

P.S. Occasionally we come up against supply problems which means we have to substitute bits in our hampers.

Don't worry anything we swap in will always be same value and quality (or higher) than the original, and we'll make sure it meets any dietary requirements.

Just bear in mind if we do have to do a swap, the nutritional and allergy summaries on here might not be quite right.

Name of Product	R&R Robert & Reeves Prosecco 20cl
Manufacturer's Name and Address	Broadland Drinks Ltd, The New Winery Chapel St Cawston, NORWICH, Norfolk, United Kingdom, NR10 4BG
Supplier Name and Address	Broadland Drinks Ltd, The New Winery Chapel St Cawston, NORWICH, Norfolk, United Kingdom, NR10 4BG
Ingredients	Grapes (Contains Sulphites)

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	Yes		

May contain statements	
Country of Origin	Italy
Storage Instructions	from 5°C to 20 °C away from direct light
Instructions for use	N/A
Alcoholic Strength	10.5

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	0	Energy (kcal)	0	Salt	0
Fat	0	of which saturates	0		
Carbohydrate	0	of which sugars	0		
Fibre	0	Protein	0		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	No	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

Name of Product	Ask Mummy & Daddy Big Kisses 50g
Manufacturer's Name and Address	Delicious Ideas Food Group, Unit 2 The Links, Bakewell Road, Orton Southgate, Peterborough, Cambridgeshire, United Kingdom, PE2 6BJ
Supplier Name and Address	Ask Mummy & Daddy t/a Delicious Ideas Food Group, Unit 1C Sovereign Way, Trafalgar Industrial Estate, Downham Market, Norfolk, United Kingdom, PE38 9SW
Ingredients	Glucose Syrup, Sugar, Corn Starch, Water, Acids (Citric Acid, Malic Acid), Acidity Regulator (E331), Flavourings, Colours (E171, E129). Warning: E129 May have an adverse effect on activity and attention in children.

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Cereals containing gluten namely wheat Milk Tree Nuts Peanuts Sesame Soybeans
Country of Origin	Packed in the UK
Storage Instructions	Store in a cool dry place, away from direct sunlight
Instructions for use	N/A
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1495	Energy (kcal)	358	Salt	0.04
Fat	0.0	of which saturates	0.0		
Carbohydrate	90	of which sugars	51		
Fibre	0	Protein	0.0		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	No
Free from artificial flavours	No	Suitable for coeliac sufferers	No

Name of Product	Bramble Foods Cherry Bakewell Flapjack 80g
Manufacturer's Name and Address	MHT Foods Limited, Crosby Road, Market Harborough, Leicestershire, UK, LE169EE
Supplier Name and Address	MHT Foods Limited, Crosby Road, Market Harborough, Leicestershire, UK, LE169EE
Ingredients	OATS , Golden Syrup (Invert Sugar Syrup), White Chocolate Flavour Coating (16%) (Sugar, Hydrogenated Palm Fat, Whey Powder (MILK), Emulsifier: SOYA Lecithin), Vegetable Margarine (Vegetable Oils (Palm, Rapeseed), Water, Salt, Emulsifier: Polyglycerol Esters of Fatty Acids, Colours: Curcumin, Annatto; Flavourings), Glace Cherries (8%) (Cherries, Glucose-Fructose Syrup, Sugar, Acidity Regulator: Citric Acid, Colour: Erythrosine, Preservative: SULPHUR DIOXIDE), Sugar, Flaked ALMONDS (4%), Flavouring.

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	Yes	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	Yes		

May contain statements	Eggs
Country of Origin	United Kingdom
Storage Instructions	Store in a cool dry place, out of direct sunlight.
Instructions for use	N/A
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1779	Energy (kcal)	445	Salt	0.42
Fat	20	of which saturates	5.7		
Carbohydrate	58	of which sugars	35		
Fibre		Protein	6.9		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	No
Free from alcohol	Yes	Free from artificial colours	No
Free from artificial flavours	No	Suitable for coeliac sufferers	No

Name of Product	British Bakes & Cakes Raspberry & White Chocolate Mini Loaf Cake 90g
Manufacturer's Name and Address	Yorkshire Flapjack, Unit 4 Harrogate West Business Park, , Harrogate, North Yorkshire, United Kingdom, HG3 2FN
Supplier Name and Address	Yorkshire Flapjack, Unit 4 Harrogate West Business Park, , Harrogate, North Yorkshire, United Kingdom, HG3 2FN
Ingredients	Vanilla Frosting 38.4% (sugar, vegetable oils (palm, rapeseed), water, humectant (sorbitol), skimmed MILK powder, cream cheese powder (MILK) 3.5%, acid (citric acid), salt, emulsifier (E435), preservative (potassium sorbate), natural flavouring), Plain Crème Cake 32% (Sugar, WHEAT flour (with calcium, iron, niacin, thiamin), modified starch (maize), vegetable oil (rapeseed), raising agents (disodium diphosphate, sodium bicarbonate), emulsifiers (E477, E471, E475), salt, whey solids (MILK), free range whole EGG powder), Liquid EGG (EGGS), Vegetable Oil (Rapeseed), Water, White Chocolate Curls 3.2% (Sugar, Cocoa Butter, Whole MILK Powder, Lactose MILK , Emulsifier: SOYA Lecithin (E322), Natural Vanilla Flavouring), Preservative; Glycerine (Vegetable Glycerine (Derived from Rapeseed)), Raspberry Flavour Liquid 1% (Ethanol, Monopropylene Glycol (E1520), Natural Flavour Substances), Preservative; Potassium Sorbate, French Pink Liquid Colour (Colour: E122), Preservative; Citric Acid (Citric Acid E330).

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	Yes	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	Tree Nuts Peanuts Sulphites/Sulphur Dioxide
Country of Origin	United Kingdom
Storage Instructions	Ambient
Instructions for use	na
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1927	Energy (kcal)	461	Salt	-0.7
Fat	24	of which saturates	6.1		
Carbohydrate	55	of which sugars	36		
Fibre	0.7	Protein	4.2		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	No
Free from alcohol	Yes	Free from artificial colours	No
Free from artificial flavours	No	Suitable for coeliac sufferers	No

Name of Product	Popcorn Shed Mini Pop! Sweet and Salty 28g
Manufacturer's Name and Address	Popcorn Shed, Unit 5 Globe Business Park, First Avenue, Marlow, Buckinghamshire, United Kingdom, SL7 1YA
Supplier Name and Address	Popcorn Shed, 483 Green Lanes, London, United Kingdom, N13 4BS
Ingredients	Popped corn, sugar, rapeseed oil, sea salt.

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	United Kingdom
Storage Instructions	Store in a cool, dry place
Instructions for use	Once opened, re-seal to ensure freshness
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1975	Energy (kcal)	472	Salt	1.6
Fat	21.3	of which saturates	2		
Carbohydrate	63.2	of which sugars	24.4		
Fibre	3.6	Protein	5.1		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	Yes

Name of Product	Stas Milk Chocolate Bar with White Chocolate Drizzle and Gold Sprinkles - Pink Ribbon Happy Birthday Tag 100g
Manufacturer's Name and Address	The Stas Partnership Ltd, Boundary House, Shaftesbury, Dorset, United Kingdom, SP7 9BT
Supplier Name and Address	The Stas Partnership Ltd, Boundary House, Shaftesbury, Dorset, United Kingdom, SP7 9BT
Ingredients	MILK Chocolate (Sugar, Cocoa Butter, Cocoa Mass, Skimmed MILK Powder, MILK Fat, Coconut Oil, MILK Sugar, Emulsifier: SOYA Lecithin), White Chocolate (Sugar, Cocoa Butter, Whole MILK Powder, Coconut Oil, Emulsifier: SOYA Lecithin, Natural Vanilla Flavouring), MILK Chocolate Flakes (Sugar, Whole MILK Powder, Cocoa Mass, Skimmed MILK Powder, Emulsifier: SOYA Lecithin, Vanillin), Gold Powder (Carrier: Potassium Aluminium Silicate, Colours (Titanium Dioxide, Iron Oxide)

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	Cereals containing gluten namely wheat Eggs Tree Nuts
Country of Origin	United Kingdom
Storage Instructions	Store in a cool dry place away from direct sunlight
Instructions for use	NA
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	2304	Energy (kcal)	552	Salt	0.11
Fat	33	of which saturates	21		
Carbohydrate	57	of which sugars	56		
Fibre	2.2	Protein	5.4		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	No
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes	Suitable for coeliac sufferers	No