

P.S. Occasionally we come up against supply problems which means we have to substitute bits in our hampers.

Don't worry anything we swap in will always be same value and quality (or higher) than the original, and we'll make sure it meets any dietary requirements.

Just bear in mind if we do have to do a swap, the nutritional and allergy summaries on here might not be quite right.

DISCLAIMER: In the event of supply difficulties, we reserve the right to substitute any items with replacements of equal or higher quality and value that may or may not be listed in the contents section of the product descriptions. For special dietary hampers, suitable substitutions will be made.

In the event that a substitution is made, the nutritional and allergen summaries on our website may not reflect the true contents of the hamper.

Name of Product	Arran Fine Foods Pear & Plum Chutney 190g
Manufacturer's Name and Address	Paterson Arran Ltd, The Old Mill, Lamblash, North Ayrshire, Scotland, KA27 8AR
Supplier Name and Address	Paterson Arran Ltd, The Old Mill, Lamblash, North Ayrshire, Scotland, KA27 8AR
Ingredients	Sugar, Re-hydrated Apple (contains SULPHUR DIOXIDE), Water, Pears (14%), Re-hydrated Onions, Plums (10%), Spirit Vinegar, Thickening Agent (Modified Maize Starch), Sea Salt, Ginger, Cinnamon, Preservative (Potassium Sorbate)

Containing Allergens

Celery	No	Gluten	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	Yes		

May contain statements	
Country of Origin	Scotland
Storage Instructions	Store in a cool dry place.
Instructions for use	Ready to eat product.
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	516	Energy (kcal)	122	Salt	1.2
Fat	0	of which saturates	0		
Carbohydrate	30	of which sugars	27		
Fibre	1.1	Protein	0		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

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Name of Product	Mr Filbert's Sea Salt & Herb Mixed Nuts 40g
Manufacturer's Name and Address	Filbert's Fine Foods., Greens Barn, Page Lane, West Pennard, Glastonbury, Somerset, United Kingdom, BA6 8NX
Supplier Name and Address	Filbert's Fine Foods Limited, Greens Barn, Page Lane, West Pennard, Glastonbury, Somerset, United Kingdom, BA6 8NX
Ingredients	PEANUTS 58%, ALMONDS (NUTS) 25%, CASHEWS (NUTS) 17% , sugar, sea salt 1.4%, basil, Rapeseed oil, black Pepper, oregano 1%, garlic powder.

Containing Allergens

Celery	No	Gluten	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	Yes	Peanuts	Yes	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	UK
Storage Instructions	Ambient
Instructions for use	Snack
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	2486	Energy (kcal)	600	Salt	1.2
Fat	48.4	of which saturates	6		
Carbohydrate	13.5	of which sugars	8.2		
Fibre	9.1	Protein	23.2		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

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Name of Product	Melting Pot Vegan Handmade Fudge Madagascar Vanilla 90g
Manufacturer's Name and Address	Melting Pot Fudge, 2 cairnburn cres, Belfast, antrim, northern ireland, BT4 1BT
Supplier Name and Address	Melting Pot Fudge Ltd, 2 cairnburn crescent, Belfast, Antrim, BT4 1BT
Ingredients	sugar, rice drink (12%)(sunflower oil, sea salt), cocoa butter, golden syrup, glucose syrup, brown sugar, Madagascan vanilla extract, cocoa powder, salt.

Containing Allergens

Celery	No	Gluten	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Milk Tree Nuts Peanuts Soybeans
Country of Origin	northern ireland
Storage Instructions	ambient
Instructions for use	n/a
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1498	Energy (kcal)	358	Salt	0.16
Fat	4.6	of which saturates	2.6		
Carbohydrate	77	of which sugars	73		
Fibre	0	Protein	0.7		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

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Name of Product	Oloves Basil & Garlic Natural Green Pitted Olives 30g
Manufacturer's Name and Address	Brand Stand Limited T/A OLOVES, Unit 2-3, Downsbrook Trading Estate, Worthing, West Sussex, United Kingdom, BN14 8NQ
Supplier Name and Address	Brand Stand Limited T/A Oloves, Unit 2-3, Downsbrook Trading Estate, Worthing, West Sussex, United Kingdom, BN14 8NQ
Ingredients	Green olives pitted (95%), sunflower oil, garlic (1%), garlic powder (0.6%), basil (0.6%).

