

P.S. Occasionally we come up against supply problems which means we have to substitute bits in our hampers.

Don't worry anything we swap in will always be same value and quality (or higher) than the original, and we'll make sure it meets any dietary requirements.

Just bear in mind if we do have to do a swap, the nutritional and allergy summaries on here might not be quite right.

DISCLAIMER: In the event of supply difficulties, we reserve the right to substitute any items with replacements of equal or higher quality and value that may or may not be listed in the contents section of the product descriptions. For special dietary hampers, suitable substitutions will be made.

In the event that a substitution is made, the nutritional and allergen summaries on our website may not reflect the true contents of the hamper.

Name of Product	Angelic Chilli & Caramelised Onion Savoury Biscuits 142g
Manufacturer's Name and Address	MacLean’s Highland Bakery, 16 West Road, Forres, Moray, Scotland, IV36 2GW
Supplier Name and Address	Angelic Free From Limited, 7 Boswell Crescent, Inverness, Highland, Scotland, IV2 3ET
Ingredients	GLUTEN Free Flour (OAT, Rice, Potato, Tapioca, Maize, BuckWHEAT), Vegetable Oil (Palm, Rapeseed), Sugar, Partially Inverted Refiners Syrup, Raising Agents (Mono-Calcium Phosphate, Sodium Bicarbonate), Water, Tapioca Starch, Chilli Powder (1%), Onion Granules (1%), Salt, Natural Garlic Flavouring, Stabiliser (Xanthan Gum), Flavouring. Made using Responsibly Sourced Palm Oil.

Containing Allergens

Celery	No	Gluten	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	Scotland
Storage Instructions	Store in a cool dry place.
Instructions for use	NA
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1782	Energy (kcal)	425	Salt	1.5
Fat	20.8	of which saturates	9.1		
Carbohydrate	52.5	of which sugars	9.1		
Fibre	2.5	Protein	4.7		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

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Name of Product	Lazy Day Millionaire's Shortbread 150g
Manufacturer's Name and Address	Lazy Day Foods Ltd, 1 Mossburn Avenue, Harthill, Shotts, Lanarkshire, UK, ML7 5PX
Supplier Name and Address	Bramble Foods Ltd, Crosby Road, Market Harborough, Leicestershire, United Kingdom, LE16 9EE
Ingredients	Sugar, Palm Oil, Invert Sugar Syrup, Rice Flour, Rapeseed Oil, Belgian Dark Chocolate (9%) [Cocoa Mass, Sugar, Cocoa Butter, Emulsifier (SOYA Lecithin), Flavouring], SOYA Flour, Maize Starch, Water, Fructose, Tapioca Starch, Dairy Free White Choc [Sugar, Cocoa Butter, Rice Syrup, Rice Starch, Rice Flour, Coconut Oil, Emulsifier (Sunflower Lecithin), Flavourings], Flavourings, Emulsifiers (SOYA Lecithin, Mono- and Diglycerides of Fatty Acids), Salt, Colour (Carotenes).

Containing Allergens

Celery	No	Gluten	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	UK
Storage Instructions	Store in a cool dry place Once opened store in an airtight container
Instructions for use	NA
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	2160	Energy (kcal)	519	Salt	0.44
Fat	34.8	of which saturates	12.9		
Carbohydrate	48	of which sugars	31.9		
Fibre	1.5	Protein	3.1		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	No	Suitable for coeliac sufferers	Yes

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Name of Product	Fairfields Farm Crisps Sweet Chilli 150g
Manufacturer's Name and Address	Robert Strathern, Fairfields Farm, Colchester, Essex, UK, CO63AQ
Supplier Name and Address	Fairfields Farm Produce Ltd, Fairfields Farm, Colchester, Essex, CO63AQ
Ingredients	Potato, Rapeseed Oil, Sugar, Dextrose, Salt, Onion Powder, Yeast Extracts, Garlic Powder, Cayenne, Red Bell Pepper, Fennel, Natural flavourings, Citric Acid, Paprika Extract, Liquorice Powder 1%, China Star Anise, Spice Extracts, Herb Extract, Garlic Oil.

Containing Allergens

Celery	No	Gluten	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	UK
Storage Instructions	Cool, dry & out of direct sunlight.
Instructions for use	Ready to eat
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	2169	Energy (kcal)	520	Salt	1.3
Fat	30	of which saturates	2.5		
Carbohydrate	59	of which sugars	3.7		
Fibre	4.9	Protein	4.8		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

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Name of Product	Arran Fine Foods Tomato & Red Pepper Chutney 185g
Manufacturer's Name and Address	Paterson Arran Ltd, The Old Mill, Lamblash, North Ayrshire, Scotland, KA27 8AR
Supplier Name and Address	Paterson Arran Ltd, The Old Mill, Lamblash, North Ayrshire, Scotland, KA27 8AR
Ingredients	Re-hydrated Onions, Sugar, Tomatoes (15%), Spirit Vinegar, Re-hydrated Red Peppers (13%), Tomato Paste (5%), Gherkins (Gherkins, Salt, Acetic Acid), Chargrilled Tomato Paste, Sea Salt, Thickening Agent (Modified Maize Starch), MUSTARD Seeds, Onion, Garlic, Preservative (Potassium Sorbate), Cayenne Pepper

Containing Allergens

Celery	No	Gluten	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	Yes
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	Scotland
Storage Instructions	Store in a cool dry place.
Instructions for use	Ready to eat product.
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	495	Energy (kcal)	117	Salt	1.4
Fat	0	of which saturates	0		
Carbohydrate	26	of which sugars	22		
Fibre	1.5	Protein	1.7		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

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Name of Product	Ooh! Chocolata Dairy Free & Vegan Honeycomb Milk Chocolate 100g
Manufacturer's Name and Address	Gartona Ltd, Unit 42, Southfield Road Trading Estate, Southfield Road, Nailsea, Bristol, Nailsea, North Somerset, United Kingdom, BS48 1JE
Supplier Name and Address	Ooh! Chocolata, Unit 42, Southfield Road Trading Estate, Nailsea, North Somerset, United Kingdom, BS48 1JE
Ingredients	Sugar, cocoa butter, cocoa mass, rice flour, inulin (fibre), honeycomb (sugar, glucose syrup, sodium bicarbonate), emulsifier (sunflower lethicin), vanilla.

Containing Allergens

Celery	No	Gluten	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	United Kingdom
Storage Instructions	Store in a cool, dry place away from direct sunlight.
Instructions for use	n/a
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	2360	Energy (kcal)	564	Salt	0
Fat	36.1	of which saturates	22.9		
Carbohydrate	53.7	of which sugars	52.8		
Fibre	0	Protein	2.1		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

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Name of Product	Popcorn Kitchen Simply Sweet 30g
Manufacturer's Name and Address	Honestly Made Popcorn Ltd, 11 Lane End Ind Est, High Wycombe, Buckinghamshire, United Kingdom, HP143BY
Supplier Name and Address	Popcorn Kitchen LTD, Unit 229, 14 Chertsey Road, Woking, Surrey, United Kingdom, GU21 5AH
Ingredients	Popped corn, sunflower oil, sugar

Containing Allergens

Celery	No	Gluten	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Milk Tree Nuts Peanuts Soybeans
Country of Origin	UK
Storage Instructions	Store in a cool dry place
Instructions for use	Open bag and eat and enjoy
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1939	Energy (kcal)	463	Salt	0.01
Fat	18	of which saturates	1.5		
Carbohydrate	65	of which sugars	30		
Fibre	9.1	Protein	5.6		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

