

P.S. Occasionally we come up against supply problems which means we have to substitute bits in our hampers.

Don't worry anything we swap in will always be same value and quality (or higher) than the original, and we'll make sure it meets any dietary requirements.

Just bear in mind if we do have to do a swap, the nutritional and allergy summaries on here might not be quite right.

Name of Product	Maxwell & Franks Dundee Slab 350g
Manufacturer's Name and Address	Maxwell & Franks Ltd, Crusader Park, 4 Centurion Way, Warminster, Wiltshire, United Kingdom, BA12 8BT
Supplier Name and Address	Maxwell & Franks Ltd, Crusader Park, Crusader Park, Warminster, Wiltshire, United Kingdom, BA12 8BT
Ingredients	Sultanas (45%) (Sultanas, Sunflower Oil), Flour (WHEAT Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Sugar, Margarine (Vegetable Oils (Palm, Rapeseed), Salt, Citric Acid), Whole EGG, ALMONDS (NUTS) (5%), Mixed Peel (Orange Peel, Glucose-Fructose Syrup, Lemon Peel, Sugar, Preservative: Potassium Sorbate, Acidity Regulator: Citric Acid), Glucose Syrup, Whey Powder (MILK), Vegetable Glycerine, Mixed Spice, Liquid Glaze [Glucose Syrup, Water, Sugar, Gelling Agent (Pectin, Carrageenan, Xanthan Gum), Acidity Regulator (Citric Acid, Trisodium Citrate, Tricalcium Phosphate), Preservative (Potassium Sorbate), Firming Agent (Potassium Chloride)], Salt, Black Treacle (Cane Molasses, Invert Sugar Syrup), Raising Agent (Diphosphates, Sodium Carbonates, Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin)), Preservative: Potassium Sorbate, Flavouring.

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	Yes	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	Yes	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Soybeans Sulphites/Sulphur Dioxide
Country of Origin	United Kingdom
Storage Instructions	Store in a cool dry place
Instructions for use	open and enjoy
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1557	Energy (kcal)	370	Salt	0.61
Fat	11	of which saturates	3		
Carbohydrate	61	of which sugars	48		
Fibre	0	Protein	5.3		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	No
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	No

Name of Product	Mighty Fine Dark Chocolate Honeycomb Dips 90g
Manufacturer's Name and Address	MIGHTY FINE KITCHEN LTD, unit 23 regent trade park, gosport, hampshire, england, po130eq
Supplier Name and Address	Mighty Fine Chocolate, UNIT 23 Regent trade park, gosport, Hampshire, PO13 0EQ
Ingredients	Dark Chocolate (36%) (Cocoa Mass, Sugar, Cocoa Butter, Emulsifier: SOYA Lecithin), Sugar, Glucose Syrup, Honey (1%), Raising Agent: Sodium Bicarbonate, Salt.

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	Milk Tree Nuts Peanuts
Country of Origin	England
Storage Instructions	cool ambient out of sunlight
Instructions for use	N/A
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1914	Energy (kcal)	455	Salt	1.37
Fat	16.2	of which saturates	9.7		
Carbohydrate	74.5	of which sugars	58.4		
Fibre	1.1	Protein	2.3		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

Name of Product	Popcorn Shed Peanut Butter Popcorn 90g
Manufacturer's Name and Address	Bare Popcorn Unit 5 Globe Business Park, First Avenue, Marlow, Buckinghamshire, SL7 1YA
Supplier Name and Address	Popcorn Shed, 30 City Road, London, United Kingdom, EC1Y2AB
Ingredients	Popped Corn (21.5%), Sugar, Unsalted Roasted PEANUTS (18.5%), Butter (contains MILK), Glucose syrup, Golden Syrup, Rapeseed Oil, Salt. Emulsifier: SOYA Lecithin. Raising agent: Bicarbonate of Soda.

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	Yes	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	Tree Nuts Cereals containing gluten namely wheat
Country of Origin	UK
Storage Instructions	Once opened, re-seal bag to ensure freshness
Instructions for use	Enjoy!
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	2046	Energy (kcal)	488	Salt	1.2
Fat	22.4	of which saturates	6.5		
Carbohydrate	63.1	of which sugars	55.4		
Fibre		Protein	6.6		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	No

Name of Product	Savoursmiths Truffle and Rosemary Potato Crisps 150g
Manufacturer's Name and Address	Savoursmiths Ltd, College Farm, Grange Road, Duxford, Cambridge, UK, CB224QF
Supplier Name and Address	Savoursmiths Ltd, College Farm, Grange Road, Duxford, Cambridge, UK, CB224QF
Ingredients	Potatoes, Sunflower Oil, Black Truffle & Rosemary Flavour Seasoning (Rice flour, yeast extract powder, sugar, onion powder, natural flavouring, salt, garlic powder, herb (rosemary, thyme, parsley), acid (citric acid E330), anti-caking agent (silicon dioxide E551 (non-declarable processing aid)), spice (white pepper), black summer truffle extract, mushroom powder).

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Milk Sulphites/Sulphur Dioxide
Country of Origin	UK
Storage Instructions	Store in a cool dry place away from light.
Instructions for use	Store in a cool dry place away from light.
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	2100	Energy (kcal)	502	Salt	1.4
Fat	28	of which saturates	3		
Carbohydrate	53	of which sugars	3		
Fibre	7	Protein	4		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

Name of Product	Whitakers Milk Chocolate Mint Crisps 165g
Manufacturer's Name and Address	Whitakers Chocolates Limited, 85 Keighley Road, Skipton, North Yorkshire, United Kingdom, BD23 2NA
Supplier Name and Address	Whitakers Chocolates Limited, 85 Keighley Road, Skipton, North Yorkshire, United Kingdom, BD23 2NA
Ingredients	Milk Chocolate 89% (sugar, cocoa butter, whole MILK powder, cocoa mass, lactose (MILK), whey powder (MILK), emulsifier: SOYA lecithin), Sugar, Glucose Syrup, Peppermint Oil 0.2%, Raising Agent: sodium bicarbonate. Cocoa Declaration: MILK Chocolate contains: Cocoa solids 32% minimum, MILK solids 14% minimum. Allergy Advice: For allergens see ingredients in CAPITALS. Also, may contain NUTS.

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	Tree Nuts
Country of Origin	United Kingdom
Storage Instructions	Store in cool dry place away from direct sunlight
Instructions for use	Ready to eat
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	2150	Energy (kcal)	514	Salt	0.16
Fat	26.4	of which saturates	16.2		
Carbohydrate	63	of which sugars	59.6		
Fibre	2.2	Protein	5		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

Name of Product	Claire's Handmade Blackberry & Apple Jam 227g
Manufacturer's Name and Address	Claire's Handmade Ltd, George Moore Estate, Fletchertown, Wigton, Cumbria, United Kingdom, CA7 1BA
Supplier Name and Address	Claire's Handmade, George Moore Estate, Fletchertown, Wigton, Cumbria, United Kingdom, CA7 1BA
Ingredients	Sugar, Bramley apples 25%, blackberries 20%, gelling agent: fruit pectin, acidity regulator: citric acid. Prepared with 45g fruit per 100g. Total sugar content 63g per 100g.

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	United Kingdom
Storage Instructions	Store in a cool, dry place, away from sunlight. Once opened, refrigerate and use within 4 weeks.
Instructions for use	Ready to eat.
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1019	Energy (kcal)	240	Salt	0.009
Fat	0.1	of which saturates	0		
Carbohydrate	58.9	of which sugars	58.8		
Fibre	1.4	Protein	0.2		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

Name of Product	Dean's Extra Mature Cheddar and Caramelised Red Onion Bites 100g
Manufacturer's Name and Address	Dean's of Huntly Ltd, Depot Road, Huntly, Aberdeenshire, Scotland, AB54 8JX
Supplier Name and Address	Dean's of Huntly Ltd, Depot Road, Huntly, Aberdeenshire, Scotland, AB54 8JX
Ingredients	Cheddar Cheese (MILK) (28%), WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), OAT flakes, Vegetable Margarine (Sustainable Palm Oil, Rapeseed Oil, Water, Salt, Natural Flavouring), Salted Butter (Butter (MILK) Salt), Caramelised Red Onion Chutney (Sliced Red Onions, Demerara Sugar, Red Wine Vinegar, Muscovado Sugar, Modified Tapioca Starch, Red Kibbled Onions, Salt, Ground Black Pepper) (4%), Sugar, Salt.

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	Scotland
Storage Instructions	Once opened, store in an airtight container.
Instructions for use	N/A
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	2271	Energy (kcal)	546	Salt	1.2
Fat	36.2	of which saturates	17.3		
Carbohydrate	40.9	of which sugars	2.2		
Fibre	3.6	Protein	12.2		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	No

Name of Product	Mr Filbert's Sea Salt & Herb Mixed Nuts 40g
Manufacturer's Name and Address	Filberts fine foods, Greens Barn, Page Lane, West Pennard, Glastonbury, Somerset, United Kingdom, BA6 8NX
Supplier Name and Address	Filbert's Fine Foods Limited, Greens Barn, Page Lane, West Pennard, Glastonbury, Somerset, United Kingdom, BA6 8NX
Ingredients	PEANUTS 58%, CASHEWS (NUTS) 25%, ALMONDS (NUTS) 17% , Sugar, Sea salt 1.4%, Basil<1%, Rapeseed oil, Black pepper, Oregano ><1%. garlic

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	Yes	Peanuts	Yes	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	UK
Storage Instructions	Ambient
Instructions for use	Snacking
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	2486	Energy (kcal)	600	Salt	1.2
Fat	48.4	of which saturates	6		
Carbohydrate	13.5	of which sugars	8.2		
Fibre	9.1	Protein	23.2		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

Name of Product	MG Estate Pinot Noir 75cl
Manufacturer's Name and Address	Mont Gras, CAMINO ISLA YAQUIL, SN VI REGION, PALMIILA, Chile
Supplier Name and Address	North South Wines, Dryaton Hall, West Drayton, London, UB77PS
Ingredients	Contains SULPHITES

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	Yes		

May contain statements	
Country of Origin	Chile
Storage Instructions	Store in a cool dry place
Instructions for use	drink responsibly
Alcoholic Strength	13

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	314.48	Energy (kcal)	75.16	Salt	0
Fat	0	of which saturates	0		
Carbohydrate	0.227	of which sugars	0.227		
Fibre	0	Protein	0		

Suitable for vegetarians	No	Suitable for vegans	No
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	No	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

Name of Product	Otter Vale Apple with Westcountry Cider Chutney 225g
Manufacturer's Name and Address	Otter Vale Products Ltd, Unit 2/A, Granary Court, Saunders Way, CULLOMPTON, Devon, United Kingdom, EX15 1BS
Supplier Name and Address	Otter Vale Products Ltd, Unit 2/A, Granary Court, Saunders Way, CULLOMPTON, Devon, United Kingdom, EX15 1BS
Ingredients	Sugar, Cider Vinegar, Apples (20%), Onions, Sultanas, Cider (3.5%), Modified Starch (from corn), Garlic Salt, MUSTARD Powder, Spices, MUSTARD Seed

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	Yes
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	United Kingdom
Storage Instructions	Refrigerate after opening and consume within 8 weeks
Instructions for use	Ambient, accompaniment
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	697	Energy (kcal)	194	Salt	0.4
Fat	0.1	of which saturates	0		
Carbohydrate	40.1	of which sugars	35.7		
Fibre	1.0	Protein	0.6		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	No	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

Name of Product	Popti Cornish Bakehouse Fragrant Rosemary Thins 120g
Manufacturer's Name and Address	Popti LTD, Norton Barton Artisan Food Village, Launcells, Bude, Cornwall, United Kingdom, EX23 9LG
Supplier Name and Address	Popti LTD, Norton Barton Artisan Food Village, Launcells, Bude, Cornwall, United Kingdom, EX23 9LG
Ingredients	INGREDIENTS: WHEAT Flour (WHEAT , Calcium Carbonate, Iron, Niacin, Thiamin), Butter (MILK), Salt, Rosemary (0.5%), White Pepper.

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Celery Mustard Tree Nuts Sesame
Country of Origin	United Kingdom
Storage Instructions	Ambient - cool dark place.
Instructions for use	Eat with pate, dips or your favourite hard or soft cheese's
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1830	Energy (kcal)	435	Salt	3.1
Fat	19.7	of which saturates	12.2		
Carbohydrate	58.4	of which sugars	0.6		
Fibre	3.1	Protein	7		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	No

Name of Product	Reids Honey & Oatmeal Oat Crumbles 150g
Manufacturer's Name and Address	Reids Bakery (Thurso) Ltd., Unit 17, Henderson Street, Thurso, Caithness, United Kingdom, KW14 7QU
Supplier Name and Address	Reids of Caithness, Unit 17, Henderson Street, Thurso, Caithness, United Kingdom, KW14 7QU
Ingredients	OATS (34%), Butter (MILK , salt), Sugar, WHEAT flour (with calcium carbonate, iron, niacin, thiamin), Honey (3%), Golden Syrup, Raising agents (diphosphates, sodium carbonates).

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Tree Nuts, Peanuts, Sesame
Country of Origin	United Kingdom
Storage Instructions	Store in a cool, dry place. Once opened store in an airtight container.
Instructions for use	n/a
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	2161	Energy (kcal)	517	Salt	0.7
Fat	26.6	of which saturates	15.2		
Carbohydrate	61.1	of which sugars	27		
Fibre		Protein	6.3		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	No

Name of Product	Heartsease Farm Sparkling Wild Elderflower Presse 75cl
Manufacturer's Name and Address	Radnor Hills Mineral Water Company LTD, Radnor Hills, Heartsease Farm, Knighton, Powys, United Kingdom, LD7 1LU
Supplier Name and Address	Radnor Hills, Radnor Hills, Heartsease Farm, Knighton, Powys, United Kingdom, LD7 1LU
Ingredients	Carbonated spring water, Sugar, Lemon juice from concentrate 5%, Elderflower extract, Natural elderflower flavourings.

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	Wales
Storage Instructions	Store at ambient temperatures, out of direct sunlight
Instructions for use	Once opened, keep refrigerated and consume within 3 days. Best serve chilled
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	133	Energy (kcal)	31	Salt	0.01
Fat	0.5	of which saturates	0.1		
Carbohydrate	7.8	of which sugars	7.8		
Fibre	0	Protein	0.5		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

Name of Product	Howdah Masala Dippers 150g
Manufacturer's Name and Address	Universal Flexible Packaging Ltd, 61 Lunsford Road, Leicestershire, United Kingdom, LE5 0HJ
Supplier Name and Address	Mumbai Foods Ltd (T/A HOWDAH SNACKS), 11A Burford Lane, Lymm, Cheshire, United Kingdom, WA13 0SG
Ingredients	WHEAT flour, palmolein oil (RSPO certified sustainable oil) , rice flour, white SESAME seeds, red chilli powder, cumin seeds, turmeric powder, asafoetida, caraway seeds, salt.

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	Yes
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Tree Nuts Peanuts Soybeans
Country of Origin	United Kingdom
Storage Instructions	Keep in a cool dry place
Instructions for use	Once opened keep in an airtight container
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	2226	Energy (kcal)	523	Salt	1.1
Fat	31	of which saturates	17		
Carbohydrate	54	of which sugars	9.6		
Fibre	0	Protein	9.2		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	No

Name of Product	MG Sauvignon Blanc 75cl
Manufacturer's Name and Address	Vina Mont Gras, Camino Isla de Yáquil, s/n 7510277, Palmilla, Chile, 7510277
Supplier Name and Address	North South Wines, The Guard House (Building 89), Bicester Heritage, Old Skimmingdish Lane, Bicester, Oxfordshire, United Kingdom, OX27 8AL
Ingredients	Fermented grape juice, contains SULPHITES .

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	Yes		

May contain statements	
Country of Origin	Chile
Storage Instructions	Dry Goods
Instructions for use	Drink
Alcoholic Strength	12

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	286.5	Energy (kcal)	68.5	Salt	0
Fat	0	of which saturates	0		
Carbohydrate	0.2	of which sugars	0.2		
Fibre	0	Protein	0		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	No	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes