextrose, Water, Raspberry Powder (2.4%), Beef Gelatine, Humectant Glycerol, Cornflour, Salt. Dark Chocolate contains: Cocoa Solids 71% minimum.

Containing Allergens

Celery	No	Gluten	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	Cereals containing gluten namely wheat Eggs Milk Tree Nuts Peanuts
Country of Origin	United Kingdom
Storage Instructions	Ambient
Instructions for use	Store your marshmallows in cool dry conditions. Eat within 3 days of opening.
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1586	Energy (kcal)	376	Salt	0.16
Fat	12.8	of which saturates	7.6		
Carbohydrate	60	of which sugars	50.8		
Fibre	0	Protein	4.8		

Suitable for vegetarians	No	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	No
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	No

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Name of Product	Mini Chocolate Cake with Milk chocolate Chunks and White Chocolate Chips 125g
Manufacturer's Name and Address	Maxwell & Franks Ltd, 4 Centurion Way, Crusader Park, Warminster, Wiltshire, United Kingdom, BA12 8BT
Supplier Name and Address	Maxwell & Franks Ltd, 4 Centurion Way, Crusader Park, Warminster, Wiltshire, United Kingdom, BA12 8BT
Ingredients	Light Brown Sugar (Sugar, Cane Molasses, Invert Sugar Syrup), Whole EGG , Margarine (Vegetable Oils (Palm, Rapeseed), Salt, Citric Acid), Fortified WHEAT Flour (WHEAT Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Glucose Syrup (derived from WHEAT), Dark Chocolate Chips (10%) (Sugar, Cocoa Mass, Cocoa Butter, Emulsifier: SOYA Lecithin, Natural Vanilla Flavouring), Vegetable Glycerine (Rapeseed Oil), Fat Reduced Cocoa Powder, Dark Chocolate Icing [Sugar, Vegetable Oil (Rapeseed, Palm), Glucose Syrup (derived from WHEAT), Fat Reduced Cocoa powder, Emulsifiers (Mono-and Diglycerides of Fatty Acids (Palm Oil), SOYA Lecithin), Salt, Preservative (Potassium Sorbate), Natural Flavouring], MILK Chocolate chunks (3%)(Sugar, Whole MILK Powder, Cocoa Butter, Cocoa Mass, Whey Powder (MILK), Skimmed MILK Powder, Emulsifier: SOYA Lecithin, Natural Vanilla Flavouring), White Chocolate Chips (3%) (Sugar, Cocoa Butter, Full Cream MILK Powder, Whey Powder (MILK), Vegetable Oils (Blend of Palm, Sal, Shea and Mango Kernels), Emulsifier: SOYA Lecithin, Vanilla Flavouring), Raising Agent Diphosphates, Sodium Carbonates, Fortified WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin)), Preservative (Potassium Sorbate)

Containing Allergens

Celery	No	Gluten	Yes	Crustaceans	No
Eggs	Yes	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	Tree Nuts Sulphites/Sulphur Dioxide
Country of Origin	United Kingdom
Storage Instructions	Store in a cool dry place
Instructions for use	Once opened consume within 3 days
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1692	Energy (kcal)	404	Salt	0.47
Fat	19	of which saturates	7.9		
Carbohydrate	54	of which sugars	32		
Fibre	0	Protein	5.7		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	No
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	No

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Name of Product	Popcorn Shed Birthday Cake Snack Pack 24g
Manufacturer's Name and Address	Bare Popcorn, Unit 5 Globe Business Park, First Avenue, Marlow, Buckinghamshire, United Kingdom, SL7 1YA
Supplier Name and Address	Popcorn Shed, 30 City Road, London, EC1Y 2AB
Ingredients	Popped Corn (24%), Sugar, Sugar Strands (Sugar, WHEAT Starch (GLUTEN), Modified Starch, Stabiliser E414, Glucose syrup, Red beet concentrate, Colours E140i, E100, E160a, E163), Butter (MILK), White Chocolate (Sugar, Cocoa butter, Whole MILK powder, Cocoa mass, Emulsifier: SOYA lecithin, Natural Vanilla), Glucose Syrup, Golden Syrup, Rapeseed Oil, Salt, Vanilla Flavouring, Bicarbonate Of Soda, Emulsifier: SOYA Lecithin.

Containing Allergens

Celery	No	Gluten	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	Tree Nuts Peanuts
Country of Origin	United Kingdom
Storage Instructions	Store in a cool, dry place. Once opened, re-seal bag to ensure freshness.
Instructions for use	N/A
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1863	Energy (kcal)	442	Salt	0.9
Fat	12.4	of which saturates	6.7		
Carbohydrate	80	of which sugars	57		
Fibre	0	Protein	3.6		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	No
Free from artificial flavours	No	Suitable for coeliac sufferers	No

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Name of Product	Whitakers Happy Birthday Chocolate Bar (Purple) 90g
Manufacturer's Name and Address	Whitakers Chocolates Limited, 85 Keighley Road, Skipton, 734, United Kingdom, BD23 2NA
Supplier Name and Address	Whitakers Chocolates Limited, 85 Keighley Road, Skipton, 734, United Kingdom, BD23 2NA
Ingredients	MILK Chocolate (sugar, cocoa butter, whole MILK powder, cocoa mass, lactose (MILK), whey powder (MILK), emulsifier: SOYA lecithin). Cocoa Declaration: MILK Chocolate contains: Cocoa solids 32% minimum, MILK solids 14% minimum. Allergy Advice: For allergens see ingredients in BOLD CAPITALS. Also, may contain NUTS.

Containing Allergens

Celery	No	Gluten	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	Tree Nuts
Country of Origin	United Kingdom
Storage Instructions	Store in a cool dry place away from direct sunlight
Instructions for use	ready to eat
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	2232	Energy (kcal)	534	Salt	0.18
Fat	30.1	of which saturates	18.4		
Carbohydrate	58.8	of which sugars	58.4		
Fibre	2.3	Protein	5.9		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

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Name of Product	Tasty Mates Very Berry Gummy Sweets 54g
Manufacturer's Name and Address	Golydul, Ctra. de Arévalo, Km. 15 Las Berlanas, (ÁVILA), ESPAÑA, 05162
Supplier Name and Address	Tasty Mates, Office 9, Dalton House, 60 Windsor Avenue, London, SW19 2RR
Ingredients	Glucose syrup, Sugar, Water, Fruit pulp (10%), (apple, antioxidant: ascorbic acid, acidifier: citric acid), Gelling agent (pectin), Glazing agent (vegetable oil: coconut and carnauba wax), Natural flavours and Natural colouring (black carrot concentrate and charcoal). (Contains SULPHITES)

Containing Allergens

Celery	No	Gluten	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	Yes		

May contain statements	
Country of Origin	Spain
Storage Instructions	Ambient
Instructions for use	NA
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1392	Energy (kcal)	328	Salt	0.29
Fat	0	of which saturates	0		
Carbohydrate	82	of which sugars	65		
Fibre	0	Protein	0		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

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Name of Product	Crunch & Crumble Chocolate Candy Bean Shortbread Biscuit in Bag with Purple ribbon
Manufacturer's Name and Address	Maxwell and Franks, Boundary House, Littledown Business Park, Shaftesbury, Dorset, United Kingdom, SP7 9BT
Supplier Name and Address	Maxwell and Franks, Boundary House, Little Down Business Park, Shaftesbury, Dorset, United Kingdom, SP7 9BT
Ingredients	Fortified WHEAT Flour (WHEAT Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Salted Butter (40%) (Butter (MILK), Salt), Sugar, Cornflour, Chocolate Coated in a Crisp Candy Shell [Sugar, Skimmed MILK Powder, Cocoa Mass, Cocoa Butter, WHEAT Flour, Starch, Butter Oil (MILK), Whey Powder Product (MILK), Rice Starch, Emulsifier: Lecithins, Colours (Beetroot Red, Carotene, Curcumin), Spirulina Concentrate, Glazing Agents (Arabic Gum, Carnauba Wax, Beeswax White), Vegetable and Juice Concentrates (Safflower, Radish, Grape, Blackcurrant, Lemon, Red Beet), Extracts (of Carthamus, Malt from BARLEY , Algae Concentrate)].

Containing Allergens

Celery	No	Gluten	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Eggs Tree Nuts Soybeans
Country of Origin	United Kingdom
Storage Instructions	Store in a cool dry place.
Instructions for use	Once opened consume within 3 days.
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	2242	Energy (kcal)	537	Salt	0.63
Fat	30	of which saturates	19		
Carbohydrate	62	of which sugars	22		
Fibre	1.5	Protein	3.9		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	No
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	No