Containing Allergens

Celery	No	Gluten	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	Greece
Storage Instructions	Ambient
Instructions for use	Each packet: once opened refrigerate and consume within 3 days
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	623	Energy (kcal)	149	Salt	4.0
Fat	14.6	of which saturates	2.4		
Carbohydrate	1.5	of which sugars	0.5		
Fibre	3.0	Protein	1.3		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

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Name of Product	Lazy Day Millionaire's Shortbread 150g
Manufacturer's Name and Address	Lazy Day Foods Ltd, 1 Mossburn Avenue, Harthill, Shotts, Lanarkshire, UK, ML7 5PX
Supplier Name and Address	Bramble Foods Ltd, Crosby Road, Market Harborough, Leicestershire, United Kingdom, LE16 9EE
Ingredients	Sugar, Palm Oil, Invert Sugar Syrup, Rice Flour, Rapeseed Oil, Belgian Dark Chocolate (9%) [Cocoa Mass, Sugar, Cocoa Butter, Emulsifier (SOYA Lecithin), Flavouring], SOYA Flour, Maize Starch, Water, Fructose, Tapioca Starch, Dairy Free White Choc [Sugar, Cocoa Butter, Rice Syrup, Rice Starch, Rice Flour, Coconut Oil, Emulsifier (Sunflower Lecithin), Flavourings], Flavourings, Emulsifiers (SOYA Lecithin, Mono- and Diglycerides of Fatty Acids), Salt, Colour (Carotenes).

Containing Allergens

Celery	No	Gluten	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	UK
Storage Instructions	Store in a cool dry place Once opened store in an airtight container
Instructions for use	NA
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	2160	Energy (kcal)	519	Salt	0.44
Fat	34.8	of which saturates	12.9		
Carbohydrate	48	of which sugars	31.9		
Fibre	1.5	Protein	3.1		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	No	Suitable for coeliac sufferers	Yes

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Name of Product	Easy Bean Yellow Pea & Sunflower Seed Crackers 150g
Manufacturer's Name and Address	Easy Bean Limited, 1 Mudford Business Park, Mudford, Yeovil, Somerset, United Kingdom, BA21 5TF
Supplier Name and Address	Easy Bean Ltd, 1 Mudford Business Park, Mudford, Yeovil, Somerset, United Kingdom, BA21 5TF
Ingredients	Split yellow pea flour 23%, water, rice flour, chickpea flour, rapeseed oil, maize flour, coconut oil, sunflower seed 3%, OATmeal (GLUTEN-free), chia seed, sea salt, lemon zest

Containing Allergens

Celery	No	Gluten	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Tree Nuts Peanuts Sesame
Country of Origin	United Kingdom
Storage Instructions	Store in an airtight container after opening. Best kept in a cool dry place away from sunlight.
Instructions for use	n/a
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	2202	Energy (kcal)	526	Salt	1.5
Fat	24.9	of which saturates	8.3		
Carbohydrate	58.8	of which sugars	1.4		
Fibre	5.8	Protein	14.5		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

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Name of Product	Ooh! Chocolata Dairy Free & Vegan Honeycomb Milk Chocolate 50g
Manufacturer's Name and Address	Gartona Ltd, Unit 42, Southfield Road Trading Estate, Southfield Road, Nailsea, Bristol, Nailsea, North Somerset, United Kingdom, BS48 1JE
Supplier Name and Address	Ooh! Chocolata, Unit 42, Southfield Road Trading Estate, Southfield Road, Nailsea, Bristol, Nailsea, North Somerset, United Kingdom, BS48 1JE
Ingredients	Sugar, cocoa butter, cocoa mass, rice flour, inulin (fibre), honeycomb (sugar, glucose syrup, sodium bicarbonate), emulsifier (sunflower lethicin), vanilla

Containing Allergens

Celery	No	Gluten	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	United Kingdom
Storage Instructions	Store in a cool, dry place away from direct sunlight.
Instructions for use	n/a
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	2360	Energy (kcal)	564	Salt	0
Fat	36.1	of which saturates	22.9		
Carbohydrate	53.7	of which sugars	52.8		
Fibre	0	Protein	2.1		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

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Name of Product	Love Popcorn Salty Sweet Snacking Bag 27g
Manufacturer's Name and Address	Matthew Graham, sweet and savoury Unit 35B, Number One Industrial Estate, Consett, Durham, United Kingdom, DH8 6SZ
Supplier Name and Address	Sweet & Savoury Ltd (Love Popcorn), sweet and savoury Unit 35B, Number One Industrial Estate, Consett, Durham, United Kingdom, DH8 6SZ
Ingredients	Popping Corn, Sugar, Rapeseed Oil, Sea Salt

Containing Allergens

Celery	No	Gluten	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Tree Nuts
Country of Origin	United Kingdom
Storage Instructions	store in a cool dry place
Instructions for use	once open consume within 2 hours
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	2114	Energy (kcal)	502	Salt	1.2
Fat	21.4	of which saturates	1.8		
Carbohydrate	68	of which sugars	30.1		
Fibre	4.3	Protein	5.5		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes