

P.S. Occasionally we come up against supply problems which means we have to substitute bits in our hampers.

Don't worry anything we swap in will always be same value and quality (or higher) than the original, and we'll make sure it meets any dietary requirements.

Just bear in mind if we do have to do a swap, the nutritional and allergy summaries on here might not be quite right.

Name of Product	R&R Robert & Reeves Prosecco 20cl
Manufacturer's Name and Address	Broadland Drinks Ltd, The New Winery Chapel St Cawston, NORWICH, Norfolk, United Kingdom, NR10 4BG
Supplier Name and Address	Broadland Drinks Ltd, The New Winery Chapel St Cawston, NORWICH, Norfolk, United Kingdom, NR10 4BG
Ingredients	Grapes (Contains Sulphites)

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	Yes		

May contain statements	
Country of Origin	Italy
Storage Instructions	from 5°C to 20 °C away from direct light
Instructions for use	N/A
Alcoholic Strength	10.5

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	0	Energy (kcal)	0	Salt	0
Fat	0	of which saturates	0		
Carbohydrate	0	of which sugars	0		
Fibre	0	Protein	0		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	No	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

Name of Product	Les Brioches 6 Croissants 240g
Manufacturer's Name and Address	Les Brioches, GIE BPGR, 10 Rue Georges Lamiot, 62690 Aubigny en Artois, Aubigny en Artois, France, GIE BPGR
Supplier Name and Address	Bakewise Ltd, Unit 12 Holton Road, Holton Heath Industrial Estate, Poole, Dorset, England, BH16 6LT
Ingredients	WHEAT Flour 52%, Water, Vegetable Oils and Fats (Palm, Copra, Sunflower), Sugar, Concentrated Butter (MILK) 3%, Yeast, Skimmed MILK Powder, Salt, WHEAT GLUTEN , Emulsifiers: E471, E472e, Thickener: E466, Preservative: E200, Antioxidant: E300, Flavouring, Colour: E160a, MILK Proteins,

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Tree Nuts Peanuts Sesame Sulphites/Sulphur Dioxide
Country of Origin	France
Storage Instructions	Ambient
Instructions for use	Not applicable
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1576	Energy (kcal)	376	Salt	1.3
Fat	17	of which saturates	9.4		
Carbohydrate	49	of which sugars	11		
Fibre	0	Protein	6.7		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	No
Free from alcohol	Yes	Free from artificial colours	No
Free from artificial flavours	No	Suitable for coeliac sufferers	No

Name of Product	Edinburgh Tea & Coffee Company Breakfast Ground Coffee (Kraft Bag/Cream Label) 113g
Manufacturer's Name and Address	EDINBURGH TEA & COFFEE COMPANY, 15G, 214 SIR HARRY LAUDER ROAD, EDINBURGH, City of Edinburgh, United Kingdom, EH15 2QA
Supplier Name and Address	Edinburgh Tea & Coffee Co Ltd, 15G, 214 Sir Harry Lauder Road, Edinburgh, United Kingdom, EH15 2QA
Ingredients	Coffee

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	United Kingdom
Storage Instructions	Store in cool dry area away from direct sunlight
Instructions for use	Cafetieres - 1.Boil water and warm jug 2.Spoon coffee into jug, one dessert spoon for every cup required 3. Pour in water and stir 4.Allow to stand for 3-5 minutes depending on strength preference
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	0	Energy (kcal)	0	Salt	0
Fat	0	of which saturates	0		
Carbohydrate	0	of which sugars	0		
Fibre	0	Protein	0		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

Name of Product	Cartwright & Butler Orange Juice 250ml
Manufacturer's Name and Address	Cartwright & Butler, Unicorn House, Broad Lane, Gilberdyke, East Riding of Yorkshire, United Kingdom, HU15 2TS
Supplier Name and Address	Moordale Foods, Unicorn House, Broad Lane, Gilberdyke, East Riding of Yorkshire, United Kingdom, HU15 2TS
Ingredients	100% orange juice

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	Netherlands
Storage Instructions	once opened, keep refrigerated below 7oC and consume within 5 days
Instructions for use	contains natural particles of fresh fruit which may settle on standing, shake bottle well before serving
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	188	Energy (kcal)	45	Salt	0.3
Fat	0.1	of which saturates	0		
Carbohydrate	9.1	of which sugars	8.9		
Fibre	0.2	Protein	1.9		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

Name of Product	New English Teas English Breakfast Tea 10 Teabag Carton (Kraft Packaging) 20g
Manufacturer's Name and Address	New English Teas Ltd, New English Teas Ltd, 6 Spitfire Close, Coventry, Warwickshire, United Kingdom, CV5 6UR
Supplier Name and Address	New English Teas Limited, New English Teas Ltd, 6 Spitfire Close, Coventry, Warwickshire, United Kingdom, CV5 6UR
Ingredients	Black Tea

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	India
Storage Instructions	Store in a cool dry place
Instructions for use	Add boiling water and steep for 3-5 minutes. Add milk and sugar as required to your own taste
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	0	Energy (kcal)	0	Salt	0
Fat	0	of which saturates	0		
Carbohydrate	0	of which sugars	0		
Fibre	0	Protein	0		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

Name of Product	Highfield Preserves Seville Orange Breakfast Maramlade 113g
Manufacturer's Name and Address	Highfield Preserves Ltd, Unit 4 Highmount Court , Mid Devon Business Park, Four Cross Avenue, Willand, Nr Cullompton, Devon, United Kingdom, EX15 2FB
Supplier Name and Address	Highfield Preserves Limited, Unit 4 Highmount Court, Mid Devon Business Park, Four Cross Avenue, Willand, Nr Cullompton, Devon, United Kingdom, EX15 2FB
Ingredients	Sugar, Seville oranges, water, gelling agent: fruit pectin, acidity regulator: citric acid. Prepared with 35g of fruit per 100g. Total sugar content 65g per 100g.

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	United Kingdom
Storage Instructions	Refrigerate after opening and use within six weeks.
Instructions for use	n/a
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	924	Energy (kcal)	218	Salt	0
Fat	0	of which saturates	0		
Carbohydrate	54	of which sugars	53		
Fibre	0	Protein	0		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

Name of Product	Highfield Preserves Strawberry Jam 113g
Manufacturer's Name and Address	Highfield Preserves Ltd, Unit 4, Highmount Court, Mid Devon Business Park, Four Cross Avenue, Willand, Nr Cullompton, Devon, United Kingdom, EX15 2FB
Supplier Name and Address	Highfield Preserves Limited, Unit 4 Highmount Court, Mid Devon Business Park, Four Cross Avenue, Willand, Devon, United Kingdom, EX15 2FB
Ingredients	Strawberries, sugar, gelling agent: fruit pectin, concentrated lemon juice, acidity regulator: citric acid. Prepared with 60g of fruit per 100g. Total sugar content 62g per 100g.

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	United Kingdom
Storage Instructions	Refrigerate after opening and use within six weeks.
Instructions for use	N/A
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	998	Energy (kcal)	235	Salt	0
Fat	0	of which saturates	0		
Carbohydrate	56	of which sugars	56		
Fibre	0	Protein	0		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes