

P.S. Occasionally we come up against supply problems which means we have to substitute bits in our hampers.

Don't worry anything we swap in will always be same value and quality (or higher) than the original, and we'll make sure it meets any dietary requirements.

Just bear in mind if we do have to do a swap, the nutritional and allergy summaries on here might not be quite right.

| | |
|---------------------------------|--|
| Name of Product | Bramble Foods Rich Cherry & Walnut Slab Cake |
| Manufacturer's Name and Address | MHT Foods Limited, Crosby Road, Market Harborough, Leicestershire, UK, LE169EE |
| Supplier Name and Address | MHT Foods Limited, Crosby Road, Market Harborough, Leicestershire, UK, LE169EE |
| Ingredients | Sultanas (36%), WHEAT Flour (Calcium Carbonate, Niacin, Iron, Thiamine), EGG , Sugar, Humectant: Vegetable Glycerine; Glace Cherries (5%) (Cherries, Glucose-Fructose Syrup, Sugar, Acidity Regulator: Citric Acid; Colour: Erythrosine; Preservatives: Potassium Sorbate, SULPHUR DIOXIDE), Margarine (Vegetable Oils (Palm, Rapeseed), Water, Salt, Emulsifier: Polyglycerol Esters of Fatty Acids; Colours: Annatto, Curcumin; Flavourings), WALNUTS (5%), Glucose Syrup, Whey Powder (MILK), Raising Agents: Diphosphates, Sodium Carbonates; Salt, Preservative: Potassium Sorbate. |

Containing Allergens

| | | | | | |
|-----------|-----|--|-----|-------------|----|
| Celery | No | Cereals containing gluten namely wheat | Yes | Crustaceans | No |
| Eggs | Yes | Fish | No | Lupin | No |
| Milk | Yes | Molluscs | No | Mustard | No |
| Tree Nuts | Yes | Peanuts | No | Sesame | No |
| Soybeans | No | Sulphites/Sulphur Dioxide | Yes | | |

| | |
|------------------------|---|
| May contain statements | Soybeans |
| Country of Origin | United Kingdom |
| Storage Instructions | Store in a cool dry place, out of direct sunlight. |
| Instructions for use | Once opened store in an airtight container and consume within 7 days. |
| Alcoholic Strength | 0 |

Nutrition Labelling - Typical value Per 100g / 100ml

| | | | | | |
|--------------|------|--------------------|-----|------|------|
| Energy (kj) | 1415 | Energy (kcal) | 351 | Salt | 0.25 |
| Fat | 12 | of which saturates | 3.1 | | |
| Carbohydrate | 56 | of which sugars | 39 | | |
| Fibre | | Protein | 4.8 | | |

| | | | |
|---|-----|--------------------------------------|-----|
| Suitable for vegetarians | Yes | Suitable for vegans | No |
| Suitable for gluten allergy sufferers/coeliac | No | Suitable for wheat allergy sufferers | No |
| Suitable for dairy allergy sufferers | No | Suitable for soya allergy sufferers | No |
| Suitable for nut allergy sufferers | No | Suitable for egg allergy sufferers | No |
| Free from alcohol | Yes | Free from artificial colours | Yes |
| Free from artificial flavours | Yes | Suitable for coeliac sufferers | No |

| | |
|---------------------------------|---|
| Name of Product | Crunch & Crumble Shortbread 150g |
| Manufacturer's Name and Address | Grandma Wild's, Millennium Business Park, Station Road, Steeton, Keighley, English, United Kingdom, BD20 6RB |
| Supplier Name and Address | Grandma Wild's (J Wild - Confectioners Ltd), Millennium Business Park, Station Road, Steeton, Keighley, English, United Kingdom, BD20 6RB |
| Ingredients | Fortified WHEAT Flour (WHEAT Flour, Calcium Carbonate, Niacin, Iron, Folic Acid, Thiamin), Sugar, Salted Sweetcream Butter (17%) (Cream: MILK ; Salt), Vegetable Oil (Palm, Rapeseed, Water, Salt, Flavouring), Salt, Raising Agent (Sodium Bicarbonate). |

Containing Allergens

| | | | | | |
|-----------|-----|--|-----|-------------|----|
| Celery | No | Cereals containing gluten namely wheat | Yes | Crustaceans | No |
| Eggs | No | Fish | No | Lupin | No |
| Milk | Yes | Molluscs | No | Mustard | No |
| Tree Nuts | No | Peanuts | No | Sesame | No |
| Soybeans | No | Sulphites/Sulphur Dioxide | No | | |

| | |
|------------------------|--|
| May contain statements | Eggs Mustard Tree Nuts Soybeans |
| Country of Origin | United Kingdom |
| Storage Instructions | Storage Conditions: Store in a cool dry place avoiding direct sunlight. Once opened, keep in an airtight container and consume within 30 days. |
| Instructions for use | Not Applicable |
| Alcoholic Strength | 0 |

Nutrition Labelling - Typical value Per 100g / 100ml

| | | | | | |
|--------------|------|--------------------|-----|------|------|
| Energy (kj) | 2168 | Energy (kcal) | 518 | Salt | 1.39 |
| Fat | 28 | of which saturates | 14 | | |
| Carbohydrate | 65 | of which sugars | 28 | | |
| Fibre | 1.7 | Protein | 3.5 | | |

| | | | |
|---|-----|--------------------------------------|-----|
| Suitable for vegetarians | Yes | Suitable for vegans | No |
| Suitable for gluten allergy sufferers/coeliac | No | Suitable for wheat allergy sufferers | No |
| Suitable for dairy allergy sufferers | No | Suitable for soya allergy sufferers | No |
| Suitable for nut allergy sufferers | No | Suitable for egg allergy sufferers | No |
| Free from alcohol | Yes | Free from artificial colours | Yes |
| Free from artificial flavours | Yes | Suitable for coeliac sufferers | No |

| | |
|---------------------------------|--|
| Name of Product | Buttermilk Espresso Martini Fudge 100g |
| Manufacturer's Name and Address | Buttermilk, The Buttermilk kitchen, Cooksland, Bodmin, Cornwall, United Kingdom, PL31 2QB |
| Supplier Name and Address | Buttermilk Confections Ltd, The Buttermilk kitchen, Cooksland, Bodmin, Cornwall, United Kingdom, PL31 2QB |
| Ingredients | Sugar, Sweetened Condensed MILK (Whole MILK , Sugar), Salted Butter (MILK , Salt), Golden Syrup, Glucose Syrup, White Chocolate (1.9%) (Sugar, Cocoa Butter, Whole MILK Powder, Emulsifier: SOYA Lecithin, Natural Vanilla Flavouring), Espresso Martini Liqueur (0.5%) (MILK), Sea Salt, Coffee Grounds (0.1%), Coffee Natural Flavouring |

Containing Allergens

| | | | | | |
|-----------|-----|--|----|-------------|----|
| Celery | No | Cereals containing gluten namely wheat | No | Crustaceans | No |
| Eggs | No | Fish | No | Lupin | No |
| Milk | Yes | Molluscs | No | Mustard | No |
| Tree Nuts | No | Peanuts | No | Sesame | No |
| Soybeans | Yes | Sulphites/Sulphur Dioxide | No | | |

| | |
|------------------------|--|
| May contain statements | Cereals containing gluten namely wheat Tree Nuts Peanuts |
| Country of Origin | United Kingdom |
| Storage Instructions | Store in cool, dark, dry conditions. Do not refrigerate. Once opened keep tightly sealed and consume within two weeks. |
| Instructions for use | na |
| Alcoholic Strength | 0 |

Nutrition Labelling - Typical value Per 100g / 100ml

| | | | | | |
|--------------|------|--------------------|------|------|-----|
| Energy (kj) | 1643 | Energy (kcal) | 390 | Salt | 0.3 |
| Fat | 11.5 | of which saturates | 7.2 | | |
| Carbohydrate | 70.2 | of which sugars | 66.8 | | |
| Fibre | | Protein | 1.4 | | |

| | | | |
|---|-----|--------------------------------------|-----|
| Suitable for vegetarians | Yes | Suitable for vegans | No |
| Suitable for gluten allergy sufferers/coeliac | No | Suitable for wheat allergy sufferers | No |
| Suitable for dairy allergy sufferers | No | Suitable for soya allergy sufferers | No |
| Suitable for nut allergy sufferers | No | Suitable for egg allergy sufferers | Yes |
| Free from alcohol | No | Free from artificial colours | Yes |
| Free from artificial flavours | Yes | Suitable for coeliac sufferers | No |

| | |
|---------------------------------|---|
| Name of Product | Cambrook Extraordinary Sweet Chilli Peanuts & Cashews in Jar 90g |
| Manufacturer's Name and Address | Cambrook Foods Ltd, Unit B1, Howard Tenens Estate, Macadam Way, Andover, Hampshire, United Kingdom, SP10 3LF |
| Supplier Name and Address | Cambrook Foods Ltd, Unit B1, Howard Tenens Estate, Macadam Way, Andover, Hampshire, United Kingdom, SP10 3LF |
| Ingredients | PEANUTS (57%), CASHEW (NUTS)NUTS (38%), Sweet Chilli Seasoning (4%): Sugar, Salt, Dried SOY Sauce (Contains: SOY Beans, Salt, Spirit Vinegar), Garlic, Onion, Chilli, Yeast Extract, Tomato, Red Bell Pepper, Paprika Extract, Spices, Acidity Regulator: Citric Acid. Rapeseed Oil, Natural Flavouring. Stabiliser: Gum Arabic. |

Containing Allergens

| | | | | | |
|-----------|-----|--|-----|-------------|----|
| Celery | No | Cereals containing gluten namely wheat | No | Crustaceans | No |
| Eggs | No | Fish | No | Lupin | No |
| Milk | No | Molluscs | No | Mustard | No |
| Tree Nuts | Yes | Peanuts | Yes | Sesame | No |
| Soybeans | Yes | Sulphites/Sulphur Dioxide | No | | |

| | |
|------------------------|---|
| May contain statements | Sesame |
| Country of Origin | United Kingdom |
| Storage Instructions | Cool & dry, Under 23°C, Away from heat or direct sunlight |
| Instructions for use | Eat as a snack any time, |
| Alcoholic Strength | 0 |

Nutrition Labelling - Typical value Per 100g / 100ml

| | | | | | |
|--------------|------|--------------------|-----|------|----|
| Energy (kj) | 2369 | Energy (kcal) | 570 | Salt | 15 |
| Fat | 476 | of which saturates | 89 | | |
| Carbohydrate | 138 | of which sugars | 6 | | |
| Fibre | 49 | Protein | 199 | | |

| | | | |
|---|-----|--------------------------------------|-----|
| Suitable for vegetarians | Yes | Suitable for vegans | Yes |
| Suitable for gluten allergy sufferers/coeliac | Yes | Suitable for wheat allergy sufferers | Yes |
| Suitable for dairy allergy sufferers | Yes | Suitable for soya allergy sufferers | No |
| Suitable for nut allergy sufferers | No | Suitable for egg allergy sufferers | Yes |
| Free from alcohol | Yes | Free from artificial colours | Yes |
| Free from artificial flavours | Yes | Suitable for coeliac sufferers | Yes |

| | |
|---------------------------------|---|
| Name of Product | Dean's Extra Mature Cheddar Cheese With Chilli Bites 100g |
| Manufacturer's Name and Address | Dean's of Huntly Ltd, Dean's of Huntly Ltd, Depot Road, Huntly, Aberdeenshire, United Kingdom, AB54 8JX |
| Supplier Name and Address | Dean's of Huntly Ltd, Depot Road, , Huntly, Aberdeenshire, United Kingdom, AB54 8JX |
| Ingredients | Extra Mature Cheddar (26%) (MILK), Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), OAT Flakes (26%), Vegetable Margarine (Sustainable Palm Oil, Rapeseed Oil, Water, Salt, Natural Flavouring), Salted Butter (Butter (MILK), Salt), Golden Caster Sugar, Salt, Chilli Powder (0.3%), Smoked Paprika, White Pepper. |

Containing Allergens

| | | | | | |
|-----------|-----|--|-----|-------------|----|
| Celery | No | Cereals containing gluten namely wheat | Yes | Crustaceans | No |
| Eggs | No | Fish | No | Lupin | No |
| Milk | Yes | Molluscs | No | Mustard | No |
| Tree Nuts | No | Peanuts | No | Sesame | No |
| Soybeans | No | Sulphites/Sulphur Dioxide | No | | |

| | |
|------------------------|--|
| May contain statements | |
| Country of Origin | United Kingdom |
| Storage Instructions | Store in a cool dry place. |
| Instructions for use | Once opened, store in an airtight container. |
| Alcoholic Strength | 0 |

Nutrition Labelling - Typical value Per 100g / 100ml

| | | | | | |
|--------------|------|--------------------|------|------|-----|
| Energy (kj) | 2074 | Energy (kcal) | 498 | Salt | 1.4 |
| Fat | 32.2 | of which saturates | 15.1 | | |
| Carbohydrate | 37.4 | of which sugars | 1.8 | | |
| Fibre | 4 | Protein | 12.7 | | |

| | | | |
|---|-----|--------------------------------------|-----|
| Suitable for vegetarians | Yes | Suitable for vegans | No |
| Suitable for gluten allergy sufferers/coeliac | No | Suitable for wheat allergy sufferers | No |
| Suitable for dairy allergy sufferers | No | Suitable for soya allergy sufferers | Yes |
| Suitable for nut allergy sufferers | Yes | Suitable for egg allergy sufferers | Yes |
| Free from alcohol | Yes | Free from artificial colours | Yes |
| Free from artificial flavours | Yes | Suitable for coeliac sufferers | No |

| | |
|---------------------------------|--|
| Name of Product | Highfield Preserves Strawberry Jam 320g |
| Manufacturer's Name and Address | Highfield Preserves Ltd, Unit 4 Highmount Court, Mid Devon Business Park, WILLAND, Devon, United Kingdom, EX15 2FB |
| Supplier Name and Address | Highfield Preserves Limited, Unit 4 Highmount Court, Mid Devon Business Park, WILLAND, Devon, United Kingdom, EX15 2FB |
| Ingredients | Strawberries, Sugar, Gelling Agent: Fruit Pectin, Concentrated Lemon Juice, Acidity Regulator: Citric Acid. Prepared with 60g fruit per 100g. Prepared with 60g of fruit per 100g. Total sugar content 62g per 100g. |

Containing Allergens

| | | | | | |
|-----------|----|--|----|-------------|----|
| Celery | No | Cereals containing gluten namely wheat | No | Crustaceans | No |
| Eggs | No | Fish | No | Lupin | No |
| Milk | No | Molluscs | No | Mustard | No |
| Tree Nuts | No | Peanuts | No | Sesame | No |
| Soybeans | No | Sulphites/Sulphur Dioxide | No | | |

| | |
|------------------------|---|
| May contain statements | |
| Country of Origin | United Kingdom |
| Storage Instructions | Refrigerate after opening and use within six weeks. |
| Instructions for use | Not applicable |
| Alcoholic Strength | 0 |

Nutrition Labelling - Typical value Per 100g / 100ml

| | | | | | |
|--------------|-----|--------------------|-----|------|---|
| Energy (kj) | 998 | Energy (kcal) | 235 | Salt | 0 |
| Fat | 0 | of which saturates | 0 | | |
| Carbohydrate | 57 | of which sugars | 57 | | |
| Fibre | 0 | Protein | 0 | | |

| | | | |
|---------------------------------------|-----|--------------------------------------|-----|
| Suitable for vegetarians | Yes | Suitable for vegans | Yes |
| Suitable for gluten allergy sufferers | Yes | Suitable for wheat allergy sufferers | Yes |
| Suitable for dairy allergy sufferers | Yes | Suitable for soya allergy sufferers | Yes |
| Suitable for nut allergy sufferers | Yes | Suitable for egg allergy sufferers | Yes |
| Free from alcohol | Yes | Free from artificial colours | Yes |
| Free from artificial flavours | Yes | Suitable for coeliac sufferers | Yes |

| | |
|---------------------------------|--|
| Name of Product | Highfield Preserves Sweet Red Pepper Relish 210g |
| Manufacturer's Name and Address | Highfield Preserves Ltd, Unit 4 Highmount Court, Mid Devon Business Park, Willand, Devon, United Kingdom, EX15 2FB |
| Supplier Name and Address | Highfield Preserves Limited, Unit 4 Highmount Court, Mid Devon Business Park, Willand, Devon, United Kingdom, EX15 2FB |
| Ingredients | Red Peppers (36%), Onions, Sugar, Tomatoes, White Wine Vinegar, Corn Starch, Salt, Basil, Spices. |

Containing Allergens

| | | | | | |
|-----------|----|--|----|-------------|----|
| Celery | No | Cereals containing gluten namely wheat | No | Crustaceans | No |
| Eggs | No | Fish | No | Lupin | No |
| Milk | No | Molluscs | No | Mustard | No |
| Tree Nuts | No | Peanuts | No | Sesame | No |
| Soybeans | No | Sulphites/Sulphur Dioxide | No | | |

| | |
|------------------------|--|
| May contain statements | |
| Country of Origin | United Kingdom |
| Storage Instructions | Once opened, keep refrigerated and use within six weeks. |
| Instructions for use | n/a |
| Alcoholic Strength | 0 |

Nutrition Labelling - Typical value Per 100g / 100ml

| | | | | | |
|--------------|-----|--------------------|-----|------|-----|
| Energy (kj) | 477 | Energy (kcal) | 113 | Salt | 0.3 |
| Fat | 0 | of which saturates | 0 | | |
| Carbohydrate | 25 | of which sugars | 23 | | |
| Fibre | | Protein | 1.2 | | |

| | | | |
|---|-----|--------------------------------------|-----|
| Suitable for vegetarians | Yes | Suitable for vegans | Yes |
| Suitable for gluten allergy sufferers/coeliac | Yes | Suitable for wheat allergy sufferers | Yes |
| Suitable for dairy allergy sufferers | Yes | Suitable for soya allergy sufferers | Yes |
| Suitable for nut allergy sufferers | Yes | Suitable for egg allergy sufferers | Yes |
| Free from alcohol | Yes | Free from artificial colours | Yes |
| Free from artificial flavours | Yes | Suitable for coeliac sufferers | Yes |

| | |
|---------------------------------|---|
| Name of Product | Kintu Merlot 75cl |
| Manufacturer's Name and Address | Vina Del Pedregal, Avenida El Bosque Norte, Office 901, Las Condes, Santiago, Chile, 0177 |
| Supplier Name and Address | Awin Barratt Siegel Wine Agencies LLP, 28 Recreation Ground Road, Stamford, Lincolnshire, PE9 1EW |
| Ingredients | Contains SULPHITES |

