

P.S. Just to let you know, sometimes we come up against supply problems and have to swap bits in and out of our hampers.

Don't worry any new additions will always be the same value or higher, and for specific dietary hampers, we'll make sure suitable swaps are made. But it does mean that sometimes the allergy and nutritional info on the website don't quite match up.

Any worries, just get in touch.

Name of Product	Edinburgh Tea & Coffee Company Medium Roast Ground Coffee (Bronze) 56g
Manufacturer's Name and Address	Edinburgh Tea & Coffee Co Ltd, 15G, 214 Sir Harry Lauder Road, Portobello, Edinburgh, United Kingdom, EH15 2QA
Supplier Name and Address	Edinburgh Tea & Coffee Co Ltd, 15G, 214 Sir Harry Lauder Road, Portobello, Edinburgh, United Kingdom, EH15 2QA
Ingredients	Coffee

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	United Kingdom
Storage Instructions	Store in cool dry area away from direct sunlight
Instructions for use	Cafetieres - 1.Boil water and warm jug 2.Spoon coffee into jug, one dessert-spoon for every cup required 3. Pour in water and stir 4.Allow to stand for 3-5 minutes depending on strength preference
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	0	Energy (kcal)	0	Salt	0
Fat	0	of which saturates	0		
Carbohydrate	0	of which sugars	0		
Fibre	0	Protein	0		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	St Pierre 4 All Butter Croissants
Manufacturer's Name and Address	St Pierre Groupe, Kingston House, Towers Business Park, Wilmslow Road, Manchester, Manchester, UK, M20 2LX
Supplier Name and Address	Bakewise Ltd, Unit 8 Holton Road, Holton Heath Industrial Estate, Poole, Dorset, UK, BH16 6LT
Ingredients	WHEAT Flour, Concentrated Butter (17.5%) (MILK), Water, Sugar, Yeast, Dried Skimmed MILK , Salt, WHEAT GLUTEN , Devitalised WHEAT Sourdough, Flour Treatment Agent (Ascorbic Acid), Colour (Carotenes).

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Eggs Sesame Soybeans
Country of Origin	France
Storage Instructions	Store in a cool dry place, away from direct sunlight. Once opened store in an airtight container.
Instructions for use	Remove all packaging. Place on a baking tray in a pre-heated oven 200°C, 180°C Fan, Gas Mark 6 for 2-3 minutes. All appliances vary these are guidelines only.
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1570	Energy (kcal)	375	Salt	1.1
Fat	17	of which saturates	12		
Carbohydrate	47	of which sugars	7.2		
Fibre	2.2	Protein	7.3		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	No
Free from alcohol	Yes	Free from artificial colours	No
Free from artificial flavours	Yes		

Name of Product	R&R Robert & Reeves Prosecco 20cl
Manufacturer's Name and Address	Broadland Drinks Ltd, Broadland Drinks Ltd, The New Winery Chapel St Cawston, NORWICH, Norfolk, United Kingdom, NR10 4BG
Supplier Name and Address	Broadland Drinks Ltd, Broadland Drinks Ltd, The New Winery Chapel St Cawston, NORWICH, Norfolk, United Kingdom, NR10 4BG
Ingredients	Grapes (Contains Sulphites)

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	Yes		

May contain statements	
Country of Origin	Italy
Storage Instructions	from 5°C to 20 °C away from direct light
Instructions for use	N/A
Alcoholic Strength	11

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	0	Energy (kcal)	0	Salt	0
Fat	0	of which saturates	0		
Carbohydrate	0	of which sugars	0		
Fibre	0	Protein	0		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	No	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Cartwright & Butler English Breakfast Tea 30g
Manufacturer's Name and Address	Moordale Foods Ltd, Unicorn House, Broad Lane, Gilberdyke, East Riding of Yorkshire, England, HU15 2TS
Supplier Name and Address	Moordale Foods, Unicorn House, Broad Lane, Gilberdyke, East Riding of Yorkshire, England, HU15 2TS
Ingredients	100% Black Tea