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Name of Product	Howdah Onion Bhaji Crunchy Crescents 150g
Manufacturer's Name and Address	Universal Flexible Packaging Ltd, 61 Lunsford Road, Leicester, Leicestershire, United Kingdom, LE5 0HJ
Supplier Name and Address	Mumbai Foods Ltd (T/A HOWDAH SNACKS), 11A Burford Lane, Lymm, Cheshire, United Kingdom, WA13 0SG
Ingredients	Semolina (WHEAT), Gram Flour, Rice Flour, Palmolein Oil, Ground Spices (Turmeric Powder, Mango Nectar Powder, Onion Powder, Black Salt), Starch, Red Chilli Powder, Salt

Containing Allergens

Celery	No	Gluten	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Eggs Milk Tree Nuts Peanuts Sesame
Country of Origin	United Kingdom
Storage Instructions	Keep in a cool dry place
Instructions for use	Once opened keep in an air tight container
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1975	Energy (kcal)	492	Salt	1.3
Fat	20	of which saturates	10		
Carbohydrate	62	of which sugars	7.2		
Fibre	0	Protein	12		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	No
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	No

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Name of Product	Oatopia Almond Bakewell Oat Bake 60g
Manufacturer's Name and Address	Blackfriars Bakery, 185 Gloucester Crescent, Leicester, Wigston, UK, LE18 4YH
Supplier Name and Address	Oatopia LTD, Unit 11 G3 Business Park, Dolphin Road, Shoreham-By-Sea, West Sussex, BN43 6AN
Ingredients	OATS (40%), Margarine (Plant Oils (Rapeseed, Sunflower, Palm*), Water, Salt, Plant Based Emulsifier (Sunflower Lecithin), Natural Flavouring, Vinegar, Vitamin A), Partially Inverted Sugar Syrup, Cherry Jam (11%) (Glucose Syrup, Morello Cherry Puree, Gelling Agent (Pectin), Natural Flavouring, Acidity Regulator (Citric Acid), Sodium Citrate), Demerara Sugar, ALMONDS (NUTS) (7%). *From a Sustainable Source

Containing Allergens

Celery	No	Gluten	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	Yes	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Eggs Milk Peanuts Sesame Soybeans Sulphites/Sulphur Dioxide
Country of Origin	UK
Storage Instructions	Ambient
Instructions for use	NA
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1912	Energy (kcal)	457	Salt	-1.6
Fat	22	of which saturates	2.4		
Carbohydrate	54	of which sugars	27		
Fibre	2.4	Protein	4.6		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	No
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	No

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Name of Product	Oatopia Peanut Butter Oat Bake 60g
Manufacturer's Name and Address	Blackfriars Bakery, 185 Gloucester Crescent, Leicester, Wigston, UK, LE18 4YH
Supplier Name and Address	Oatopia LTD, Unit 11 G3 Business Park, Dolphin Road, Shoreham-By-Sea, West Sussex, BN43 6AN
Ingredients	OATS (46%), Margarine (Plant Oils (Rapeseed, Sunflower, Palm*), Water, Salt, Plant Based Emulsifier (Sunflower Lecithin), Natural Flavouring, Vinegar, Vitamin A), Partially Inverted Sugar Syrup, Demerara Sugar, Biscuit Crumb (WHEAT Flour, Sugar, Vegetable Oils (Palm*, Rapeseed), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), SOYA Flour, Salt, Cinnamon), Caramel Paste (2%) (Glucose Syrup, Caramelised Sugar, Invert Sugar Syrup, Natural Flavouring), Sea Salt (0.3%). *From a Sustainable source

Containing Allergens

Celery	No	Gluten	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	Eggs Milk Tree Nuts Peanuts Sesame Sulphites/Sulphur Dioxide
Country of Origin	UK
Storage Instructions	ambient
Instructions for use	open and eat!
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1929	Energy (kcal)	459	Salt	0.46
Fat	20	of which saturates	2.1		
Carbohydrate	56	of which sugars	28		
Fibre	2.1	Protein	4.4		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	No
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	No