

P.S. Just to let you know, sometimes we come up against supply problems and have to swap bits in and out of our hampers.

Don't worry any new additions will always be the same value or higher, and for specific dietary hampers, we'll make sure suitable swaps are made. But it does mean that sometimes the allergy and nutritional info on the website don't quite match up.

Any worries, just get in touch.

DISCLAIMER: In the event of supply difficulties, we reserve the right to substitute any items with replacements of equal or higher quality and value that may or may not be listed in the contents section of the product descriptions. For special dietary hampers, suitable substitutions will be made.

In the event that a substitution is made, the nutritional and allergen summaries on our website may not reflect the true contents of the hamper.

Name of Product	Arran Fine Foods Caramelised Red Onion Chutney 195g
Manufacturer's Name and Address	Paterson Arran Ltd, The Old Mill, Lamblash, North Ayrshire, Scotland, KA27 8AR
Supplier Name and Address	Paterson Arran Ltd, The Old Mill, Lamblash, North Ayrshire, Scotland, KA27 8AR
Ingredients	Re-hydrated Red Onions (48%), Sugar, Red Grape Vinegar, Re-hydrated Onions, Thickening Agent (Modified Maize Starch), Colouring (Plain Caramel) (1%), Sea Salt, Ginger, Preservative (Potassium Sorbate), Cinnamon, Nutmeg

Containing Allergens

Celery	No	Gluten	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	Scotland
Storage Instructions	Store in a cool dry place.
Instructions for use	Ready to eat product.
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	657	Energy (kcal)	155	Salt	0.32
Fat	0	of which saturates	0		
Carbohydrate	37	of which sugars	32		
Fibre	1.2	Protein	1.1		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

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Name of Product	The Mouse House Finest Vintage English Cheddar Trundle 200g
Manufacturer's Name and Address	Lymn Bank Farm Ltd, Lymn Bank, Thorpe St. Peter, Skegness, Lincolnshire, United Kingdom, PE24 4PJ
Supplier Name and Address	Lymn Bank Farm LTD, Lymn Bank, Thorpe St. Peter, Skegness, Lincolnshire, United Kingdom, PE24 4PJ
Ingredients	Cheddar Cheese (MILK), Salt, Rennet

Containing Allergens

Celery	No	Gluten	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	United Kingdom
Storage Instructions	Chilled 5°C – 6°C
Instructions for use	Refrigerate
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1700	Energy (kcal)	410	Salt	1.8
Fat	34.4	of which saturates	21.7		
Carbohydrate	0.1	of which sugars	0.1		
Fibre	0	Protein	25		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

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Name of Product	The Kindness Bakery Ploughman's Lunch Oatcake Bites 175g
Manufacturer's Name and Address	The Kindness Bakery, 69 Main Street, New Deer, Turriff, Aberdeenshire, Scotland, Ab53 6SY
Supplier Name and Address	The Kindness Bakery, 69 Main Street, New Deer, Turriff, Aberdeenshire, Scotland, Ab53 6SY
Ingredients	Oatmeal (OATS) 48%, WHEAT Flour, (WHEAT flour, WHEAT GLUTEN , Calcium Carbonate, Iron, Niacin, Thiamin), Cheddar Cheese: (MILK) 13%, Rapeseed Oil, Sweet Pickle 5%: Vegetables In Variable Proportions (54%) (Carrot, Rutabaga, Onion, Cauliflower, Marrow, Gherkin). Sugar, BARLEY Malt Vinegar, Water, Spirit Vinegar, Modified Maize Starch, Date Paste: (Dates, Rice Flour), Apple Pulp (Apple, Preservative: Sodium MetabiSULPHITE), Salt, Tomato Paste, Dried Spices, Lemon Juice Concentrate, Onion Powder, Colour (SULPHITE Ammonia Caramel), Flavouring, Sugar, Salt, Raising Agents: (Monocalcium Phosphate, Potassium Hydrogen Carbonate, Calcium Carbonate).

Containing Allergens

Celery	No	Gluten	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	Yes		

May contain statements	Eggs Soybeans
Country of Origin	Scotland
Storage Instructions	Store in a cool, dry place out of direct sunlight. Once opened, the product should be kept in an airtight container.
Instructions for use	N/A
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1781	Energy (kcal)	427	Salt	2.1
Fat	21.4	of which saturates	4.6		
Carbohydrate	47.2	of which sugars	4.7		
Fibre	5	Protein	11.5		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	No
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	No

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Name of Product	The Mouse House Caramelised Onion Cheddar Truckle 200g
Manufacturer's Name and Address	Lymn Bank Farm Ltd, Lymn Bank, Thorpe St. Peter, Skegness, Lincolnshire, United Kingdom, PE24 4PJ
Supplier Name and Address	Lymn Bank Farm Ltd, Lymn Bank, Thorpe St. Peter, Skegness, Lincolnshire, United Kingdom, PE24 4PJ
Ingredients	Cheddar Cheese (MILK) Caramelised Onion Chutney (Onions 46%,Raw Cane Sugar, Spiced Vinegar, Cinnamon, Cloves, Ginger, Concentrated Red Current Juice, Extra Virgin Olive Oil, Citrus Pectin, Concentrated Lemon Juice), Preservatives E202

Containing Allergens

Celery	No	Gluten	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	United Kingdom
Storage Instructions	Chilled 5°C – 6°C
Instructions for use	Refrigerate
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1672	Energy (kcal)	403	Salt	1.66
Fat	31.8	of which saturates	19.7		
Carbohydrate	6	of which sugars	5.9		
Fibre	0.2	Protein	23.1		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	No

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In the event that a substitution is made, the nutritional and allergen summaries on our website may not reflect the true contents of the hamper.

Name of Product	The Mouse House Red Leicester Truckle 200g
Manufacturer's Name and Address	Lymn Bank Farm Ltd, Lymn Bank, Thorpe St. Peter, Skegness, Lincolnshire, United Kingdom, PE24 4PJ
Supplier Name and Address	Lymn Bank Farm LTD, Lymn Bank, Thorpe St. Peter, Skegness, Lincolnshire, United Kingdom, PE24 4PJ
Ingredients	Red Leicester Cheese (MILK), Annatto, Salt

Containing Allergens

Celery	No	Gluten	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	United Kingdom
Storage Instructions	Chilled 5°C – 6°C
Instructions for use	Refrigerate
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1653	Energy (kcal)	399	Salt	1.8
Fat	33.7	of which saturates	21.1		
Carbohydrate	0	of which sugars	0.5		
Fibre	0	Protein	23.8		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes