

P.S. Occasionally we come up against supply problems which means we have to substitute bits in our hampers.

Don't worry anything we swap in will always be same value and quality (or higher) than the original, and we'll make sure it meets any dietary requirements.

Just bear in mind if we do have to do a swap, the nutritional and allergy summaries on here might not be quite right.

DISCLAIMER: In the event of supply difficulties, we reserve the right to substitute any items with replacements of equal or higher quality and value that may or may not be listed in the contents section of the product descriptions. For special dietary hampers, suitable substitutions will be made.

In the event that a substitution is made, the nutritional and allergen summaries on our website may not reflect the true contents of the hamper.

| | |
|---------------------------------|--|
| Name of Product | Arran Fine Foods Caramelised Red Onion Chutney 195g |
| Manufacturer's Name and Address | Paterson Arran Ltd, The Old Mill, Lamblash, North Ayrshire, Scotland, KA27 8AR |
| Supplier Name and Address | Paterson Arran Ltd, The Old Mill, Lamblash, North Ayrshire, Scotland, KA27 8AR |
| Ingredients | Re-hydrated Red Onions (48%), Sugar, Red Grape Vinegar, Re-hydrated Onions, Thickening Agent (Modified Maize Starch), Colouring (Plain Caramel) (1%), Sea Salt, Ginger, Preservative (Potassium Sorbate), Cinnamon, Nutmeg |

Containing Allergens

| | | | | | |
|-----------|----|---------------------------|----|-------------|----|
| Celery | No | Gluten | No | Crustaceans | No |
| Eggs | No | Fish | No | Lupin | No |
| Milk | No | Molluscs | No | Mustard | No |
| Tree Nuts | No | Peanuts | No | Sesame | No |
| Soybeans | No | Sulphites/Sulphur Dioxide | No | | |

| | |
|------------------------|----------------------------|
| May contain statements | |
| Country of Origin | Scotland |
| Storage Instructions | Store in a cool dry place. |
| Instructions for use | Ready to eat product. |
| Alcoholic Strength | 0 |

Nutrition Labelling - Typical value Per 100g / 100ml

| | | | | | |
|--------------|-----|--------------------|-----|------|------|
| Energy (kj) | 657 | Energy (kcal) | 155 | Salt | 0.32 |
| Fat | 0 | of which saturates | 0 | | |
| Carbohydrate | 37 | of which sugars | 32 | | |
| Fibre | 1.2 | Protein | 1.1 | | |

| | | | |
|---------------------------------------|-----|--------------------------------------|-----|
| Suitable for vegetarians | Yes | Suitable for vegans | Yes |
| Suitable for gluten allergy sufferers | Yes | Suitable for wheat allergy sufferers | Yes |
| Suitable for dairy allergy sufferers | Yes | Suitable for soya allergy sufferers | Yes |
| Suitable for nut allergy sufferers | Yes | Suitable for egg allergy sufferers | Yes |
| Free from alcohol | Yes | Free from artificial colours | Yes |
| Free from artificial flavours | Yes | Suitable for coeliac sufferers | Yes |

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| | |
|---------------------------------|---|
| Name of Product | The Mouse House Finest Vintage English Cheddar Trundle 200g |
| Manufacturer's Name and Address | Lymn Bank Farm Ltd, Lymn Bank, Thorpe St. Peter, Skegness, Lincolnshire, United Kingdom, PE24 4PJ |
| Supplier Name and Address | Lymn Bank Farm LTD, Lymn Bank, Thorpe St. Peter, Skegness, Lincolnshire, United Kingdom, PE24 4PJ |
| Ingredients | Cheddar Cheese (MILK), Salt, Rennet |

Containing Allergens

| | | | | | |
|-----------|-----|---------------------------|----|-------------|----|
| Celery | No | Gluten | No | Crustaceans | No |
| Eggs | No | Fish | No | Lupin | No |
| Milk | Yes | Molluscs | No | Mustard | No |
| Tree Nuts | No | Peanuts | No | Sesame | No |
| Soybeans | No | Sulphites/Sulphur Dioxide | No | | |

| | |
|------------------------|-------------------|
| May contain statements | |
| Country of Origin | United Kingdom |
| Storage Instructions | Chilled 5°C – 6°C |
| Instructions for use | Refrigerate |
| Alcoholic Strength | 0 |

Nutrition Labelling - Typical value Per 100g / 100ml

| | | | | | |
|--------------|------|--------------------|------|------|-----|
| Energy (kj) | 1700 | Energy (kcal) | 410 | Salt | 1.8 |
| Fat | 34.4 | of which saturates | 21.7 | | |
| Carbohydrate | 0.1 | of which sugars | 0.1 | | |
| Fibre | 0 | Protein | 25 | | |

| | | | |
|---------------------------------------|-----|--------------------------------------|-----|
| Suitable for vegetarians | Yes | Suitable for vegans | No |
| Suitable for gluten allergy sufferers | Yes | Suitable for wheat allergy sufferers | Yes |
| Suitable for dairy allergy sufferers | No | Suitable for soya allergy sufferers | Yes |
| Suitable for nut allergy sufferers | Yes | Suitable for egg allergy sufferers | Yes |
| Free from alcohol | Yes | Free from artificial colours | Yes |
| Free from artificial flavours | Yes | Suitable for coeliac sufferers | Yes |

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| | |
|---------------------------------|---|
| Name of Product | The Kindness Bakery Ploughman's Lunch Oatcake Bites 175g |
| Manufacturer's Name and Address | The Kindness Bakery, 69 Main Street, New Deer, Turriff, Aberdeenshire, Scotland, Ab53 6SY |
| Supplier Name and Address | The Kindness Bakery, 69 Main Street, New Deer, Turriff, Aberdeenshire, Scotland, Ab53 6SY |
| Ingredients | Oatmeal (OATS) 48%, WHEAT Flour, (WHEAT flour, WHEAT GLUTEN , Calcium Carbonate, Iron, Niacin, Thiamin), Cheddar Cheese: (MILK) 13%, Rapeseed Oil, Sweet Pickle 5%: Vegetables In Variable Proportions (54%) (Carrot, Rutabaga, Onion, Cauliflower, Marrow, Gherkin). Sugar, BARLEY Malt Vinegar, Water, Spirit Vinegar, Modified Maize Starch, Date Paste: (Dates, Rice Flour), Apple Pulp (Apple, Preservative: Sodium MetabiSULPHITE), Salt, Tomato Paste, Dried Spices, Lemon Juice Concentrate, Onion Powder, Colour (SULPHITE Ammonia Caramel), Flavouring, Sugar, Salt, Raising Agents: (Monocalcium Phosphate, Potassium Hydrogen Carbonate, Calcium Carbonate). |

Containing Allergens

| | | | | | |
|-----------|-----|---------------------------|-----|-------------|----|
| Celery | No | Gluten | Yes | Crustaceans | No |
| Eggs | No | Fish | No | Lupin | No |
| Milk | Yes | Molluscs | No | Mustard | No |
| Tree Nuts | No | Peanuts | No | Sesame | No |
| Soybeans | No | Sulphites/Sulphur Dioxide | Yes | | |

| | |
|------------------------|--|
| May contain statements | Eggs Soybeans |
| Country of Origin | Scotland |
| Storage Instructions | Store in a cool, dry place out of direct sunlight. Once opened, the product should be kept in an airtight container. |
| Instructions for use | N/A |
| Alcoholic Strength | 0 |

Nutrition Labelling - Typical value Per 100g / 100ml

| | | | | | |
|--------------|------|--------------------|------|------|-----|
| Energy (kj) | 1781 | Energy (kcal) | 427 | Salt | 2.1 |
| Fat | 21.4 | of which saturates | 4.6 | | |
| Carbohydrate | 47.2 | of which sugars | 4.7 | | |
| Fibre | 5 | Protein | 11.5 | | |

| | | | |
|---------------------------------------|-----|--------------------------------------|-----|
| Suitable for vegetarians | Yes | Suitable for vegans | No |
| Suitable for gluten allergy sufferers | No | Suitable for wheat allergy sufferers | No |
| Suitable for dairy allergy sufferers | No | Suitable for soya allergy sufferers | No |
| Suitable for nut allergy sufferers | Yes | Suitable for egg allergy sufferers | No |
| Free from alcohol | Yes | Free from artificial colours | Yes |
| Free from artificial flavours | Yes | Suitable for coeliac sufferers | No |

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| | |
|---------------------------------|---|
| Name of Product | The Mouse House Caramelised Onion Cheddar Truckle 200g |
| Manufacturer's Name and Address | Lymn Bank Farm Ltd, Lymn Bank, Thorpe St. Peter, Skegness, Lincolnshire, United Kingdom, PE24 4PJ |
| Supplier Name and Address | Lymn Bank Farm Ltd, Lymn Bank, Thorpe St. Peter, Skegness, Lincolnshire, United Kingdom, PE24 4PJ |
| Ingredients | Cheddar Cheese (MILK) Caramelised Onion Chutney (Onions 46%,Raw Cane Sugar, Spiced Vinegar, Cinnamon, Cloves, Ginger, Concentrated Red Current Juice, Extra Virgin Olive Oil, Citrus Pectin, Concentrated Lemon Juice), Preservatives E202 |

Containing Allergens

| | | | | | |
|-----------|-----|---------------------------|-----|-------------|----|
| Celery | No | Gluten | Yes | Crustaceans | No |
| Eggs | No | Fish | No | Lupin | No |
| Milk | Yes | Molluscs | No | Mustard | No |
| Tree Nuts | No | Peanuts | No | Sesame | No |
| Soybeans | No | Sulphites/Sulphur Dioxide | No | | |

| | |
|------------------------|-------------------|
| May contain statements | |
| Country of Origin | United Kingdom |
| Storage Instructions | Chilled 5°C – 6°C |
| Instructions for use | Refrigerate |
| Alcoholic Strength | 0 |

Nutrition Labelling - Typical value Per 100g / 100ml

| | | | | | |
|--------------|------|--------------------|------|------|------|
| Energy (kj) | 1672 | Energy (kcal) | 403 | Salt | 1.66 |
| Fat | 31.8 | of which saturates | 19.7 | | |
| Carbohydrate | 6 | of which sugars | 5.9 | | |
| Fibre | 0.2 | Protein | 23.1 | | |

| | | | |
|---------------------------------------|-----|--------------------------------------|-----|
| Suitable for vegetarians | Yes | Suitable for vegans | No |
| Suitable for gluten allergy sufferers | No | Suitable for wheat allergy sufferers | No |
| Suitable for dairy allergy sufferers | No | Suitable for soya allergy sufferers | Yes |
| Suitable for nut allergy sufferers | Yes | Suitable for egg allergy sufferers | Yes |
| Free from alcohol | Yes | Free from artificial colours | Yes |
| Free from artificial flavours | Yes | Suitable for coeliac sufferers | No |

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| | |
|---------------------------------|---|
| Name of Product | The Mouse House Red Leicester Truckle 200g |
| Manufacturer's Name and Address | Lymn Bank Farm Ltd, Lymn Bank, Thorpe St. Peter, Skegness, Lincolnshire, United Kingdom, PE24 4PJ |
| Supplier Name and Address | Lymn Bank Farm LTD, Lymn Bank, Thorpe St. Peter, Skegness, Lincolnshire, United Kingdom, PE24 4PJ |
| Ingredients | Red Leicester Cheese (MILK), Annatto, Salt |

Containing Allergens

| | | | | | |
|-----------|-----|---------------------------|----|-------------|----|
| Celery | No | Gluten | No | Crustaceans | No |
| Eggs | No | Fish | No | Lupin | No |
| Milk | Yes | Molluscs | No | Mustard | No |
| Tree Nuts | No | Peanuts | No | Sesame | No |
| Soybeans | No | Sulphites/Sulphur Dioxide | No | | |

| | |
|------------------------|-------------------|
| May contain statements | |
| Country of Origin | United Kingdom |
| Storage Instructions | Chilled 5°C – 6°C |
| Instructions for use | Refrigerate |
| Alcoholic Strength | 0 |

Nutrition Labelling - Typical value Per 100g / 100ml

| | | | | | |
|--------------|------|--------------------|------|------|-----|
| Energy (kj) | 1653 | Energy (kcal) | 399 | Salt | 1.8 |
| Fat | 33.7 | of which saturates | 21.1 | | |
| Carbohydrate | 0 | of which sugars | 0.5 | | |
| Fibre | 0 | Protein | 23.8 | | |

| | | | |
|---------------------------------------|-----|--------------------------------------|-----|
| Suitable for vegetarians | Yes | Suitable for vegans | No |
| Suitable for gluten allergy sufferers | Yes | Suitable for wheat allergy sufferers | Yes |
| Suitable for dairy allergy sufferers | No | Suitable for soya allergy sufferers | Yes |
| Suitable for nut allergy sufferers | Yes | Suitable for egg allergy sufferers | Yes |
| Free from alcohol | Yes | Free from artificial colours | Yes |
| Free from artificial flavours | Yes | Suitable for coeliac sufferers | Yes |