

P.S. Occasionally we come up against supply problems which means we have to substitute bits in our hampers.

Don't worry anything we swap in will always be same value and quality (or higher) than the original, and we'll make sure it meets any dietary requirements.

Just bear in mind if we do have to do a swap, the nutritional and allergy summaries on here might not be quite right.

Name of Product	British Bakes & Cakes Chocolate Loaf Cake 290g
Manufacturer's Name and Address	Yorkshire Flapjack, Unit 4 Harrogate West Business Park, , Harrogate, North Yorkshire, United Kingdom, HG3 2FN
Supplier Name and Address	Yorkshire Flapjack, Unit 4 Harrogate West Business Park, , Harrogate, North Yorkshire, United Kingdom, HG3 2FN
Ingredients	Chocolate Frosting 37.7% (sugar, vegetable oils (palm, rapeseed), water, fat reduced cocoa powder 5%, humectant (sorbitol), emulsifiers (sunflower lecithin, E435), salt, acid (citric acid), preservative (potassium sorbate), natural flavouring), Chocolate Crème Cake 31.4% (sugar, <b>WHEAT</b> flour (with calcium, iron, niacin, thiamin), modified starch (maize), fat reduced cocoa powder, vegetable oil (rapeseed), raising agents (disodium diphosphate, sodium bicarbonate), emulsifiers (E477, E471, E475), salt, stabiliser (xanthan gum), free range whole <b>EGG</b> powder, whey solids ( <b>MILK</b> )), Liquid <b>EGG (EGGS)</b> , Vegetable Oil (Rapeseed), Water, Dark Chocolate Curlys 3.1% (Cocoa Mass 45.6%, Sugar, Cocoa Butter, Butter Oil ( <b>MILK</b> ), Emulsifier: <b>SOYA</b> Lecithin (E322), Natural Flavouring), Preservative; Glycerine (Vegetable Glycerine (Derived from Rapeseed)), Preservative; Potassium Sorbate, Preservative; Citric Acid (Citric Acid E330).

### Containing Allergens

Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	Yes	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	Tree Nuts Peanuts Sulphites/Sulphur Dioxide
Country of Origin	United Kingdom
Storage Instructions	Ambient
Instructions for use	Na
Alcoholic Strength	-1

### Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1828	Energy (kcal)	437	Salt	-0.6
Fat	23	of which saturates	3.8		
Carbohydrate	51	of which sugars	30		
Fibre	1.7	Protein	4.9		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	No
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	No

Name of Product	Farmhouse Biscuits Chocolate Brownie Tube 100g
Manufacturer's Name and Address	Farmhouse Biscuits Ltd, The Bakery, Brook Street, Nelson, Lancashire, United Kingdom, BB9 9PX
Supplier Name and Address	Farmhouse Biscuits Ltd, The Bakery, Brook Street, Nelson, Lancashire, United Kingdom, BB9 9PX
Ingredients	Flour ( <b>WHEAT</b> Flour, Calcium, Niacin, Iron, Thiamin), Vegetable Oils (Sustainable Palm, Rapeseed), Dark Chocolate (15%) (Cocoa Mass, Sugar, Cocoa Butter, Emulsifier: <b>SOYA</b> Lecithin, Natural Vanilla Flavouring), Soft Brown Sugar (Sugar, Cane Molasses, Colour: Plain Caramel), Partially Inverted Sugar Syrup), Dark Chocolate Chips (12%)(Sugar, Cocoa Mass, Cocoa Butter, Emulsifier: <b>SOYA</b> Lecithin, Natural Vanilla Flavouring), Cocoa Paste (Cocoa Powder, Rapeseed Oil, Emulsifier: Mono- and Diglycerides of Fatty Acids), Free Range Pasteurised <b>EGG</b> , Raising Agent: Sodium Hydrogen Carbonate.

**Containing Allergens**

Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	Yes	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	Milk Tree Nuts
Country of Origin	United Kingdom
Storage Instructions	Store in a cool, dry place out of direct sunlight. Once opened, keep in an airtight container and consume within two weeks.
Instructions for use	N/A
Alcoholic Strength	0

**Nutrition Labelling - Typical value Per 100g / 100ml**

Energy (kj)	2230	Energy (kcal)	534	Salt	0.68
Fat	30.8	of which saturates	12.3		
Carbohydrate	56.0	of which sugars	29.0		
Fibre		Protein	5.7		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	No
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	No

Name of Product	Hamlet Praline Collection in Gold Box 100g
Manufacturer's Name and Address	PRALINART, WAASLANDLAAN 32, LOKEREN, BELGIUM, 9160
Supplier Name and Address	Hamlet Chocolates Uk Ltd, SHEARWAY BUSINESS PARK, SHEARWAY ROAD, FOLKESTONE, GREAT-BRITAIN, GB-CT19
Ingredients	sugar, whole <b>MILK</b> powder, cocoa butter <sup>1</sup> , cocoa mass <sup>1</sup> , vegetable oils (palm, rape seed) in varying proportions, <b>HAZELNUTS (NUTS)</b> 2,5%, butter oil ( <b>MILK</b> ), glucose syrup, coffee extract 0,06%, emulsifiers: lecithins (incl. <b>SOY</b> ), flavourings: strawberry, caramel, <b>PISTACHIO (NUTS)</b> , orange and vanilla.

### Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	Yes	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	België
Storage Instructions	Keep cool and dry
Instructions for use	N.A.
Alcoholic Strength	0

### Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	2363	Energy (kcal)	565	Salt	0.15
Fat	37.5	of which saturates	20.1		
Carbohydrate	50.1	of which sugars	48.6		
Fibre	2.7	Protein	6		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

Name of Product	House of Fudge Chocolate Fudge Nut Sundae Fudge Log 100g
Manufacturer's Name and Address	Clarence & Bean Ltd, 12 Howden Road, , Tiverton, Devon, United Kingdom, EX16 5HW
Supplier Name and Address	Clarence & Bean Ltd, 12 Howden Road, , Tiverton, Devon, United Kingdom, EX16 5HW
Ingredients	Sugar, Glucose Syrup, Sweetened Condensed <b>MILK</b> , Refined Vegetable Oil (Palm), Butter ( <b>MILK</b> ), <b>PEANUTS, HAZELNUT (NUTS)s</b> , Clotted Cream ( <b>MILK</b> ), <b>ALMOND (NUTS)s</b> , Natural Flavouring, Emulsifier: Lecithins ( <b>SOYA</b> ), Salt. For allergens, see ingredients in Bold. Contains <b>PEANUTS, HAZELNUT (NUTS)s</b> and <b>ALMOND (NUTS)s</b> . May contain traces of other Tree <b>NUTS</b> .

#### Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	Yes	Peanuts	Yes	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	May contain traces of other treenuts
Country of Origin	United Kingdom
Storage Instructions	Store in a cool dry place, away from direct sunlight
Instructions for use	n/a
Alcoholic Strength	0

#### Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1782	Energy (kcal)	423	Salt	0.19
Fat	13.2	of which saturates	7.1		
Carbohydrate	75.1	of which sugars	62.9		
Fibre	0	Protein	0.9		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

Name of Product	Joe & Seph's Double Chocolate Caramel Gourmet Popcorn Purple Label 80g
Manufacturer's Name and Address	Joe's Gourmet Foods, 3 Willen Field Road, London, United Kingdom
Supplier Name and Address	Joe's Gourmet Foods, 3 Willen Field Road, London, United Kingdom, NW10 7BQ
Ingredients	Corn, Sugar, Butter ( <b>MILK</b> ), Chocolate (15%) {Sugar, Whole <b>MILK</b> Powder, Cocoa Butter (20%), Cocoa Mass (17%), <b>SOYA</b> Lecithin, Natural Vanilla}, Corn Syrup, Cream ( <b>MILK</b> )

### Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	Tree Nuts Peanuts Sesame
Country of Origin	United Kingdom
Storage Instructions	Store in a cool, dry, dark place
Instructions for use	Once open, consume within five days.
Alcoholic Strength	0

### Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	2000	Energy (kcal)	480	Salt	0.6
Fat	29.2	of which saturates	18		
Carbohydrate	56.1	of which sugars	36.7		
Fibre		Protein	3.7		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

Name of Product	Stas Milk Chocolate Bar with White Chocolate Drizzle and Gold Sprinkles - Gold Ribbon 100g
Manufacturer's Name and Address	The Stas Partnership Ltd, Boundary House, Little Down Business Park, Shaftesbury, Dorset, United Kingdom, SP7 9BT
Supplier Name and Address	The Stas Partnership Ltd, Boundary House, Little Down Business Park, Shaftesbury, Dorset, United Kingdom, SP7 9BT
Ingredients	<b>MILK</b> Chocolate (Sugar, Cocoa Butter, Cocoa Mass, Skimmed <b>MILK</b> Powder, <b>MILK</b> Fat, Coconut Oil, <b>MILK</b> Sugar, Emulsifier: <b>SOYA</b> Lecithin), White Chocolate (Sugar, Cocoa Butter, Whole <b>MILK</b> Powder, Coconut Oil, Emulsifier: <b>SOYA</b> Lecithin, Natural Vanilla Flavouring), <b>MILK</b> Chocolate Flakes (Sugar, Whole <b>MILK</b> Powder, Cocoa Mass, Skimmed <b>MILK</b> Powder, Emulsifier: <b>SOYA</b> Lecithin, Vanillin), Gold Powder (Carrier: Potassium Aluminium Silicate, Colours (Titanium Dioxide, Iron Oxide)

### Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	Cereals containing gluten namely wheat Eggs Tree Nuts
Country of Origin	United Kingdom
Storage Instructions	Store in a cool dry place, away from direct sunlight
Instructions for use	NA
Alcoholic Strength	0

### Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	2304	Energy (kcal)	552	Salt	0.11
Fat	33	of which saturates	21		
Carbohydrate	57	of which sugars	56		
Fibre	2.2	Protein	5.4		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	No
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	No

Name of Product	The Dormen Salted Caramel & Chocolate Raisin Mix - Doy Bag 100g
Manufacturer's Name and Address	u, Unit 10 Dunbeath Court Elgin Industrial Estate, Elgin Industrial estate, Swindon, Wiltshire, United Kingdom, SN2 8QE
Supplier Name and Address	Dormen Foods Limited, Unit 10 Dunbeath Court Elgin Industrial Estate, Elgin Industrial estate, Swindon, Wiltshire, United Kingdom, SN2 8QE
Ingredients	Salted <b>PEANUTS</b> 40% ( <b>PEANUTS</b> , rapeseed oil, salt), caramelised <b>PEANUTS</b> 40% ( <b>PEANUT</b> , sugar, glucose syrup, sunflower oil, emulsifier (gum arabic, sunflower lecithin), honey), <b>MILK</b> chocolate raisins 20%, [ <b>MILK</b> chocolate, (sugar, cocoa butter, whole <b>MILK</b> powder, cocoa mass, emulsifier ( <b>SOYA</b> lecithin), natural vanilla flavour), raisins 44%, vegetable oil (sunflower, coconut), modified tapioca starch, glucose syrup, acidity regulator (citric acid), emulsifier (mono- and di-glycerides sunflower)), glazing agent (shellac), preservative (sorbic acid)].

### Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	Yes	Peanuts	Yes	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	Cereals containing gluten namely wheat	Sesame
Country of Origin	United Kingdom	
Storage Instructions	Ambient	
Instructions for use	None	
Alcoholic Strength	0	

### Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	2241	Energy (kcal)	538	Salt	0.43
Fat	38	of which saturates	7.6		
Carbohydrate	32	of which sugars	27		
Fibre	5.2	Protein	17		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	No

Name of Product	Yorkshire Flapjack White Chocolate Millionaire Slice 85g
Manufacturer's Name and Address	Yorkshire Flapjack Ltd, Unit 4 Harrogate West Business Park, Harrogate, North Yorkshire, United Kingdom, HG3 2FN
Supplier Name and Address	Yorkshire Flapjack, Unit 4 Harrogate West Business Park, Harrogate, North Yorkshire, United Kingdom, HG3 2FN
Ingredients	Luxury Caramel 41.5% ( Sweetened condensed skimmed ( <b>MILK</b> ), Glucose Syrup ( <b>SULPHITES</b> ), Golden Syrup, Palm Oil, Butter ( <b>MILK</b> ), Sugar, Water, Emulsifier; Mono – and diglycerides of fatty acids, Stabilisers; Pectin, Salt, Natural flavouring), White Chocolate Flavour Coating (Sugar, Palm Oil (RSPO Sourced, Whey Powder ( <b>MILK</b> ), Fortified <b>WHEAT</b> Flour ( <b>WHEAT</b> Flour) Calcium Carbonate, Iron, Niacin, Thaimine), Emulsifier ( <b>SOYA</b> Lecithin), <b>WHEAT</b> Flour 18.3% ( <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin (B3), Thiamin (B1), Ascorbic Acid), Salted Butter, Sugar 6.5%, Lotus Biscoff Spread (Original caramelised biscuits 58% ( <b>WHEAT</b> flour, sugar, vegetable oils; palm oil from sustainable and certified plantations, rapeseed oil) candy sugar syrup, raising agent (sodium hydrogen carbonate), <b>SOYA</b> flour, salt, cinnamon) rapeseed oil, sugar, emulsifier <b>SOYA</b> lecithin, cirtic acid) Lotus Biscoff Biscuit (Original caramelised biscuits 58% ( <b>WHEAT</b> flour, sugar, vegetable oils; palm oil from sustainable and certified plantations, rapeseed oil) candy sugar syrup, raising agent (sodium hydrogen carbonate), <b>SOYA</b> flour, salt, cinnamon).

### Containing Allergens

Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	Yes		

May contain statements	Eggs Tree Nuts Peanuts
Country of Origin	United Kingdom
Storage Instructions	Ambient
Instructions for use	na
Alcoholic Strength	0

### Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1921	Energy (kcal)	459	Salt	-0.6
Fat	25	of which saturates	13		
Carbohydrate	54	of which sugars	38		
Fibre	0.7	Protein	4.8		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	No
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	No