Containing Allergens

| | | | | | |
|-----------|----|--|-----|-------------|----|
| Celery | No | Cereals containing gluten namely wheat | No | Crustaceans | No |
| Eggs | No | Fish | No | Lupin | No |
| Milk | No | Molluscs | No | Mustard | No |
| Tree Nuts | No | Peanuts | No | Sesame | No |
| Soybeans | No | Sulphites/Sulphur Dioxide | Yes | | |

| | |
|------------------------|------------------------|
| May contain statements | |
| Country of Origin | Chile |
| Storage Instructions | Best drunk while young |
| Instructions for use | Open and enjoy |
| Alcoholic Strength | 12.5 |

Nutrition Labelling - Typical value Per 100g / 100ml

| | | | | | |
|--------------|------|--------------------|------|------|---|
| Energy (kj) | 321 | Energy (kcal) | 76 | Salt | 1 |
| Fat | 0.01 | of which saturates | 0 | | |
| Carbohydrate | 0.39 | of which sugars | 0.28 | | |
| Fibre | 0 | Protein | 0.23 | | |

| | | | |
|---|-----|--------------------------------------|-----|
| Suitable for vegetarians | Yes | Suitable for vegans | Yes |
| Suitable for gluten allergy sufferers/coeliac | Yes | Suitable for wheat allergy sufferers | Yes |
| Suitable for dairy allergy sufferers | Yes | Suitable for soya allergy sufferers | Yes |
| Suitable for nut allergy sufferers | Yes | Suitable for egg allergy sufferers | Yes |
| Free from alcohol | No | Free from artificial colours | Yes |
| Free from artificial flavours | No | Suitable for coeliac sufferers | Yes |

| | |
|---------------------------------|---|
| Name of Product | Linden Lady 9 Chocolate Truffles with Copper Sprinkles 110g |
| Manufacturer's Name and Address | LINDEN LADY CHOCOLATES PTD, WALNUT TREE FARM, BIRCH ROAD, Colchester, Essex, United Kingdom, CO6 1DR |
| Supplier Name and Address | Linden Lady Chocolate, WALNUT TREE FARM, BIRCH ROAD, Colchester, Essex, United Kingdom, CO6 1DR |
| Ingredients | Sugar, cocoa butter, cocoa mass, whole MILK powder, emulsifier: SOYA lecithin, flavour: vanilla. Fresh cream (MILK), skimmed MILK powder, inverted sugar syrup, rice starch, concentrated grape juice, Marc de champagne (2.8%). Decorations: Sugar, corn starch, maltodextrin, caramelised sugar syrup. Glazing agent: E903, E904. Stabiliser: E414. Anti-caking agent: E555. Colours E100, E163, E171. MILK chocolate min. Cocoa solids 33%, MILK solids 20%. White chocolate min. Cocoa solids 28%, MILK solids 22% |

Containing Allergens

| | | | | | |
|-----------|-----|--|----|-------------|----|
| Celery | No | Cereals containing gluten namely wheat | No | Crustaceans | No |
| Eggs | No | Fish | No | Lupin | No |
| Milk | Yes | Molluscs | No | Mustard | No |
| Tree Nuts | No | Peanuts | No | Sesame | No |
| Soybeans | Yes | Sulphites/Sulphur Dioxide | No | | |

| | |
|------------------------|--|
| May contain statements | Tree Nuts |
| Country of Origin | United Kingdom |
| Storage Instructions | IN DRY OUT OF DIRECT SUNLIGHT TEMP +10C -25C |
| Instructions for use | N/A |
| Alcoholic Strength | 2.8 |

Nutrition Labelling - Typical value Per 100g / 100ml

| | | | | | |
|--------------|------|--------------------|-----|------|------|
| Energy (kj) | 2059 | Energy (kcal) | 491 | Salt | 0.87 |
| Fat | 23 | of which saturates | 8 | | |
| Carbohydrate | 62 | of which sugars | 50 | | |
| Fibre | 0 | Protein | 5.2 | | |

| | | | |
|---|-----|--------------------------------------|-----|
| Suitable for vegetarians | Yes | Suitable for vegans | No |
| Suitable for gluten allergy sufferers/coeliac | Yes | Suitable for wheat allergy sufferers | Yes |
| Suitable for dairy allergy sufferers | No | Suitable for soya allergy sufferers | No |
| Suitable for nut allergy sufferers | No | Suitable for egg allergy sufferers | Yes |
| Free from alcohol | No | Free from artificial colours | No |
| Free from artificial flavours | No | Suitable for coeliac sufferers | Yes |

| | |
|---------------------------------|---|
| Name of Product | Mr Filbert's Teriyaki Mochi Rice Bites 150g |
| Manufacturer's Name and Address | Filbert's Fine Foods Limited, Greens Barn, Page Lane, Glastonbury, Somerset, United Kingdom, BA6 8NX |
| Supplier Name and Address | Filbert's Fine Foods Limited, Greens Barn, Page Lane, Glastonbury, Somerset, United Kingdom, BA6 8NX |
| Ingredients | Rice 59%, Rice Bran Oil, Tamari (SOYBEAN , water, salt, rice), Sugar, Teriyaki Seasoning 3.7% (sugar, garlic powder, onion powder, ginger powder, white pepper, hydrolysed vegetable protein powder, vinegar powder, salt, SESAME oil, maltodextrin, citric acid, natural smoke oil flavour), Roasted White SESAME Seed, Sweet Rice Wine (Mirin), Yeast Extract, Colour: Caramel E150a. |

Containing Allergens

| | | | | | |
|-----------|-----|--|----|-------------|-----|
| Celery | No | Cereals containing gluten namely wheat | No | Crustaceans | No |
| Eggs | No | Fish | No | Lupin | No |
| Milk | No | Molluscs | No | Mustard | No |
| Tree Nuts | No | Peanuts | No | Sesame | Yes |
| Soybeans | Yes | Sulphites/Sulphur Dioxide | No | | |

| | |
|------------------------|---|
| May contain statements | Cereals containing gluten namely wheat Crustaceans Fish Milk Molluscs Mustard Tree Nuts Peanuts |
| Country of Origin | Thailand |
| Storage Instructions | Ambient |
| Instructions for use | Ready to Eat |
| Alcoholic Strength | 0 |

Nutrition Labelling - Typical value Per 100g / 100ml

| | | | | | |
|--------------|------|--------------------|-----|------|---|
| Energy (kj) | 1820 | Energy (kcal) | 435 | Salt | 2 |
| Fat | 14 | of which saturates | 3.4 | | |
| Carbohydrate | 69 | of which sugars | 9 | | |
| Fibre | 0.4 | Protein | 6.3 | | |

| | | | |
|---|-----|--------------------------------------|-----|
| Suitable for vegetarians | No | Suitable for vegans | No |
| Suitable for gluten allergy sufferers/coeliac | No | Suitable for wheat allergy sufferers | No |
| Suitable for dairy allergy sufferers | No | Suitable for soya allergy sufferers | No |
| Suitable for nut allergy sufferers | No | Suitable for egg allergy sufferers | Yes |
| Free from alcohol | Yes | Free from artificial colours | No |
| Free from artificial flavours | Yes | Suitable for coeliac sufferers | No |

| | |
|---------------------------------|---|
| Name of Product | Peter's Yard Fig & Spelt Sourdough Crackers 100g |
| Manufacturer's Name and Address | Peter's Yard, 45 Grosvenor Road, , St Albans, Hertfordshire, UK, AL1 3AW |
| Supplier Name and Address | Peter's Yard, 45 Grosvenor Road, , St Albans, Hertfordshire, UK, AL1 3AW |
| Ingredients | SPELT WHEAT flour 81%, MILK , dried fig pieces 16%, sourdough 10% (RYE flour, water), honey, cold pressed rapeseed oil, sea salt. |

Containing Allergens

| | | | | | |
|-----------|-----|--|-----|-------------|----|
| Celery | No | Cereals containing gluten namely wheat | Yes | Crustaceans | No |
| Eggs | No | Fish | No | Lupin | No |
| Milk | Yes | Molluscs | No | Mustard | No |
| Tree Nuts | No | Peanuts | No | Sesame | No |
| Soybeans | No | Sulphites/Sulphur Dioxide | No | | |

| | |
|------------------------|----------------------------|
| May contain statements | |
| Country of Origin | UK |
| Storage Instructions | Store in a cool, dry place |
| Instructions for use | N/A |
| Alcoholic Strength | 0 |

Nutrition Labelling - Typical value Per 100g / 100ml

| | | | | | |
|--------------|------|--------------------|-----|------|-----|
| Energy (kj) | 1616 | Energy (kcal) | 382 | Salt | 1.7 |
| Fat | 4.5 | of which saturates | 0.9 | | |
| Carbohydrate | 77 | of which sugars | 8.8 | | |
| Fibre | 7.1 | Protein | 12 | | |

| | | | |
|---|-----|--------------------------------------|-----|
| Suitable for vegetarians | Yes | Suitable for vegans | No |
| Suitable for gluten allergy sufferers/coeliac | No | Suitable for wheat allergy sufferers | No |
| Suitable for dairy allergy sufferers | No | Suitable for soya allergy sufferers | Yes |
| Suitable for nut allergy sufferers | Yes | Suitable for egg allergy sufferers | No |
| Free from alcohol | Yes | Free from artificial colours | Yes |
| Free from artificial flavours | Yes | Suitable for coeliac sufferers | No |

| | |
|---------------------------------|---|
| Name of Product | Popcorn Shed Berry-licious Popcorn 80g |
| Manufacturer's Name and Address | Bare Popcorn Unit 5 Globe Business Park, First Avenue, Marlow, Buckinghamshire, SL7 1YA |
| Supplier Name and Address | Popcorn Shed, 30 City Road, London, United Kingdom, EC1Y2AB |
| Ingredients | Popped Corn (23%), Glucose Syrup, Sugar, Dark Chocolate (15.4%) (contains: Sugar, Cocoa butter, Cocoa Mass, Emulsifier: SOYA Lecithin, Natural Vanilla Flavouring), Butter (contains MILK), Raspberry powder (1.4%), Rapeseed Oil, Salt, Natural Raspberry flavouring, Emulsifier: SOYA Lecithin. Raising Agent: Bicarbonate of Soda. |

Containing Allergens

| | | | | | |
|-----------|-----|--|----|-------------|----|
| Celery | No | Cereals containing gluten namely wheat | No | Crustaceans | No |
| Eggs | No | Fish | No | Lupin | No |
| Milk | Yes | Molluscs | No | Mustard | No |
| Tree Nuts | No | Peanuts | No | Sesame | No |
| Soybeans | Yes | Sulphites/Sulphur Dioxide | No | | |

| | | |
|------------------------|--|--|
| May contain statements | Tree Nuts Peanuts | Cereals containing gluten namely wheat |
| Country of Origin | UK | |
| Storage Instructions | Once opened, re-seal bag to ensure freshness | |
| Instructions for use | Enjoy! | |
| Alcoholic Strength | 0 | |

Nutrition Labelling - Typical value Per 100g / 100ml

| | | | | | |
|--------------|------|--------------------|------|------|-----|
| Energy (kj) | 2082 | Energy (kcal) | 498 | Salt | 1.2 |
| Fat | 22.4 | of which saturates | 13.6 | | |
| Carbohydrate | 64.9 | of which sugars | 47.8 | | |
| Fibre | | Protein | 4.2 | | |

| | | | |
|---------------------------------------|-----|--------------------------------------|-----|
| Suitable for vegetarians | Yes | Suitable for vegans | No |
| Suitable for gluten allergy sufferers | No | Suitable for wheat allergy sufferers | No |
| Suitable for dairy allergy sufferers | No | Suitable for soya allergy sufferers | No |
| Suitable for nut allergy sufferers | No | Suitable for egg allergy sufferers | Yes |
| Free from alcohol | Yes | Free from artificial colours | Yes |
| Free from artificial flavours | Yes | Suitable for coeliac sufferers | No |

| | |
|---------------------------------|---|
| Name of Product | Savoursmiths Wagyu Beef with Honey and Mustard Crisps 150g |
| Manufacturer's Name and Address | Savoursmiths Ltd, Russell Smith Farms, Manor Farm Barns, Gravel Pitt Hill Road, Thriplow, Royston Hertfordshire SG8 7RE, Russell Smith Farms, Manor Farm Barns, Gravel Pitt Hill Road, Thriplow, Royston Hertfordshire SG8 7RE, Royston, UK, UK, SG8 7RE |
| Supplier Name and Address | Savoursmiths Ltd, Russell Smith Farms, Manor Farm Barns, Gravel Pitt Hill Road, Thriplow, Royston Hertfordshire SG8 7RE, Russell Smith Farms, Manor Farm Barns, Gravel Pitt Hill Road, Thriplow, Royston Hertfordshire SG8 7RE, Royston, UK, UK, SG8 7RE |
| Ingredients | Potatoes, sunflower oil, wagyu beef honey & MUSTARD flavour (yeast extract powder, rice flour, sugar, salt, onion powder, natural flavouring, garlic powder, lemon juice powder, anti-caking agent (silicon dioxide), acidity regulator (citric acid), smoked sugar, wagyu beef extract powder, spice (star anise, pimento, cinnamon), honey powder) |

