P.S. Occasionally we come up against supply problems which means we have to substitute bits in our hampers.

Don't worry anything we swap in will always be same value and quality (or higher) than the original, and we'll make sure it meets any dietary requirements.

Just bear in mind if we do have to do a swap, the nutritional and allergy summaries on here might not be quite right.

In the event that a substitution is made, the nutritional and allergen summaries on our website may not reflect the true contents of the hamper.

Name of Product	Brown Bag Crisps West Country Farmhouse Cheddar & Onion 150g
Manufacturer's Name and Address	Burts Snacks, The Klamp House, Belliver Way, Roborough, Devon, United Kingdom, PL6 7BP
Supplier Name and Address	Ben and Bill's Limited, Terminal House, Station Approach, Shepperton, United Kingdom, TW17 8AS
Ingredients	Potatoes, sunflower oil, seasoning (8%) (rice flour, onion, sea salt, dried Somerset mature cheddar cheese (MILK , vegetarian rennet, starter culture, salt), sugar, garlic powder, yeast extract, natural flavour)

Containing Allergens			

Celery	No	Gluten	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		<u> </u>

May contain statements	
Country of Origin	United Kingdom
Storage Instructions	Ambient
Instructions for use	Open and enjoy!
Alcoholic Strength	0

Energy (kj)	2085	Energy (kcal)	499	Salt	1.7
Fat	26.9	of which saturates	2.3		
Carbohydrate	58.6	of which sugars	1.8		
Fibre	2.5	Protein	5.5		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

In the event that a substitution is made, the nutritional and allergen summaries on our website may not reflect the true contents of the hamper.

Name of Product	Radfords Worlds Best Crumbly Salted Caramel Fudge Box 100g		
Manufacturer's Name and Address	Clarence & Bean Ltd, 12 Howden Road, Tiverton, Devon, United Kingdom, EX16 5HW		
Supplier Name and Address	Clarence & Bean Ltd, 12 Howden Road, Tiverton, Devon, United Kingdom, EX16 5HW		
Ingredients	Sugar, Sweetened Condensed MILK , Butter, Glucose Syrup, Golden Syrup, Sea Salt (0.5%).		

Containing Allergens

Celery	No	Gluten	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Tree Nuts Peanuts	
Country of Origin	Inited Kingdom	
Storage Instructions	Cool, dry place. Away from direct sunlight.	
Instructions for use	Ready To Eat.	
Alcoholic Strength	0	

Energy (kj)	1831	Energy (kcal)	435	Salt	0.9
Fat	17.5	of which saturates	11.6		
Carbohydrate	68.4	of which sugars	67.7		
Fibre	0	Protein	1.5		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

In the event that a substitution is made, the nutritional and allergen summaries on our website may not reflect the true contents of the hamper.

Name of Product	Kingsdown Elderflower Sparkle 750ml
Manufacturer's Name and Address	CMB Water Limited T/A Kingsdown Water, walmer court farm, deal, kent, United
	Kingdom, CT14 7NA
Supplier Name and Address	CMB Water Limited T/A Kingsdown Water, walmer court farm, deal, kent, United
	Kingdom, CT14 7NA
Ingredients	spring water, white cane sugar, elderflower extract, citric acid, ascorbic acid

Containing Allergens

Celery	No	Gluten	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	united kingdom
Storage Instructions	cool dark place
Instructions for use	chill and invert bottle before opening to mix
Alcoholic Strength	0

Energy (kj)	122	Energy (kcal)	29	Salt	0
Fat	0	of which saturates	0		
Carbohydrate	7.2	of which sugars	7.1		
Fibre	0	Protein	0		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

In the event that a substitution is made, the nutritional and allergen summaries on our website may not reflect the true contents of the hamper.

Name of Product	Mr Filbert's Sea Salt & Herb Mixed Nuts 40g
Manufacturer's Name and Address	Filbert's Fine Foods., Greens Barn, Page Lane, West Pennard, Glastonbury, Somerset, United Kingdom, BA6 8NX
Supplier Name and Address	Filbert's Fine Foods Limited, Greens Barn, Page Lane, West Pennard, Glastonbury, Somerset, United Kingdom, BA6 8NX
Ingredients	PEANUTS 58%, ALMONDS (NUTS) 25%, CASHEWS (NUTS) 17%, sugar, sea sallt 1.4%, basil, Rapeseed oil, black Pepper, oregano 1%, garlic powder.

Containing Allergens

Celery	No	Gluten	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	Yes	Peanuts	Yes	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	UK
Storage Instructions	Ambient
Instructions for use	Snack
Alcoholic Strength	0

Energy (kj)	2486	Energy (kcal)	600	Salt	1.2
Fat	48.4	of which saturates	6		
Carbohydrate	13.5	of which sugars	8.2		
Fibre	9.1	Protein	23.2		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

In the event that a substitution is made, the nutritional and allergen summaries on our website may not reflect the true contents of the hamper.

Name of Product	Linden Lady Chocolate Covered Marshmallows with White Chocolate Drizzle & Gold Disc Sprinkles 125g
Manufacturer's Name and Address	Linden Lady Chocolates Ltd, Walnut Tree Farm, Birch Road, Copford, Colchester, Essex, United Kingdom, CO6 1DR
Supplier Name and Address	Linden Lady Chocolate Ltd, Walnut Tree Farm, Birch Road, Copford, Colchester, Essex, United Kingdom, CO6 1DR
Ingredients	MILK chocolate (sugar cocoa butter, whole MILK powder, cocoa mass, emulsifier (SOYA lecithin), flavour (natural vanilla)), Min. cocoa solids 33%, MILK solids: 20%, White chocolate (sugar, cocoa butter, whole MILK powder, emulsifier (SOYA lecithin), natural vanilla flavour). Marshmallow (glucose syrup, sugar, dextrose, water, humectant (sorbitol syrup), gelatine, flavour). Decorations: Sugar, potato starch, sunflower oil, rice flour. Colours: E101, E171, E172. Anti-caking agent: E555. Glazing agent: E904

Containing Allergens

Celery	No	Gluten	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	Tree Nuts
Country of Origin	United Kingdom
Storage Instructions	In the dry, out of direct sunlight at a temperature 15-22c
Instructions for use	n/a
Alcoholic Strength	0

Energy (kj)	2027	Energy (kcal)	482.5	Salt	0.14
Fat	23.5	of which saturates	14.2		
Carbohydrate	61.2	of which sugars	56.3		
Fibre	0	Protein	4.6		

Suitable for vegetarians	No	Suitable for vegans	No
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	No
Free from artificial flavours	No	Suitable for coeliac sufferers	Yes

In the event that a substitution is made, the nutritional and allergen summaries on our website may not reflect the true contents of the hamper.

Name of Product	Maxwell & Franks Chocolate Slab Cake Chocolate Chips 320g
Manufacturer's Name and Address	Maxwell & Franks Ltd, Unit 4 Roman Way, Crusader Business Park, Warminster, Wiltshire, United Kingdom, BA12 8BT
Supplier Name and Address	Maxwell & Franks, Unit 4 Roman Way, Crusader Business Park, Warminster, Wiltshire, United Kingdom, BA12 8BT
Ingredients	Light Brown Sugar (Sugar, Cane Molasses, Invert Sugar Syrup), Whole EGG, Margarine (Vegetable Oils (Palm, Rapeseed), Salt, Citric Acid), Flour (WHEAT Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Dark Chocolate Chips (12%) (Sugar, Cocoa Mass, Cocoa Butter, Emulsifier: SOYA Lecithin, Vanilla Flavouring), Glucose Syrup, Vegetable Glycerine, Fat Reduced Cocoa Powder, Dark Chocolate Icing [Sugar, Vegetable Oil (Rapeseed, Palm), Glucose Syrup, Fat Reduced Cocoa Powder, Emulsifiers (Mono-and Diglycerides of Fatty Acids (Palm Oil), SOYA Lecithin), Salt, Preservative: Potassium Sorbate, Natural Flavouring], White Chocolate Chips (Sugar, Cocoa Butter, Full Cream MILK Powder, Whey Powder (MILK), Vegetable Oils (Blend of Palm, Sal, Shea, and Mango Kernals), Emulsifier: SOYA Lecithin, Vanilla Flavouring), Raising Agent (Diphosphates, Sodium Carbonates, Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin)), Preservative: Potassium Sorbate.

Containing Allergens

Celery	No	Gluten	Yes	Crustaceans	No
Eggs	Yes	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	Sulphites/Sulphur Dioxide
Country of Origin	UK
Storage Instructions	Store in a cool dry place
Instructions for use	Once opened consume within 3 days
Alcoholic Strength	0

Energy (kj)	1823	Energy (kcal)	435	Salt	0.51
Fat	20	of which saturates	8.2		
Carbohydrate	56	of which sugars	33		
Fibre	3.4	Protein	6.1		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	No
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	No

In the event that a substitution is made, the nutritional and allergen summaries on our website may not reflect the true contents of the hamper.

Name of Product	Cartwright & Butler Chocolate Wafer Rounds in Gold Box 120g
Manufacturer's Name and Address	Cartwright & Butler, UNICORN HOUSE BROAD LANE, GILBERDYKE, EAST
	YORKSHIRE, United Kingdom, HU15 3TD
Supplier Name and Address	Moordale Foods, UNICORN HOUSE, BROAD LANE, GILBERDYKE, EAST YORKSHIRE,
	United Kingdom, HU15 3TD
Ingredients	MILK Chocolate 63% [Sugar, Cocoa Butter, Whole MILK Powder, Cocoa Mass,
	Whey Powder (MILK), Anhydrous MILK Fat, Emulsifier: Lecithin, E476, Flavouring],
	Palm Fat*, Sugar, WHEAT Flour, Potato Starch, Skimmed MILK Powder, PEANUT
	Paste (0.9%), Rapeseed Oil, Low Fat Cocoa Powder (0.3%), EGG Yolk Powder,
	Emulsifier: Lecithin, Salt, Flavouring, Raising Agents: Ammonium Carbonates,
	Sodium Carbonates, Maltodextrin. MILK chocolate contains: cocoa solids 32%
	minimum. *From an RSPO certified sustainable source.

Containing Allergens

Celery	No	Gluten	Yes	Crustaceans	No
Eggs	Yes	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	Yes	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		·

May contain statements	Tree Nuts Sesame Soybeans			
Country of Origin	Poland			
Storage Instructions	Store in a cool, dry place			
Instructions for use	ready to eat			
Alcoholic Strength	0			

Energy (kj)	2285	Energy (kcal)	548	Salt	0.23
Fat	32.8	of which saturates	18.8		
Carbohydrate	56.4	of which sugars	43.7		
Fibre	2.7	Protein	5.4		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	No
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	No	Suitable for coeliac sufferers	No

In the event that a substitution is made, the nutritional and allergen summaries on our website may not reflect the true contents of the hamper.

Name of Product	Otter Vale Apple with Westcountry Cider Chutney 225g
Manufacturer's Name and Address	Otter Vale Products Ltd, Unit 2/A, Granary Court, Saunders Way, CULLOMPTON, Devon, United Kingdom, EX15 1BS
Supplier Name and Address	Otter Vale Products Ltd, Unit 2/A, Granary Court, Saunders Way, CULLOMPTON, Devon, United Kingdom, EX15 1BS
Ingredients	Sugar, Cider Vinegar, Apples (20%), Onions, Sultanas, Cider (3.5%), Modified Starch (from corn), Garlic Salt, MUSTARD Powder, Spices, MUSTARD Seed

Containing Allergens

Celery	No	Gluten	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	Yes
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		<u> </u>

May contain statements	
Country of Origin	United Kingdom
Storage Instructions	Refrigerate after opening and consume within 8 weeks
Instructions for use	Ambient, accompaniment
Alcoholic Strength	0

Energy (kj)	697	Energy (kcal)	194	Salt	0.4
Fat	0.1	of which saturates	0		
Carbohydrate	40.1	of which sugars	35.7		
Fibre	1.0	Protein	0.6		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	No	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

In the event that a substitution is made, the nutritional and allergen summaries on our website may not reflect the true contents of the hamper.

Name of Product	Ca' Vescovo Prosecco Brut 75cl
Manufacturer's Name and Address	Casa Vinicola Zonin S.p.A., via Borgolecco, 9, Gambellara (VI), Vicenza, Italy, 36053
Supplier Name and Address	Zonin UK Ltd, Priory House, Cloisters Business Centre, London, England, SW8 4BG
Ingredients	Glera (White Wine, Grape Must) 85%, White Wine (Chardonnay, Pinot bianco, Pinot grigio, Pinot noir vinified white) 15%, Potassium metabiSULPHITE , Made using (Sucrose, Yeast powder, Diammonium Phosphate, Thiamine Hydrochloride), Fining agents (Bentonite, Polyvinylpolypyrrolidone).

Containing Allergens

Celery	No	Gluten	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	Yes		

May contain statements	
Country of Origin	Italy
Storage Instructions	Store in a cool, dry place
Instructions for use	Best served chilled. Once opened, keep refrigerated and consume within 3 days.
Alcoholic Strength	11

Energy (kj)	293	Energy (kcal)	70	Salt	0
Fat	0	of which saturates	0		,
Carbohydrate	18.5	of which sugars	13.5		
Fibre	0	Protein	0		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	No	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

In the event that a substitution is made, the nutritional and allergen summaries on our website may not reflect the true contents of the hamper.

Name of Product	Olives Et Al Pistou Green Olives 150g
Manufacturer's Name and Address	Olives Et Al, Unit 1, Sturminster Newton, Dorset, United Kingdom, DT10 2GA
Supplier Name and Address	Olives Et Al, Unit 1, Sturminster Newton, Dorset, United Kingdom, DT10 2GA
Ingredients	Green Olives 58%, Extra Virgin Olive Oil 41%, Basil, Garlic, Acidity Regulator: Lactic Acid

Containing Allergens

Celery	No	Gluten	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		-

May contain statements	Tree Nuts Peanuts Sesame
Country of Origin	United Kingdom
Storage Instructions	No need to chill. Just keep cool and covered in oil
Instructions for use	n/a
Alcoholic Strength	0

Energy (kj)	1839	Energy (kcal)	447	Salt	4
Fat	49	of which saturates	7		
Carbohydrate	1	of which sugars	0		
Fibre	2	Protein	1		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

In the event that a substitution is made, the nutritional and allergen summaries on our website may not reflect the true contents of the hamper.

Name of Product	Love Popcorn Toffee Sharing Bag 170g
Manufacturer's Name and Address	Matthew Graham, sweet and savoury Unit 35B, Number One Industrial Estate, Consett, Durham, United Kingdom, DH8 6SZ
Supplier Name and Address	Sweet & Savoury Ltd (Love Popcorn), sweet and savoury Unit 35B, Number One Industrial Estate, Consett, Durham, United Kingdom, DH8 6SZ
Ingredients	Sugar, Popped Corn (21%), Glucose Syrup, Rapeseed Oil, Salt, Butter (from MILK), Emulsifier: SOYA Lecithin; Toffee flavouring.

Containing Allergens

Celery	No	Gluten	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	Tree Nuts
Country of Origin	United Kingdom
Storage Instructions	store in a cool dry place
Instructions for use	once opened consume within 2 hours
Alcoholic Strength	0

Energy (kj)	1739	Energy (kcal)	412	Salt	0.5
Fat	8.5	of which saturates	1.1		
Carbohydrate	80.7	of which sugars	48.3		
Fibre	3	Protein	3.1		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

In the event that a substitution is made, the nutritional and allergen summaries on our website may not reflect the true contents of the hamper.

Name of Product	Miller's Grate Britain Cheddar Crackers in Pouch 45g
Manufacturer's Name and Address	Artisan Biscuits Ltd, Britannia House, Ashbourne, Derbyshire, United Kingdom, DE6 1HA
Supplier Name and Address	The Fine Cheese Co Ltd, Tolldown Farm, Chippenham, South Gloucestershire, United Kingdom, SN14 8HZ
Ingredients	WHEAT Flour, Wookey Hole Cheddar (MILK) (37%), Butter (MILK, Salt) (15%), Rice Flour, Roasted SESAME Seeds, Autolysed Yeast, Extra Virgin Olive Oil, MUSTARD Powder, Disodium Diphosphate, Sodium Hydrogen Carbonate, Sea Salt, Ground Black Pepper, Ground Nutmeg

Containing Allergens

Celery	No	Gluten	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	Yes
Tree Nuts	No	Peanuts	No	Sesame	Yes
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Tree Nuts
Country of Origin	United Kingdom
Storage Instructions	Cool and dry, keep out of direct sunlight. Store in an airtight container after opening
Instructions for use	n/a
Alcoholic Strength	0

Energy (kj)	2141	Energy (kcal)	512	Salt	2.2
Fat	29.9	of which saturates	16.4		
Carbohydrate	46.8	of which sugars	0.5		
Fibre	0	Protein	16.8		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	No

In the event that a substitution is made, the nutritional and allergen summaries on our website may not reflect the true contents of the hamper.

Name of Product	Van Roy Mint Creams 90g
Manufacturer's Name and Address	Whitakers Chocolates, 85 Keighley Road, Skipton, North Yorkshire, United Kingdom, BD23 2NA
Supplier Name and Address	The House of Sarunds Limited, Unit 1 Holland Way, Blandford Forum, Dorset, United Kingdom, DT11 7SX
Ingredients	Fondant 63% (sugar, glucose syrup, water), Dark Chocolate 36% (cocoa mass, sugar, cocoa butter, emulsifier: SOYA lecithin), Peppermint oil, Stabiliser: invertase. Dark chocolate contains cocoa solids 55% minimum.

Containing Allergens

Celery	No	Gluten	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	Milk Tree Nuts
Country of Origin	United Kingdom
Storage Instructions	Store in a cool dry place, away from direct sunlight.
Instructions for use	none
Alcoholic Strength	0

Energy (kj)	1801	Energy (kcal)	428	Salt	0.03
Fat	12.4	of which saturates	7.5		
Carbohydrate	75.4	of which sugars	67.7		
Fibre	2	Protein	2.6		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

In the event that a substitution is made, the nutritional and allergen summaries on our website may not reflect the true contents of the hamper.

Name of Product	The Kindness Bakery Cheese & Chive Oatcakes Bites 175g
Manufacturer's Name and Address	The Kindness Bakery, 69 Main Street, New Deer, Turriff, Aberdeenshire, Scotland, AB53 6SY
Supplier Name and Address	The Kindness Bakery, 69 Main Street, New Deer, Turriff, Aberdeenshire, Scotland, AB53 6SY
Ingredients	Oatmeal (OATS) 50%, WHEAT Flour, (WHEAT flour, WHEAT GLUTEN, Calcium Carbonate, Iron, Niacin, Thiamin). Cheddar Cheese 13% (MILK). Rapeseed Oil, Sugar, Salt, Raising Agents: Monocalcium phosphate, Potassium Hydrogen Carbonate, Calcium Carbonate, Chives 1%.

Containing Allergens

Celery	No	Gluten	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Eggs Soybeans
Country of Origin	Scotland
Storage Instructions	Store in a cool, dry place out of direct sunlight. Once opened, the product should be kept in an
	airtight container.
Instructions for use	N/A
Alcoholic Strength	0

Energy (kj)	1934	Energy (kcal)	464	Salt	2.1
Fat	23.5	of which saturates	5.1		
Carbohydrate	50.5	of which sugars	3.8		
Fibre	5.5	Protein	12.9		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	No
Free from alcohol	No	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	No