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	England
Storage Instructions	Store in a cool, dry place.
Instructions for use	NA
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	0	Energy (kcal)	0	Salt	0
Fat	0	of which saturates	0		
Carbohydrate	0	of which sugars	0		
Fibre	0	Protein	0		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Cartwright & Butler Orange Juice 250ml
Manufacturer's Name and Address	Cartwright & Butler, Unicorn House, Broad Lane, Gilberdyke, East Riding of Yorkshire, United Kingdom, HU15 2TS
Supplier Name and Address	Moordale Foods, Unicorn House, Broad Lane, Gilberdyke, East Riding of Yorkshire, United Kingdom, HU15 2TS
Ingredients	100% orange juice

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	Netherlands
Storage Instructions	once opened, keep refrigerated below 7oC and consume within 5 days
Instructions for use	contains natural particles of fresh fruit which may settle on standing, shake bottle well before serving
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	188	Energy (kcal)	45	Salt	0.3
Fat	0.1	of which saturates	0		
Carbohydrate	9.1	of which sugars	8.9		
Fibre	0.2	Protein	1.9		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Severn & Wye Smoked Salmon D Cut 125g
Manufacturer's Name and Address	Severn and Wye Smokery, Chaxhill, Westbury on Severn, Westbury on Severn, Gloucestershire, United Kingdom, GL14 1QW
Supplier Name and Address	Mr, The Coach House, cross hayes, malmesbury, wiltshire, United Kingdom, SN16 9BE
Ingredients	SALMON (FISH) (Salmo salar) (96%), salt, sugar

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	Yes	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	United Kingdom
Storage Instructions	0-8oC target 0-5 oC
Instructions for use	store in refrigerator once opened use within 72 hours or use by date whichever is sooner. Sold ready to eat
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	698	Energy (kcal)	167	Salt	3.2
Fat	8.8	of which saturates	2.2		
Carbohydrate	5.2	of which sugars	0.7		
Fibre	0	Protein	20.1		

Suitable for vegetarians	No	Suitable for vegans	No
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Mackays Scottish Strawberry Preserve 113g
Manufacturer's Name and Address	Mackays Ltd, James Chalmers Road, Kirkton Industrial Estate, Arbroath, Angus, Scotland, DD11 3LR
Supplier Name and Address	Mackays Ltd, James Chalmers Road, Kirkton Industrial Estate, Arbroath, Angus, Scotland, DD11 3LR
Ingredients	Sugar, Scottish Strawberries, Gelling Agent: FruitPectin, Acidity Regulator: Citric Acid. Prepared with 35g of fruit per 100g. Total sugar 65g per 100g

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	Scotland
Storage Instructions	Once opened store in a cool area and use within 6 weeks.
Instructions for use	Spread as desired
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1149	Energy (kcal)	270	Salt	0
Fat	0	of which saturates	0		
Carbohydrate	67.2	of which sugars	66.9		
Fibre	1.4	Protein	0.3		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Mackays Seville Orange Marmalade 113g
Manufacturer's Name and Address	Mackays Ltd, James Chalmers Road, Kirkton Industrial Estate, Arbroath, Angus, Scotland, DD11 3LR
Supplier Name and Address	Mackays Ltd, James Chalmers Road, Kirkton Industrial Estate, Arbroath, Angus, Scotland, DD11 3LR
Ingredients	Sugar, Seville Oranges, Orange Juice (from concentrate), Lemon Juice (from concentrate), Gelling Agent: Fruit Pectin, Acidity Regulator: Citric Acid, Orange Oil. Prepared with 25g of fruit per 100g. Total sugar content 65g per 100g

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	Scotland
Storage Instructions	Once opened store in a cool area and use within 6 weeks.
Instructions for use	Spread as desired
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1145	Energy (kcal)	269	Salt	0
Fat	0	of which saturates	0		
Carbohydrate	67	of which sugars	66.7		
Fibre	0.3	Protein	0.3		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		