Containing Allergens

| | | | | | |
|-----------|----|--|----|-------------|-----|
| Celery | No | Cereals containing gluten namely wheat | No | Crustaceans | No |
| Eggs | No | Fish | No | Lupin | No |
| Milk | No | Molluscs | No | Mustard | Yes |
| Tree Nuts | No | Peanuts | No | Sesame | No |
| Soybeans | No | Sulphites/Sulphur Dioxide | No | | |

| | |
|------------------------|--|
| May contain statements | |
| Country of Origin | UK |
| Storage Instructions | Store in a cool dry place away from bright light |
| Instructions for use | Direct Eat |
| Alcoholic Strength | 0 |

Nutrition Labelling - Typical value Per 100g / 100ml

| | | | | | |
|--------------|------|--------------------|-----|------|------|
| Energy (kj) | 2014 | Energy (kcal) | 481 | Salt | 0.78 |
| Fat | 27 | of which saturates | 2.4 | | |
| Carbohydrate | 53 | of which sugars | 3.2 | | |
| Fibre | 4.2 | Protein | 7.0 | | |

| | | | |
|---|-----|--------------------------------------|-----|
| Suitable for vegetarians | No | Suitable for vegans | No |
| Suitable for gluten allergy sufferers/coeliac | Yes | Suitable for wheat allergy sufferers | Yes |
| Suitable for dairy allergy sufferers | Yes | Suitable for soya allergy sufferers | Yes |
| Suitable for nut allergy sufferers | Yes | Suitable for egg allergy sufferers | Yes |
| Free from alcohol | Yes | Free from artificial colours | Yes |
| Free from artificial flavours | Yes | Suitable for coeliac sufferers | Yes |

| | |
|---------------------------------|---|
| Name of Product | Silver & Green Piri Piri Stuffed Olives in Pouch 220g |
| Manufacturer's Name and Address | Silver & Green, Norman House, North Lakes Business Park, Penrith, Cumbria, United Kingdom, CA11 0JG |
| Supplier Name and Address | Silver and Green, Norman House, North Lakes Business Park, Penrith, Cumbria, United Kingdom, CA11 0JG |
| Ingredients | Pitted Green Olives (62%), Piri Piri Chillies (15%), Rapeseed Oil (23%), Salt, Ascorbic Acid |

Containing Allergens

| | | | | | |
|-----------|----|--|----|-------------|----|
| Celery | No | Cereals containing gluten namely wheat | No | Crustaceans | No |
| Eggs | No | Fish | No | Lupin | No |
| Milk | No | Molluscs | No | Mustard | No |
| Tree Nuts | No | Peanuts | No | Sesame | No |
| Soybeans | No | Sulphites/Sulphur Dioxide | No | | |

| | |
|------------------------|--|
| May contain statements | Tree Nuts Peanuts Soybeans |
| Country of Origin | UK |
| Storage Instructions | Store in a cool, dry place. Once opened keep in fridge |
| Instructions for use | Ready to consume |
| Alcoholic Strength | 0 |

Nutrition Labelling - Typical value Per 100g / 100ml

| | | | | | |
|--------------|------|--------------------|-----|------|-----|
| Energy (kj) | 1158 | Energy (kcal) | 281 | Salt | 1.9 |
| Fat | 30 | of which saturates | 3.9 | | |
| Carbohydrate | 1.4 | of which sugars | 0.4 | | |
| Fibre | 1.8 | Protein | 1.2 | | |

| | | | |
|---|-----|--------------------------------------|-----|
| Suitable for vegetarians | Yes | Suitable for vegans | Yes |
| Suitable for gluten allergy sufferers/coeliac | Yes | Suitable for wheat allergy sufferers | Yes |
| Suitable for dairy allergy sufferers | Yes | Suitable for soya allergy sufferers | No |
| Suitable for nut allergy sufferers | No | Suitable for egg allergy sufferers | Yes |
| Free from alcohol | Yes | Free from artificial colours | Yes |
| Free from artificial flavours | Yes | Suitable for coeliac sufferers | Yes |

| | |
|---------------------------------|---|
| Name of Product | Source Climate Change Coffee Gishwati Forest Ground Coffee 227g |
| Manufacturer's Name and Address | Source Sustainable Supply Chains Ltd 138 Valley Drive, Harrogate, HG2 0JS |
| Supplier Name and Address | Source Sustainable Supply Chains Ltd 138 Valley Drive, Harrogate, HG2 0JS |
| Ingredients | Coffee |

Containing Allergens

| | | | | | |
|-----------|----|--|----|-------------|----|
| Celery | No | Cereals containing gluten namely wheat | No | Crustaceans | No |
| Eggs | No | Fish | No | Lupin | No |
| Milk | No | Molluscs | No | Mustard | No |
| Tree Nuts | No | Peanuts | No | Sesame | No |
| Soybeans | No | Sulphites/Sulphur Dioxide | No | | |

| | |
|------------------------|----------------------------|
| May contain statements | |
| Country of Origin | Rwanda |
| Storage Instructions | Store in a cool, dry place |
| Instructions for use | N/A |
| Alcoholic Strength | 0 |

Nutrition Labelling - Typical value Per 100g / 100ml

| | | | | | |
|--------------|---|--------------------|---|------|---|
| Energy (kj) | 0 | Energy (kcal) | 0 | Salt | 0 |
| Fat | 0 | of which saturates | 0 | | |
| Carbohydrate | 0 | of which sugars | 0 | | |
| Fibre | 0 | Protein | 0 | | |

| | | | |
|---|-----|--------------------------------------|-----|
| Suitable for vegetarians | Yes | Suitable for vegans | Yes |
| Suitable for gluten allergy sufferers/ceeliac | Yes | Suitable for wheat allergy sufferers | Yes |
| Suitable for dairy allergy sufferers | Yes | Suitable for soya allergy sufferers | Yes |
| Suitable for nut allergy sufferers | Yes | Suitable for egg allergy sufferers | Yes |
| Free from alcohol | Yes | Free from artificial colours | Yes |
| Free from artificial flavours | Yes | Suitable for coeliac sufferers | Yes |

| | |
|---------------------------------|---|
| Name of Product | Stas Chocolate Milk Chocolate Bar with White Chocolate Drizzle & Pretzels - Gold Ribbon 100g |
| Manufacturer's Name and Address | Stas Chocolatier, Boundary House, Shaftesbury, Dorset, United Kingdom, SP7 9BT |
| Supplier Name and Address | Stas Chocolatier, Boundary House, Shaftesbury, Dorset, United Kingdom, SP7 9BT |
| Ingredients | MILK Chocolate (Sugar, Cocoa Butter, Cocoa Mass, Skimmed MILK Powder, MILK Fat, MILK Sugar, Emulsifier: SOYA Lecithin), WHEAT Flour, 4,5% Salt, Rapeseed/Palm Oil, WHEAT Malt, Yeast, Raising Agent (E500), Acidity Regulator (E524), White Chocolate (Sugar, Cocoa Butter, Whole MILK Powder, Skimmed MILK Powder, Emulsifier: Lecithins (SOYA), Natural Vanilla Flavouring), Coconut Oil. |

Containing Allergens

| | | | | | |
|-----------|-----|--|-----|-------------|----|
| Celery | No | Cereals containing gluten namely wheat | Yes | Crustaceans | No |
| Eggs | No | Fish | No | Lupin | No |
| Milk | Yes | Molluscs | No | Mustard | No |
| Tree Nuts | No | Peanuts | No | Sesame | No |
| Soybeans | Yes | Sulphites/Sulphur Dioxide | No | | |

| | |
|------------------------|--|
| May contain statements | Tree Nuts Peanuts Sesame Egg Sulphites/Sulphur Dioxide |
| Country of Origin | United Kingdom |
| Storage Instructions | Store in a cool dry place away from direct sunlight |
| Instructions for use | N/A |
| Alcoholic Strength | 0 |

Nutrition Labelling - Typical value Per 100g / 100ml

| | | | | | |
|--------------|------|--------------------|-----|------|------|
| Energy (kj) | 2253 | Energy (kcal) | 539 | Salt | 0.11 |
| Fat | 31 | of which saturates | 19 | | |
| Carbohydrate | 52 | of which sugars | 52 | | |
| Fibre | 2.4 | Protein | 11 | | |

| | | | |
|---|-----|--------------------------------------|-----|
| Suitable for vegetarians | Yes | Suitable for vegans | No |
| Suitable for gluten allergy sufferers/coeliac | No | Suitable for wheat allergy sufferers | No |
| Suitable for dairy allergy sufferers | No | Suitable for soya allergy sufferers | No |
| Suitable for nut allergy sufferers | No | Suitable for egg allergy sufferers | No |
| Free from alcohol | Yes | Free from artificial colours | Yes |
| Free from artificial flavours | Yes | Suitable for coeliac sufferers | No |

| | |
|---------------------------------|---|
| Name of Product | Kingsdown Cloudy Lemonade 750ml |
| Manufacturer's Name and Address | KINGSDOWN WATER, WALMER COURT FARM, 466 DOVER ROAD, UPPER WALMER, KENT, ENGLAND, CT14 7NA |
| Supplier Name and Address | CMB Water Limited T/A Kingsdown Water, WALMER COURT FARM, 466 DOVER ROAD, UPPER WALMER, KETN, ENGLAND, CT14 7NA |
| Ingredients | CARBONATED SPRING WATER, SICILIAN LEMON JUICE, SUGAR, NATURAL LEMON FLAVOUR, ASCORBIC ACID |

Containing Allergens

| | | | | | |
|-----------|----|--|----|-------------|----|
| Celery | No | Cereals containing gluten namely wheat | No | Crustaceans | No |
| Eggs | No | Fish | No | Lupin | No |
| Milk | No | Molluscs | No | Mustard | No |
| Tree Nuts | No | Peanuts | No | Sesame | No |
| Soybeans | No | Sulphites/Sulphur Dioxide | No | | |

| | |
|------------------------|---|
| May contain statements | |
| Country of Origin | ENGLAND |
| Storage Instructions | CHILL BEFORE SERVING STORE UPRIGHT OUT OF DIRECT SUNLIGHT |
| Instructions for use | INVERT BEFORE OPENING |
| Alcoholic Strength | 0 |

Nutrition Labelling - Typical value Per 100g / 100ml

| | | | | | |
|--------------|-----|--------------------|-----|------|---|
| Energy (kj) | 161 | Energy (kcal) | 38 | Salt | 0 |
| Fat | 0 | of which saturates | 0 | | |
| Carbohydrate | 9.5 | of which sugars | 8.6 | | |
| Fibre | 0 | Protein | 0 | | |

| | | | |
|---|-----|--------------------------------------|-----|
| Suitable for vegetarians | Yes | Suitable for vegans | Yes |
| Suitable for gluten allergy sufferers/coeliac | Yes | Suitable for wheat allergy sufferers | Yes |
| Suitable for dairy allergy sufferers | Yes | Suitable for soya allergy sufferers | Yes |
| Suitable for nut allergy sufferers | Yes | Suitable for egg allergy sufferers | Yes |
| Free from alcohol | Yes | Free from artificial colours | Yes |
| Free from artificial flavours | Yes | Suitable for coeliac sufferers | Yes |

| | |
|---------------------------------|---|
| Name of Product | Kintu Sauvignon Blanc 75cl |
| Manufacturer's Name and Address | Vina Del Pedregal, Av. Francisco Antonio Encina 231, Villa Alegre de Loncomilla, VII Región, Chile, 3650000 |
| Supplier Name and Address | Awin Barratt Siegel Wine Agencies LLP, 28 Recreation Ground Rd, Stamford, Lincolnshire, United Kingdom, PE9 1EW |
| Ingredients | White Grapes SULPHITES Bentonite (used as fining agent) |

Containing Allergens

| | | | | | |
|-----------|----|--|-----|-------------|----|
| Celery | No | Cereals containing gluten namely wheat | No | Crustaceans | No |
| Eggs | No | Fish | No | Lupin | No |
| Milk | No | Molluscs | No | Mustard | No |
| Tree Nuts | No | Peanuts | No | Sesame | No |
| Soybeans | No | Sulphites/Sulphur Dioxide | Yes | | |

| | |
|------------------------|------------------------|
| May contain statements | |
| Country of Origin | Chile |
| Storage Instructions | Keep in cool dry place |
| Instructions for use | Consume within 3 years |
| Alcoholic Strength | 12.5 |

Nutrition Labelling - Typical value Per 100g / 100ml

| | | | | | |
|--------------|------|--------------------|------|------|------|
| Energy (kj) | 309 | Energy (kcal) | 74 | Salt | 0.25 |
| Fat | 0.1 | of which saturates | 0.1 | | |
| Carbohydrate | 1.55 | of which sugars | 0.85 | | |
| Fibre | 0 | Protein | 0.1 | | |

| | | | |
|---|-----|--------------------------------------|-----|
| Suitable for vegetarians | Yes | Suitable for vegans | Yes |
| Suitable for gluten allergy sufferers/coeliac | Yes | Suitable for wheat allergy sufferers | Yes |
| Suitable for dairy allergy sufferers | Yes | Suitable for soya allergy sufferers | Yes |
| Suitable for nut allergy sufferers | Yes | Suitable for egg allergy sufferers | Yes |
| Free from alcohol | No | Free from artificial colours | Yes |
| Free from artificial flavours | Yes | Suitable for coeliac sufferers | Yes |

| | |
|---------------------------------|---|
| Name of Product | Montecampo Prosecco DOC 75cl |
| Manufacturer's Name and Address | CASA VINICOLA ZONIN, VIA BORGOLECCO, 9, GAMBELLARA, Vicenza, Italia, 36053 |
| Supplier Name and Address | Zonin 1821 UK, 8 Battersea Park Road, London, United Kingdom, SW8 4BG |
| Ingredients | 100% GLERA GRAPES, TIRAGE LIQUEUR, CONCENTRATED GRAPE MUST (SULPHITES) |

Containing Allergens

| | | | | | |
|-----------|----|--|-----|-------------|----|
| Celery | No | Cereals containing gluten namely wheat | No | Crustaceans | No |
| Eggs | No | Fish | No | Lupin | No |
| Milk | No | Molluscs | No | Mustard | No |
| Tree Nuts | No | Peanuts | No | Sesame | No |
| Soybeans | No | Sulphites/Sulphur Dioxide | Yes | | |

| | |
|------------------------|--------------|
| May contain statements | |
| Country of Origin | ITALY |
| Storage Instructions | NOT REQUIRED |
| Instructions for use | NOT REQUIRED |
| Alcoholic Strength | 10.5 |

Nutrition Labelling - Typical value Per 100g / 100ml

| | | | | | |
|--------------|-----|--------------------|------|------|------|
| Energy (kj) | 289 | Energy (kcal) | 69 | Salt | 0.01 |
| Fat | 0.5 | of which saturates | 0.1 | | |
| Carbohydrate | 1.9 | of which sugars | 1.35 | | |
| Fibre | 0 | Protein | 0.5 | | |

| | | | |
|---|-----|--------------------------------------|-----|
| Suitable for vegetarians | No | Suitable for vegans | No |
| Suitable for gluten allergy sufferers/coeliac | No | Suitable for wheat allergy sufferers | No |
| Suitable for dairy allergy sufferers | No | Suitable for soya allergy sufferers | No |
| Suitable for nut allergy sufferers | No | Suitable for egg allergy sufferers | No |
| Free from alcohol | No | Free from artificial colours | Yes |
| Free from artificial flavours | Yes | Suitable for coeliac sufferers | No |

| | |
|---------------------------------|---|
| Name of Product | Ooh! Chocolata Fruity Jellies 200g |
| Manufacturer's Name and Address | Ooh! Chocolata, Unit 42, Southfield Road Trading Estate, Nailsea, Bristol, United Kingdom, BS48 1JE |
| Supplier Name and Address | Ooh! Chocolata, Unit 42, Southfield Road Trading Estate, Nailsea, Bristol, United Kingdom, BS48 1JE |
| Ingredients | Sugar, glucose syrup, gelling agent: pectin, acidulant: citric acid, natural colours: anthocyanins, chlorophylls, curcumin, paprika extract), natural flavourings: apple, lemon, orange, raspberry, blackcurrant. |

Containing Allergens

| | | | | | |
|-----------|----|--|----|-------------|----|
| Celery | No | Cereals containing gluten namely wheat | No | Crustaceans | No |
| Eggs | No | Fish | No | Lupin | No |
| Milk | No | Molluscs | No | Mustard | No |
| Tree Nuts | No | Peanuts | No | Sesame | No |
| Soybeans | No | Sulphites/Sulphur Dioxide | No | | |

| | |
|------------------------|---|
| May contain statements | |
| Country of Origin | United Kingdom |
| Storage Instructions | Store in a cool, dry place away from direct sunlight. |
| Instructions for use | n/a |
| Alcoholic Strength | 0 |

Nutrition Labelling - Typical value Per 100g / 100ml

| | | | | | |
|--------------|------|--------------------|------|------|-----|
| Energy (kj) | 1539 | Energy (kcal) | 362 | Salt | 0.2 |
| Fat | 0.27 | of which saturates | 0.2 | | |
| Carbohydrate | 88.2 | of which sugars | 61.7 | | |
| Fibre | 0 | Protein | -1.3 | | |

| | | | |
|---|-----|--------------------------------------|-----|
| Suitable for vegetarians | Yes | Suitable for vegans | Yes |
| Suitable for gluten allergy sufferers/coeliac | Yes | Suitable for wheat allergy sufferers | Yes |
| Suitable for dairy allergy sufferers | Yes | Suitable for soya allergy sufferers | Yes |
| Suitable for nut allergy sufferers | Yes | Suitable for egg allergy sufferers | Yes |
| Free from alcohol | Yes | Free from artificial colours | Yes |
| Free from artificial flavours | Yes | Suitable for coeliac sufferers | Yes |